

1	08-Jan-96	12:30	Goldscope Mine	A man (30 yrs) was trapped by a fall of deads (old mine waste) when exploring. His companion was able to leave the mine and summon help. Assistance was given by the Cumbria Ore Mines Rescue Unit. The man was released after about 4 hours' work.
2	22-Jan-96	10:08	Latrigg	A forestry worker broke his leg when a felled tree landed on his leg. He was treated by the Team doctor before being carried from the fell.
3	26-Jan-96	14:05	Sour Milk Gill	A man (26 yrs) slipped on ice and dislocated his shoulder. He was treated by the Team doctor and carried from the fell.
4	05-Feb-96	20:15	West Cumbria	Assist Cockermouth MRT and the County Ambulance Service with 38 (16 KMRT) calls in West Cumbria while ambulances were unable to use the roads due to exceptional snow and ice.
5	06-Feb-96	12:25	Troutbeck	Assist Ambulance Service with recovery of a man with breathing problems and transfer him to a waiting ambulance at Penrith.
6	17-Feb-96	12:20	Shepherd's Crag - Kransik Crack	A climber (28 yrs) fell 30' and swung through a tree, hitting his head on the rock face, 2' from the ground!
7	21-Feb-96	13:28	Falcon Crag path	A woman (67 yrs) slipped on frozen grass and broke her ankle.
8	21-Feb-96	15:30	Sty Head	A man (44 yrs) slipped on ice and broke his leg. He was brought down by others walkers, using the stretcher from the rescue box, and assisted by the Team en route.
9	23-Feb-96	15:00	Great End - Central Gully	A solo climber (34 yrs) was at the top of the gully contemplating the cornice when the slope below him avalanched. He was swept 800' to the foot of the scree fan. A helicopter flew him to Carlisle. It transpired he broke no bones nor suffered any major injuries.
10	02-Mar-96	15:35	Glaramara - Woof Gill	A man (38 yrs) damaged the cartilages in his knee. He was lowered 1500' down steep, difficult ground and transported to hospital.
11	03-Mar-96	12:35	Blencathra - Sharp Edge	A man (54 yrs) slipped and fell 150', receiving fatal injuries. Despite helicopter assistance to quickly reach the scene and an attempt to resuscitate, the man was pronounced dead.
12	03-Mar-96	17:12	Castle Rock, Thirlmere	A climber fell 40' from the crag and then another 30' down ledges at its foot. He sustained head and back injuries. After treatment, he was airlifted to Carlisle by a helicopter training in the area.
13	10-Mar-96	13:45	Glaramara - Cam Crag Ridge	A man (26 yrs) slipped down a steep slope and tumbled over a steep crag, falling 40'. He sustained head and rib injuries and a fractured femur. After treatment at the scene, he was airlifted to West Cumberland Hospital.
14	10-Mar-96	22:56	Castle Crag - summit quarry	A man (21 yrs) in a development training group on night exercise walked over the edge of a slate quarry (no torch!). He sustained a broken elbow and broken femur.
15	19-Mar-96	14:23	Skiddaw House	A woman slipped and injured her ankle. The alarm was raised by CB radio.
16	07-Apr-96	15:48	Helvellyn - Brown Cove Crags	A man slipped and broke his ankle.
17	Apr-96	22:55	Maiden Moor - Lobstone Band	Group of friends from college on camping trip. 2 became cragfast when descending the fell, slithering down and resting above a 200' drop. They had bottles of cider with them. They were roped up and escorted off!
18	14-Apr-96	13:18	Skiddaw summit area	A couple became lost in mist on their descent from Skiddaw. They called 999 on their mobile phone and were talked down by phone while a couple of members prepared to ascend Skiddaw to assist.
19	16-Apr-96	14:20	Esk Hause	A youth (16 yrs) in a school party suffered an asthmatic attack. He had been escorted down by his party and the Team met him near the end of his walk.
20	20-Apr-96	14:10	Maiden Moor	A man (27 yrs) suffered chest pains when returning from Maiden Moor. He was treated and taken by helicopter to West Cumberland Hospital. Later reported to be suffering from musculo-skeletal pain.
21	24-Apr-96	17:00	Millican Dalton's Cave	A request to guide armed police to the cave following reported sighting of 2 men camping rough and possessing a hand gun. No gun was found, but the men had controlled drugs and a stolen car.
22	05-May-96	14:59	Cat Bells	Woman (44 yrs) collapsed on walk. She had a medical history of ME. Airlifted to hospital by helicopter operating in the area.
23	16-May-96	16:11	Walla Crag	A woman (57 yrs) slipped and broke her ankle.
24	26-May-96	16:04	Honister - Drum House track	A man (48 yrs) pulled his hamstring while running.
25	26-May-96	18:40	High Raise area	2 males and a 6 year old boy reported overdue. Requested by Langdale/Ambleside MRT to assist in search. Found walking down in Stickle Ghyll. All OK.
26	26-May-96	19:15	Raise area	A report of 8 17-yr old males on a D of E Gold Award training exercise with three hypothermic. Request from Patterdale MRT to assist. Found walking down, all OK.
27	27-May-96	15:15	Sty Head	Report of hypothermic casualty. Nothing found. Call with good intent. Thought to be same group as previous callout.
28	30-May-96	14:23	Watendlath	A man (47 yrs) slipped on wet grass and broke his leg.
29	08-Jun-96	12:42	Watendlath	A woman (74 yrs) slipped on wet grass and broke her leg.
30	12-Jun-96	18:33	Bowderstone area	Shouts for help heard by school party. A search found a lamb separated from its mother, stranded on an island in the river. Mother and offspring were reunited.
31	14-Jun-96	23:00	Bowderstone	A man (21 yrs) fell 10' while bouldering and broke his leg.
32	16-Jun-96	16:07	Skiddaw - Jenkin Hill	A man (35 yrs) made a faulty take-off and was eventually dumped in a gill, suffering a fractured spine.
33	23-Jun-96	02:00	Scaffell area	A man (30 yrs) became separated from his party while attempting the 3 Peaks Challenge. He became lost, descended into the wrong valley and became benighted with an injured ankle.
34	25-Jun-96	14:20	Ashness Bridge area	A girl (16 yrs) slipped and sustained facial injuries and a fractured skull.
35	26-Jun-96	11:49	Great Wood	A request to assist the civilian ambulance with a man (51 yrs) suffering from chest pains.
36	04-Jul-96	13:15	Great End - Calf Cove	A report of 6 children and 2 adults, one with a sprained ankle and hypothermia. A helicopter assisted but found the wind problematical. The casualty was carried to the helicopter and the remaining party escorted down.
37	05-Jul-96	14:20	Ashness Ghyll	A man (31 yrs) was cragfast while scrambling up the waterfalls.
38	08-Jul-96	18:40	Bannerdale	An American elderly lady (81 yrs) was unable to continue her walk as she had run out of steam! She was assisted down in the Team Land Rover and taken to hospital for a check-up.
39	15-Jul-96	11:55	Grains Gill	A man (51 yrs) slipped and fell while chasing his dog. He sustained head injuries and was taken to West Cumberland Hospital.
40	15-Jul-96	20:50	Eel Crags, Newlands	A man (23 yrs) became cragfast while scrambling up a route from his new guide book, just for a quick late afternoon trip. His companion managed to raise the alarm after climbing out.
41	20-Jul-96	00:30	Langstrath - Gt Stanger Gill	Falling rock and shouts were heard from the campsite. An investigation found the injured man making his way down after dislodging rock and falling 50'.
42	20-Jul-96	10:45	Shepherd's Crag - Monolith Crack	A man (49 yrs) fell while leading his son and broke both legs.
43	23-Jul-96	14:49	Shepherd's Crag - Conclusion	A man (33 yrs) fell 15' while leading the climb. He sustained lag and back injuries.
44	29-Jul-96	22:30	Helvellyn Dodds	A request to assist Patterdale MRT in locating four 15 year old girls overdue on a Duke of Edinburgh Award expedition. They were located camped at Calfhow Pike.
45	06-Aug-96	13:30	Raven Crag, Thirlmere	A woman (71 yrs) slipped on wet ground and broke her ankle.
46	11-Aug-96	14:11	Skiddaw - Dodd	A woman (60 yrs) slipped and sprained her ankle.
47	17-Aug-96	16:50	Shepherd's Crag - Donkey's Ears	A climber fell and injured his back.
48	23-Aug-96	22:52	Blencathra - Blease Gill	Local farmer reported stationary, flashing lights in the gill. An investigation located campers!
49	25-Aug-96	20:30	Cat Gill	A woman (69 yrs) collapsed in an exhausted condition.
50	31-Aug-96	15:38	Glaramara - Cam Crag Ridge	A man slipped while scrambling up the lower section of the ridge. He sustained a broken ankle.
51	04-Sep-96	14:20	Rosthwaite area	A woman (76 yrs), wearing casual, smooth soled shoes slipped and broke her ankle.
52	04-Sep-96	21:34	Blencathra area	A local man (56 yrs) was reported overdue on a mid-level walk round the back of Blencathra. A night search involving SARDA dogs and a helicopter with NVG was unable to locate him. The search was scaled up at first light with 3 more MRTs. He was found dead.
53	08-Sep-96	14:19	High Rigg	A man (23 yrs) slipped and tumbled 80' while scrambling. He broke his leg. and sustained cuts and bruises.
54	08-Sep-96	14:20	Ard Crags	A woman (53 yrs) suffered medical problems and was airlifted to West Cumberland Hospital.
55	28-Sep-96	16:08	Esk Hause shelter	A man (30 yrs) tripped and broke his arm and cut his face. He was taken to hospital by helicopter.
56	01-Oct-96	11:11	Cat Bells	A woman (69 yrs) slipped and broke her wrist and injured her head.
57	07-Oct-96	19:25	Ullscarf area	2 men became benighted on walk from Patterdale to Borrowdale. They had a mobile phone but no map, compass or torch. They were located and walked off. The first incident based on the new HQ!
58	08-Oct-96	17:09	Helvellyn	A woman (68 yrs) slipped on loose rock and sprained her ankle.
59	12-Oct-96	14:22	Watendlath Tarn - Blea Tarn	A man (74 yrs) slipped and injured his thigh.
60	12-Oct-96	14:30	Dale Head Tarn	A woman (50 yrs) slipped while jumping over a stream. She sustained a compound fracture/dislocation of her ankle.
61	13-Jan-96	13:22	Crag Hill	A golden retriever was unable to continue its walk due to exhaustion. He was carried off by stretcher!
62	13-Oct-96	14:56	Ashness Gill	A young woman (20 yrs) became cragfast while gill scrambling. Her shouts were heard by passers by. She was very cold but unharmed.
63	21-Oct-96	18:30	Glaramara - Cam Crag Ridge	A man (34 yrs) stepped down while scrambling, lost his footing and fell 40 metres. He sustained fractures to his elbow, wrist and clavicle.
64	25-Oct-96	14:43	Castlenook	A woman (53 yrs) slipped on wet grass sustained a fracture/dislocation of her ankle.
65	25-Oct-96	19:00	Lord's Seat	A father (44 yrs) and his son (12 yrs) became separated from their family and were reported overdue. They later turned up safe and well.
66	26-Oct-96	17:46	Grisedale Tarn area	A party of 6 16-yr old boys on a D of E award expedition failed to arrive at Dunmail Raise. They were later found at Wythburn Church having extended their walk.
67	27-Oct-96	16:25	Skiddaw	A man (53 yrs) became separated from his party in high winds on this summit. Concerned for his safety, mountain rescue was called out. He turned up safe in Keswick!
68	27-Oct-96	18:48	Wythburn area	2 men were reported overdue after becoming separated from their group in high winds. They later turned up at their car in Thirlmere.
69	29-Oct-96	11:04	Sty Head	8 16-yr old girls were reported to be in trouble at Sty Head, one sheltering in the stretcher box. They were walked back down while their supervisor was sought!
70	01-Nov-96	14:23	Glaramara - Comb Door	While scrambling in poor weather, a youth slipped and fell 35' while trying to escape from the gill. He sustained multiple minor fractures, lacerations and bruising
71	04-Nov-96	13:16	Borrowdale - Millican Dalton's Cave area	A woman (58 yrs) slipped on wet grass and broke her leg.
72	09-Nov-96	18:30	King's How	A man (82 yrs) became separated from his group on descent and became benighted. He was found safe but cold.
73	10-Nov-96	11:57	Shepherd's Crag - PS	A youth (19 yrs) fell 30' and swung hitting his head. He was unconscious for a short while.
74	18-Nov-96	16:53	Base Brown	A report of a sheepdog which had become cragfast due to the icy conditions while gathering sheep.
75	07-Dec-96	12:22	Blencathra - Sharp Edge	A man (35 yrs) slipped while scrambling and broke his leg. He was airlifted to hospital.
76	24-Dec-96	15:23	Langstrath	A man (79 yrs) slipped on ice and broke his ankle.
77	28-Dec-96	15:00	Coledale	A man (66 yrs) injured his ankle. Having walked some way on it, the Team was asked for assistance.
78	29-Dec-96	14:28	Sty Head path - 1000' Boulder	A woman (54 yrs) slipped and broke her ankle.