

KMRT Rescues, 2009

'Alerts' are now included among the list of incidents - for general interest and as a result of a change in national reporting policy.

These 'alerts', however, are not added to the tally of 'rescues'.

1	1 January	18:20	Yewdel Knott	A young lady (31 yrs) slipped on the ice and injured her ankle. She was carried down and taken to Keswick Cottage Hospital.
2	2 January	13:28	Cat Bells	A man (47 yrs) slipped and injured his ankle. He was treated at the scene, carried down and taken to hospital for assessment.
3	2 January	15:05	Theatre by the Lake	As it was on our doorstep, we were asked to assist the First Responders with a male (79 yrs) who had collapsed in the theatre. As there was a rescue helicopter in the area, it was requested to fly the man to hospital in Lancaster.
4	6 January	17:09	Nethermost Pike - Birk Side	A man (33 yrs) became lost in the dark. He was located by search dog Mac and team members escorted him down to the road. He was then taken by a team member to Grasmere where he caught the last bus back to Windermere!
5	9 January	14:13	Blencathra - Sharp Edge	A young couple (M28 & F25 yrs) got lost in the cloud on the summit area and wandered off the path (unknowingly) towards Sharp Edge. They were in cloud and extremely icy conditions, yet got themselves quite well down, but then became inextricably icebound! They provided us with a latitude and longitude fix from their mobile phone which we used to locate them. We roped them up to safety and took them back to their car!
6	10 January	19:54	Great Lingy Hill	A group of 5 requested assistance as they had failed, in the worsening weather, to locate the bothy in that area. One of their number had been wrapped in a space blanket and the group had run out of options. Whilst we were travelling to the area, we were informed that the group had managed to find the bothy, following the advice of the team leader.
7	20 January	14:20	Skiddaw summit	We were called to assist 4 walkers who had become 'stuck' on the summit in wintry conditions. It was only when another 2 of the same party got down that we realised that there had been 7 of them - each thinking the others had found another way off when conditions worsened. Not knowing the fate of the 7th person, we called in the help of Patterdale and Cockermouth MRTs as well as the search dogs (SARDA). With winds of over 50 mph, snow and ice, the rescue was difficult in the whiteout conditions. Fortunately the lone group member was found in good time by Mac, Keswick Team's search dog. 2 casualties were taken to Carlisle Infirmary with severe hypothermia and cramps. The other 3 were brought down and taken to Keswick Cottage Hospital for checkups. See letter
8	23 January	14:01	Blencathra - Sharp Edge	After shouts for help were heard by passing walkers, we located a man and a woman who had become stuck in bad ground in poor weather and icy conditions. They were roped to the top of the ridge and escorted down Scales Fell. See letter

9	23 January	15:1 7	Skiddaw - Hare Crag	A local lady became lost in bad weather with wintry conditions. With the help of Cockermouth MRT and SARDA she was located and escorted from the mountain. See letter
1 0	23 January	17:1 5	High Spy	2 men (60s) lost their way in whiteout conditions while descending to Littletown. They retraced their steps to the summit and phoned for help. While we were on our way out to bring them down, they managed to get themselves down to Honister Pass!
1 1	24 January	16:3 1	Lodore Falls	A woman (44 yrs) and her husband had been sitting on a tree trunk when it rolled on top of them, He was extricated fairly easily but she was only freed with the combined efforts of the Fire and Rescue Service (using an air bag to lift the tree,) the National Trust (using a chainsaw to reduce the tree) and the RAF (airlifting her in a Sea King rescue helicopter to hospital in Whitehaven with suspected crush injuries) was concluded . Happily she was later discharged with only bruising.
1 2	25 January		Team Headquarte rs	A lady (50 yrs) was brought into our HQ suffering from swollen lips and a swollen tongue - possibly anaphylactic shock. We cared for her until an ambulance arrived to take her to hospital.
1 3	31 January	18:2 0	Brown Cove Crag	2 men (both 30 yrs) became stuck when climbing the buttress route. Having taken longer than anticipated, they decided to abseil off, which was fine, until one of them dropped his torch. We went to their assistance and lowered them both off.
	4 February	15:3 0	Bowfell - Climbers Traverse	2 members from Keswick MRT were in the area when Langdale/Ambleside MRT received a report of a man who had slipped and fallen approximately 100 metres from the Climbers Traverse on Bowfell. He had sustained serious head injuries, and multiple other injuries. The 2 Keswick MRT members were directed to the scene to assist. A helicopter was requested and arrived from RAF Boulmer. The man was stabilised and airlifted to West Cumberland Hospital. His friend was assisted to the valley.
1 4	5 February	07:0 0	Bowfell	We were asked to assist Langdale/Ambleside MRT in a search for a man (60 yrs) who had not returned from his walk the previous day. LAMRT, search dogs and a helicopter had searched during the night but had drawn a blank. We were asked to check Langstrath and Allen Crag. However the body of the man was located during the morning by a rescue helicopter below Bowfell. He had died from multiple injuries consistent with a considerable fall.
1 5	8 February	18:4 5	Esk Hause	Having completed their climb on Great End, 3 climbers lost their way in darkness and falling snow. They called for help but we lost their phone signal. We found them near the shelter at Esk Hause.
1 6	10 February	15:0 0	Blencathra - Sharp Edge	A man (37 yrs) became stuck when he realised that the icy conditions were against him when trying to traverse the Edge. Other walkers in the area raised the alarm. We helped him back and accompanied him back to the valley.
1 7	19 February	13:2 0	Langstrath	A man (40 yrs) used his mobile phone to say that he had been unable to find Angle Tarn having walked up Langstrath, due to poor visibility. We tried to 'talk him down' but sent a small search party to meet him due to an element of doubt about his ability to get down. However, he managed to find the path and phoned again to say he would no longer require assistance.

1 8	2 March	10:3 0	Black Wall, Langstrath	3 members were involved for 4 and a half hours in successfully rescuing a cragfast sheep.
1 9	6 March	17:3 3	Great Gable - Sty Head	We were requested by Wasdale MRT to escort 2 walkers back from Sty Head to Borrowdale. The walkers (38 yrs) had become lost and cold in the wet weather on Great Gable and found by Wasdale MRT. We met up with them on their descent from Sty Head and brought them down to Seathwaite.
2 0	7 March	10:2 0	Ullock Pike	A man (38 yrs) in a group of walkers (a friends reunited occasion - friends since their primary school days) collapsed while walking. Despite the best efforts of his friends on scene, an ambulance paramedic and the Team doctor, the man was sadly pronounced dead. A Royal Naval Sea King helicopter was also on its way, but was stood down when the casualty's condition was established.
2 1	9 March	12:2 7	Cat Bells	We were requested by the police to assist in the recovery of a body of a man which had been found by a local farmer.
2 2	14 March	11:5 2	Blencathra - Scaley Beck	A man (48 yrs) slipped on wet grass and broke his tibia and fibula. He was treated at the scene and carried to a waiting ambulance for transport to hospital.
2 3	15 March	15:0 0	Old Coach Road - Mariel Bridge	A man (73 yrs) slipped and sustained an eversion of his ankle (twisted outwards). He was taken by the North West Air Ambulance to hospital.
2 4	18 March	11:3 0	Helvellyn	A woman (57 yrs) slipped and broke her ankle. She was treated at the scene and carried down.
2 5	22 March	11:1 4	Derwentwat er	Reports had been received from an observer that he had seen a sailing boat capsize to the west of St Herbert's Island and that the 2 occupants appeared to be still in the water some 10 minutes later. A well-rehearsed action plan was put into action and, together with local boat operators and HM Coastguard, we were called to assist with our rescue boat. However, before we got there, the couple had already been pulled out of the water by other craft which had gone to the scene.
2 6	29 March	12:3 1	Blencathra - Sharp Edge	A man slipped and tumbled 75' down from the Edge towards Scales Tarn. As we were approaching, we became aware that there was a rescue helicopter training in the area. It was called to investigate and was able to winch the man up and take him to hospital with only minor injuries.
2 7	29 March	15:3 5	Langstrath	The Team was requested to assist a lady who had fallen and sustained an arm injury and a possible shoulder dislocation. She managed to continue walking with assistance and was treated by a county ambulance in Stonethwaite whilst the Team was en route.
2 8	1 April	15:1 4	Allen Crag	A 14 year old boy suffered a knee injury whilst out walking with a school group. The incident was quickly dealt with by the Air Ambulance, while the team were on there way to the scene.

2 9	2 April	20:4 8	Central Fells - Ruddy Gill	A passing group of walkers spotted a man lying in Ruddy Gill. He appeared to have fallen some 60ft from the path. The Team arrived on scene, treated the man for his injuries and extricated him from the gill on a stretcher. He was then loaded into a waiting RAF Sea King helicopter and flown to hospital.
	5 April	10:0 0	Scarth Gap	A Team member walking near Scarth Gap came across a teenage girl from a Scout group with an ankle injury. He splinted the injury at the scene and called Cockermouth MRT (in whose area this incident took place) to evacuate the casualty to a waiting ambulance.
3 0	7 April	11:4 0	Cat Bells	A female walker slipped and fell, sustaining an arm injury whilst walking in the Skelgill Bank area of Cat Bells. The team treated the casualty on scene before transferring her into the waiting Air Ambulance.
	9 April	20:3 0	Great Gable	A party of 2 were reported overdue from a walk on Great Gable. Happily, they turned up safe and well as Team was planning actions.
3 1	12 April	13:2 7	Borrowdale - Mossmire Coppice	During the first of our 2009 Open Days the Team was contacted by Cumbria Police regarding a female walker suffering severe abdominal pains. Team members, including a team doctor, attended the scene. The casualty was given treated at the scene and transported to Keswick Cottage Hospital.
3 2	12 April	14:4 3	Blencathra - Blease Fell	Whilst in the final stages of the previous rescue the Team was alerted to a crashed paraglider on Blease Fell. Due to the serious nature of the reported injuries, a RAF Sea King helicopter training nearby was called in to assist. The helicopter was able to locate the casualty, winch him on board the aircraft and fly him direct to hospital. We later learned he had only broken one rib!
	16 April	16:2 4	Local	We were alerted by the Police to a child who had become separated from its parents. Happily, the incident was resolved prior to the Team having to take action.
3 3	19 April	13:5 7	Lower Falcon Crag (Illusion)	When a rock climber (31 yrs) reached his belay ledge, it collapsed on to him, also causing his partner to fall. His partner was held by the rope but he fell 20 metres when his ropes were severed and landed amongst and along with the resultant debris, sustaining head and back injuries. He was taken to hospital by the RAF Sea King rescue helicopter.
3 4	19 April	14:5 0	Skiddaw - Jenkin Hill	As the above incident was being dealt with, we received information that a paraglider had crash landed and sustained leg and back injuries. He was also taken by RAF Sea King to hospital in Carlisle.
3 5	21 April	11:5 1	Lower Falcon Crag	A climber (46 yrs) fell 10 metres while abseiling from the crag having completed the climb (Usurper). He was taken by a RAF Sea King helicopter to hospital in Carlisle with arm and back injuries. Who said lightning never strikes twice in the same place? (See incident 33)
3 6	22 April	12:4 5	Great Wood to Ashness path	A lady (83 yrs) collapsed while walking with friends. We checked her at the scene, walked her down and took her to hospital for a further investigations.

3 7	24 April	15:3 0	Langstrath - Black Wall	We were alerted by the local farmer to a sheep which had become cragfast in this favourite spot! We managed to extricate it from its lonely position!
3 8	2 May	10:0 0	Langstrath - Sergeant's Crag Slabs	It must be the time of year - another cragfast sheep on the other side of the valley (see previous incident).
3 9	7 May	18:3 7	High Seat area	2 walkers called in as they were lost in cloud and high winds, fearing they would become benighted. Having worked out where they were, we talked them down to Watendlath where they were met by the Team.
	10 May	19:0 0	Seathwaite	The Team was alerted to a 73 year old walker who had failed to meet up with the rest of his party at Seathwaite. He turned up during the initial information gathering period.
	10 May	19:3 0	Langdale area	A call was received from the Police regarding an overdue walker. On investigation the missing person had gone walking in the Langdale area we passed the information to Langdale/Ambleside MRT for further investigation/action.
4 0	10 May	17:1 9	Comb Gill	A report was received of shouts being heard. We searched the area but nothing was found. There were rock climbers nearby - possibly them - and also some noisy sheep! A false alarm with good intent.
4 1	11 May	12:4 3	Great Wood to Ashness path	A lady (61 yrs) slipped on the wet path and broken her ankle. We assisted the ambulance crew in carrying her to the road.
4 2	11 May	15:0 2	Harrop Tarn to Blea Tarn	A man (58 yrs) slipped on wet grass and broke his ankle. We don't often get calls as a result of a whistle being heard, but in this case the whistle proved to be an essential piece of kit in attracting attention in this remote area.
4 3	11 May	17:4 5	Cat Bells	A lady (53 yrs) slipped on loose stones and injured her ankle. We took her to hospital.
4 4	13 May	15:2 1	Stockley Bridge area	A man (67 yrs) was reported to have twisted his knee and become unable to walk. However, he had managed to get back to Seathwaite by the time we had got there.
4 5	13 May	17:0 5	Roughton Gill - Fell Side	A woman (54 yrs) fell and sustained head, arm and facial injuries. We were assisted by the Great North Air Ambulance which took her to hospital.
4 6	15 May	15:0 2	High Spy	A man (68 yrs) slipped and broke his ankle steeply descending to Borrowdale in wet weather. He was carried down to a waiting ambulance.
4 7	16 May	10:5 5	Calf Close Bay	A competitor (62 yrs) taking part in final stage of the Keswick Triathlon tripped over a tree root, grazed his left knee and injured his right hamstring.
4 8	16 May	23:3 2	Esk Hause area	A group of 3 young men (19, 25 & 25 yrs) became lost, cold and dispirited while attempting to climb Scafell Pike as part of the 3 Peaks Challenge. They went to ground and called for help. We

located them at about 0130 hrs and walked them back down to the valley. We also had assistance from Langdale/Ambleside and Cockermouth MRTs.

4 9	17 May	00:4 3	Central Fells	We were contacted by Wasdale MRT to ensure that a call they had received to recover 6 people who had also become lost while taking part in the 3 Peaks Challenge was not the same group as ours (as in the previous incident). We ended up also looking for these lost persons, with help from Cockermouth MRT. They were located near Broad Crag Col by a member of Cockermouth MRT which then walked the 6 back down to Seathwaite.
5 0	17 May	14:2 2	Head of Wythburn	A man (64 yrs) slipped and fell onto his outstretched hand, breaking his wrist. We managed to assist him down to Grasmere and a waiting ambulance which took him to hospital in Lancaster. We were once again assisted by Langdale/Ambleside MRT.
	25 May	17:4 0	Green Gable	A father reported himself and his three children 8, 10 and 13 lost in mist trying to descend Seathwaite. He told us he was on a wide cairned path. He was advised to follow the path. He rang back later to confirm that he and his family were safely off the fell.
5 1	26 May	13:1 5	Harrop Tarn - Thirlmere	A woman (64 yrs) slipped whilst out walking and sustained an ankle injury. We treated the casualty before evacuating her to a waiting County Ambulance at the roadside.
5 2	26 May	15:1 2	Blencathra - Blease Fell	Our second callout of the day: A man (63 yrs) slipped whilst walking on the lower slopes of Blease Fell, he sustained an ankle injury. The team had just finished the previous rescue and were redirected to Blease Fell. The male was treated and evacuated to a waiting County Ambulance for onward transport to hospital.
5 3	26 May	16:3 0	Derwentwat er and River Derwent	Rescue number three: While handing over our previous casualty to the Ambulance Service we were alerted to an incident on the River Derwent. Three girls (12 yrs) were reported to have been separated from a canoe group and drifting down the river. Team members responded directly from the previous incident and started a search of the river from the banks. Due to the potential seriousness of the incident, Cockermouth Mountain Rescue Team and Cumbria Fire & Rescue Service were called to assist with swiftwater rescue equipment & extra personnel. The three girls managed to self rescue & the search was quickly concluded.
5 4	28 May	15:1 0	Watendlath Beck - Hogs Earth	A woman (51 yrs) slipped whilst crossing the beck and landed awkwardly. She was treated for back injuries by the team and evacuated to the roadside. The casualty was transferred to the Ambulance Service for onward transport to hospital.
5 5	30 May	15:5 1	Whinlatter Forest	A man had become dehydrated and a little lost while walking in hot conditions. We ended spending quite a lot of time trying to locate him, by which time he had managed to find his way back to his car!
5 6	31 May	17:2 4	Helvellyn from the Swirls	A woman (31 yrs) stumbled and tripped injuring her leg, back and face. She was carried down to a waiting ambulance. The weather was very hot.
5 7	1 June	12:2 5	Grains Gill	A woman (63 yrs) fell forwards, managed to break the neck of her femur and injure her head and arms. We were assisted on this one by the Great North Air Ambulance.

5 8	10 June	11:3 9	Latrigg	A man (64 yrs) tripped when climbing a stile. He landed heavily on his nose and he bruised his thigh. After being checked over by a team doctor he was escorted down and returned to his parked car.
	12 June		High Spy	The Team was alerted to walker who had fallen, sustaining a broken arm, between Maiden Moor and High Spy. The rescue was undertaken by Air Ambulance. The Team manned its base until the casualty was in aircraft and en-route to hospital in Carlisle.
5 9	12 June	19:5 5	Grisedale Pike	A lone male (75 yrs) became overdue after taking a fall. After his wife contacted us, we went to look for him, but he had managed to get down and to hitch a lift to the local hospital.
6 0	13 June	11:3 1	Bassenthwaite - Whitefield Wood	A lady (53 yrs) fell while crossing a stile and suffered a fracture/dislocation of her ankle. She was carried down to the road and transferred to a waiting ambulance.
6 1	14 June	19:2 0	Walla Crag - Rakefoot	A young lady (29 yrs) lost her footing when dismounting her bike, having completed her ride. She fell backwards and landed badly on her back in a stream. She was treated for spinal injuries and carried to an ambulance for onward transportation to hospital.
6 2	15 June	11:5 2	Rosthwaite - Watendlath path	A man (73 yrs) collapsed while walking. Despite the best efforts of all at the scene, the man sadly died.
6 3	15 June	13:5 7	Lingy Bank Rosthwaite	Just as we had we concluded the previous rescue, our pagers went off again. This time a lady (83 yrs) had slipped and managed to break her leg. We worked with the Great North Air Ambulance to attend to her on scene before she was airlifted to hospital in Carlisle.
	18 June			The Team was alerted to an overdue walker who turned up as the Team were collecting information.
6 4	20 June	08:2 5	Skiddaw - Blencathra area	A man (29 yrs) failed to make his first rendezvous point while attempting the Bob Graham Round and was subsequently reported overdue/missing. We set off but learned that he had later turned up back at home in Keswick.
6 5	21 June	13:1 0	Skew Gill - Sty Head area	A man (40 yrs) was unable to continue due to 2 hurt knees. He was carried down to Seathwaite where he made his own way to hospital.
6 6	22 June	12:4 2	Cat Bells	A man (23 yrs) was reported to be feeling nauseous and suffering from blurred vision. He was carried down to a waiting ambulance. It was believed he was suffering from dehydration.
6 7	24 June	20:1 9	Sty Head	A man (50 yrs) had become lost and exhausted. He was found by Team members above the 1000' Boulder where he was assisted down for the rest of his journey.
6 8	26 June	12:2 5	Blencathra - Mousethwaite Comb	A man (45 yrs) slipped on scree and injured some ligaments in his knee. He had walked as far as he could before we attended to him. He was taken to hospital by the Great North Air Ambulance.

69	27 June	14:10	Whinlatter Forest - Cycle Track	A man (46 yrs) fell from his bike and sustained a possible fractured shoulder. He was treated at the scene and carried to a waiting ambulance.
70	29 June	17:05	Rosthwaite - Watendlath path	A man became totally exhausted and unable to continue. He had not eaten since breakfast. We assisted and ambulance crew in getting him down to the ambulance.
71	3 July	21:03	Ennerdale - Borrowdale	A man (50-65 yrs) failed to turn up at his campsite in Rosthwaite at the end of this leg of the Coast to Coast walk. We enlisted the help of Cockmouth MRT and SARDA but we were able to stand the teams down at 23:00 as the man had turned up in Wasdale.
72	5 July	14:58	Whinlatter Forest - Cycle Track	Another cyclist fell from his bike (see No 69) and sustained head and arm injuries. He was treated at the scene and transported to hospital by the Great North Air Ambulance.
	7 July		Caldbeck Fells	The Team was alerted to a missing youth in the Caldbeck Fells. After investigation, no further action was required.
73	7 July	16:04	Langstrath - Fairy Glen	A lady (60 yrs) slipped on wet rocks and broke her ankle. She was treated at the scene and taken to hospital by the Great North Air Ambulance.
74	8 July	13:50	Friar's Crag	An elderly couple (86 yrs and 85 yrs) were walking along to the view point when a dog jumped up at them. He stepped back and tumbled 3m from the path down to the lake shore, pulling his wife down with him. He received multiple abrasions and contusions to his head and face. A remarkable response in that the air ambulance, road ambulance and ourselves all arrived within seconds of each other! The wife was unhurt but the man was flown to hospital for checkups.
75	8 July	17:35	Lonscale Fell	A young lady (23 yrs) slipped and broke her tibia and fibula. She was treated at the scene and taken to hospital by the Great North Air Ambulance. See letter
76	16 July	12:04	Sour Milk Gill	A lady (58 yrs) slipped on wet rock and broke her tibia and fibula. She was treated at the scene and taken to hospital by the Great North Air Ambulance.
77	17 July	12:25	R Derwent - Low Briery	Campers reported an empty Canadian canoe with a paddle in it floating past. A fast response was launched involving the Fire & Rescue Service and SARDA. As well as searching the downstream banks, we manned the bridges and sent another canoe down the river to search from the water. Happily, meanwhile, the 3 capsized occupants had got themselves to the river bank and were found by the police dragging their retrieved canoe to the road.
78	19 July	22:10	Central Fells	We were requested to assist Wasdale MRT in the search for 2 missing walkers - one with a knee injury - who had failed to return to Wasdale after a walk to Scafell Pike. They were located below Sty Head making their way down.
79	22 July	23:05	Wasdale to Langdale	4 young ladies (20 yrs) taking part in their Gold D of E expedition became lost in cloud. They were located safe and well by the Keswick Team's search dog near Esk Pike and were walked down to Seathwaite.

8 0	23 July	16:5 3	Castle Crag area, Borrowdale	A lady (56 yrs) slipped on wet grass and probably managed to break her ankle. We were assisted by the Great North Air Ambulance which flew her to hospital in Carlisle.
	23 July		Sprinkling Tarn	A D of E Gold Group didn't turn up at Langdale, from Wasdale. Discussions with their leader resulted in the decision not to call out the Team. They contacted the Team next morning - they had camped safely at Sprinkling Tarn having got lost in low cloud and were continuing their journey.
8 1	24 July	14:0 0	Helvellyn Lower Man	We assisted Patterdale MRT in carrying a member of a youth group down. He had probably aggravated an earlier hip injury.
8 2	24 July	15:3 0	Keppel Cove	We also assisted with in carrying down a rescuer who had slipped and fractured his tibia and fibula. He was then transferred to hospital in Carlisle.
8 3	25 July	11:3 2	Walla Crag	A young lady (27 yrs) heard the 'crack' when she went over on her ankle on the rocky summit. She was carried down to a waiting ambulance for transport to hospital in Carlisle.
	25 July		Thirlmere	We were alerted to a swimmer in difficulties in Thirlmere. The situation had been resolved before the Team despatched.
	25 July		Esk Hause area	We were alerted to 1 member of a group (with a pulled muscle) who had not turned up at Seathwaite after the group had separated near Esk Hause earlier in the day. Both sections of the party eventually arrived separately at their homes in Carlisle.
8 4	26 July	14:5 0	Dale Head	A man (62 yrs) slipped on the steep stony slope and probably broke his ankle. We treated him at the scene and carried him down to Honister Pass for onward transportation to hospital in Whitehaven.
8 5	27 July	09:0 3	Scafell Pike	We were asked to assist Wasdale MRT, together with Cockermouth MRT in looking for 2 walkers who had not returned to their motor bikes at Wasdale Head from England's highest mountain. They were eventually located on the wrong mountain (Scafell)!
8 6	27 July	13:5 1	Blencathra - Sharp Edge	A man and a woman (both in their 50's) managed to fall from just below the 'awkward step' on the north side of the Edge. The alarm was raised by others in the vicinity. They had fallen about 20 metres. She had spinal and head injuries but he was relatively unscathed, although unable to extricate himself. The Great North Air Ambulance assisted by ferrying team members to the summit of the Edge and a RN Sea King was used for taking the casualties to hospital after we had lowered them to the foot of the gully.
8 7	28 July	13:4 3	Whiteside - Brown Crag	A lady had a panic attack and became unable to continue. Her daughter raised the alarm. We were able to reassure the lady and escort her back down and take her to where her car was parked.
8 8	2 August	19:4 0	Whinlatter Forest - South Loop Mountain Bike Trail	A man (28 yrs) suffered head and spinal injuries plus various abrasions and contusions when he crashed his bike on a gravelly part of the track. He was lucky not to lose his ear. We transported him down to an ambulance which took him to hospital.

8 9	2 August	21:0 8	Dodd - Gable Gill	We were called by the Ambulance Service to assist in the evacuation of a young woman (29 yrs) who was a chronic asthma sufferer and who had suffered a severe attack whilst walking. She was treated at the scene and brought down in our 4WD vehicle to the ambulance which took her to hospital.
9 0	3 August	13:4 5	Sourmilk Gill	A young man (19 yrs) fell about 10 metres while scrambling. He was treated at the scene, carried down and flown to hospital in Carlisle by the Great North Air Ambulance.
9 1	7 August	23:1 5	Grains Gill above Stockley Bridge	A lady (68 yrs) who was taking part in the 3 Peaks Challenge became very ill with heavy vomiting. With encouragement, we managed to walk her back to Seathwaite (over easy ground). We suspected dehydration and exhaustion accounted for the problem.
9 2	8 August	12:5 2	Latrigg - Spooney Green track	A man (40 yrs) went over his handlebars while descending the track round Latrigg, sustaining head and facial injuries. He had been dealt with by the paramedic. We assisted in carrying the man to the ambulance.
9 3	9 August	09:2 2	Central Fells	We were asked by Wasdale to assist in the search for 2 missing walkers who had been taking part in the 3 Peaks Challenge in wet and cloudy weather. Fortunately they turned up somewhere and had the sense to phone in to say they were safe and well.
	9 August		Cat Bells	A holidaymaker reported flashing and moving torchlights on Cat Bells. No action was taken. It was thought to be walkers descending, or similar.
9 4	11 August	16:4 8	Helvellyn - Swirls track	A man (25 yrs) slipped on wet rock on his descent and broke his ankle. He was treated at the scene and carried down to an ambulance.
9 5	11 August	19:2 7	Sty Head	We were requested by Wasdale MRT to meet them at Sty Head so that we could escort an ill-equipped couple, who had become stuck at the awkward step on the Corridor Route, back down to Seathwaite.
	11 August			We were alerted to an overdue group of 7 D of E Gold expeditioners. After discussing their experience and equipment route, etc. at length with their leaders, we agreed they had probably decided to camp the night, perhaps having made a navigation error in the heavy cloud cover. No further action taken.
	11 August		Central Fells	When we arrived back at Seathwaite at the conclusion of rescue 95, we were alerted from our HQ that there was a lone walker who had not returned from Scafell Pike to Seathwaite. We spent the next half hour or so discussing his route, experience, etc. with his 2 colleagues at Seathwaite, who had last seen him on the Corridor Route, when he walked into Seathwaite safe and well.
9 6	13 August	15:0 8	Dash Falls	A lady (66 yrs) fell on the track while fell running. She shocked herself, broke her wrist and sustained cuts and abrasions to her face. We did what we could for her at the scene before using our 4WD vehicle to bring her down to a waiting ambulance.
9 7	16 August	10:2 2	Central Fells	A young couple (24 yrs & 26 yrs) failed to return from Scafell Pike the previous day. We were requested to assist Wasdale MRT in looking for them. Happily for all concerned, they turned up in Eskdale as we were commencing the search from our side.

				It is remarkable ('probable' is, perhaps, a more appropriate adverb) how many walkers who become disoriented while in the Central Fells end up defaulting into the Eskdale valley!
	17 August		Green Gable area	A party of walkers became separated in low cloud on Green Gable and raised the alarm when one member could not be located. We advised them to return to their car at the top of Honister and await the return of the lone walker. No further action by the Team.
9 8	19 August	14:4 5	Greenup Gill	A man (71 yrs) slipped on wet rocks which caused him to land with his lower leg beneath him. He was carried down to Stonethwaite where an ambulance took him onward to hospital in Carlisle.
	19 August		Scafell Pike	We were alerted by the Police to an overdue walker returning to Seathwaite from Scafell Pike. After difficulties contacting the informant the Team was later advised that the walker had returned safe and well.
9 9	20 August	14:2 1	Great End	2 young men (23 yrs), who were taking part in the 3 Peaks Challenge, got themselves well and truly stuck when they attempted to downclimb the north face, having become lost without compasses. We lowered them off in a 5-hour rescue.
1 0 0	23 August	13:2 8	High Rigg, St Johns in the Vale	A lady (55 yrs) slipped on wet grass and probably broke her ankle. She was treated at the scene and carried to a waiting ambulance.
1 0 1	24 August	13:2 3	Skiddaw - Littleman	A boy (15 yrs) fell while descending and managed to dislocate his knee cap (a recurring injury). We treated him at the scene and carried him to where the North West Air Ambulance had managed to land. He was then taken to hospital in Whitehaven.
	26 August	20:2 1	Honister area	2 runners doing the Bob Graham Round were reported overdue. They turned up before the Team was involved.
1 0 2	28 August	11:0 0	Helvellyn area	We were requested to assist Patterdale MRT in searching for a couple who had failed to return to their hotel after setting off for a walk the previous day. Their absence was noted when they failed to take breakfast the next morning. Their intended route was not known although there had been mention of a walk on Helvellyn. What could have been a needle in a haystack search was defused when we learned at 12:30 that they had returned to their hotel, having spent the night on the mountain! The mountain they had slept on was Glaramara!
	29 August		Gillercombe Buttress	A walker reported shouts he thought related to a fallen climber on Gillercombe Buttress. As luck would have it an RAF helicopter was training in the area. We 'highjacked' the helicopter to go and have a look. There was a party of climbers on the crag but all was well. The team did not leave Keswick - a false alarm with good intent.
	29 August	16:0 0	Cat Bells area	A mother reported her 15 year old son separated from them on a walk from Hawse End to Cat Bells. Given that it was still only 4 pm we suggested waiting a while and checking if he had made his own way back to the holiday accommodation. Presumably he was OK as we didn't hear any more!

	29 August		Central Fells	We were paged regarding a group of 9 which had not returned to Seathwaite from Scafell Pike. They turned up safe and well during initial investigations.
1 0 3	1 September	12:50	Head of Wythburn	A man (35 yrs) walking alone, slipped and heard a crack in his ankle. He lay there for 2 hours before other walkers came across him and raised the alarm. We assisted the Great North Air Ambulance in treating him at the scene before he was flown to hospital in Keswick.
1 0 4	1 September	14:37	Bessyboot track from Combe Gill	A lady (47 yrs) slipped on wet grass and broke her leg. The air ambulance from the previous incident flew the team doctor to the scene before flying back to transport more members close to the scene. Low cloud was making high flying impossible. She was airlifted to hospital in Carlisle.
1 0 5	1 September	15:26	Styhead Gill	They come in 3's! Once again we juggled with our members in order to get some of them to this incident which, this time, was assisted by a Royal Air Force Sea King rescue helicopter. The man (75 yrs) was suffering from acute stomach pains and vomiting. He was airlifted to hospital in Barrow.
	1 September	17:00	Seathwaite area	Reports of shouts in the vicinity of 2 groups - a family and a school group. Saw MRT going to previous incident - just checking this job wasn't connected.
1 0 6	2 September	17:39	Scafell Pike area	A large family group ran into difficulties when the weather turned against them and one of the children injured his foot. The party split up with one returning successfully to Seathwaite. The other could not helpfully describe, over the phone, their descent route from the summit. Fortunately we encountered other walkers who had seen the group near Broad Crag Col. We eventually located them at the top of Calf Cove in cloud and rain. 4 of them were escorted down and the injured boy was carried down on a stretcher. We were assisted by Wasdale MRT.
	2 September	22:05	Ennerdale to Honister	2 walkers became lost between Ennerdale and Honister. As we were heavily involved in the previous incident, we called Cockermouth MRT to assist.
	7 September	13:11	Greenup Edge	A lady (50 yrs) broke her ankle. We passed this job to Langdale/Ambleside MRT as she was some way into their area.
1 0 7	8 September	12:56	Styhead Gill - above 1000' Boulder	A young man (25 yrs) slipped on wet grass and broke his ankle. We treated him at the scene before carrying him down on a stretcher to the ambulance at Seathwaite. Extremely wet and windy!
	8 September	19:59	Ennerdale to Borrowdale	A man (65 yrs) was reported overdue at his hotel while doing the Coast to Coast walk. Just as we were calling out the Team, search dogs and support from Cockermouth MRT, he turned up at this hotel at 8.30 pm.
	8 September	21:29	Ennerdale to Borrowdale	Completely unrelated to the last Alert, 3 walkers failed to arrive at their hotel in Rosthwaite. They also turned up at their hotel - at 10 pm!

1 0 8	10 September	19:4 0	Holly Bank, Bassenthwaite	A lady (60 yrs) slipped off the path and managed to break her femur. The ambulance service had been called but requested our assistance as her recovery required a tricky carry from the footpath to the roadside.
1 0 9	14 September	13:5 0	Blencathra - Sharp Edge	A man (43 yrs) got himself into a situation where he was unable to move and became 'frozen' with fear. His sister was with him. She phoned for help. Other walkers managed to help him out of his situation as the team was arriving on the scene.
1 1 0	16 September	20:5 8	Green Gable	A man (63 yrs) became lost while doing the Coast to Coast walk. We looked for him with the help of Cockermouth MRT and SARDA (Lakes). He was located on the summit of Green Gable.
	17 September	18:0 1	Keswick area	From a truncated phone call with them, a young couple were reported to be distressed and lost in the Keswick area. As they were well-equipped for camping out, fit and well and with a reasonable weather forecast, it was decided nothing could be done. We didn't even know where they were going from the bus station on arrival.
1 1 1	20 September	14:3 0	Rosthwaite - New Bridge	A lady (80 yrs) was taken ill while walking in the Rosthwaite area. We assisted a doctor in carrying her to the road for transportation to hospital.
1 1 2	21 September	14:1 9	Shoulthwaite area	As we were training in the area, we conducted a search the vicinity of a parked car which had been left in a layby for the previous 6 weeks. Nothing was found.
1 1 3	30 September	16:5 7	Troutdale	A man (29 yrs) and his partner, along with their dog, found a slippery path down into the valley too difficult to negotiate, so phoned for help. We sent a small team who assisted them down and they were returned to their transport at Watendlath.
1 1 4	1 October	15:1 9	The Swirls	A paraglider (M 52 yrs) had landed successfully but was then caught in a gust of wind and dragged into a wall. The result - a few broken ribs and an arm. He was treated at the scene before being flown to hospital by the Great North Air Ambulance.
	2 October	19:4 9	Central Fells	We received a report of a walker who had become overdue after a walk in extreme high winds and heavy rain. Happily he turned up as we were assembling to mount a search for him.
1 1 5	4 October	12:3 7	Troutdale	A lady (51 yrs) fell when she slipped and landed on her face and chest. She also sustained a lacerated knee. She was taken by a Sea King helicopter to hospital.
	5 October	14:4 1		Details to follow - however, this callout was passed on to another team as it was not in our 'patch'.
1 1 6	5 October	17:2 7	Troutdale	A lady (65 yrs) slipped and managed to break her fibula. (See Incidents 113 and 115 - above!).
1 1 7	11 October	13:5 6	Shepherd's Crag - The Grasp	A climber (M 21 yrs) fell 5 - 8 metres while leading the climb. He sustained pelvic and arm injuries. After treatment at the scene, he was flown by the North West Air Ambulance to hospital. We later learned that he sustained no more than severe bruising and a punctured elbow.

1 1 8	14 October	20:3 0	Corridor Route	We were requested by Wasdale MRT to assist in accompanying a party of 6, which they had located, back to Seathwaite. They had become lost and benighted and only had one torch between them.
1 1 9	22 October	18:4 7	Walla Crag	A man (31 yrs) became benighted when he was caught out without a torch.
1 2 0	23 October	06:4 0	Cockermouth h	We were asked to assist Cockermouth MRT in a search for a local man (61 yrs) who was missing from home. He was located safe and well in some woods.
1 2 1	24 October	17:3 3	Grey Knotts	A young lady (21 yrs) slipped on wet grass and broke her tibia.
1 2 2	26 October	18:1 8	Carrock Fell - Brandy Gill	Another young lady (32 yrs) slipped on steep, wet grass and sustained a fracture/dislocation of her ankle.
1 2 3	27 October	23:3 3	Honister to Grasmere	3 walkers (F 35, F 36, M 55) doing the Coast to Coast walk became lost in poor weather. They were located near the head of Wythburn and escorted down to Thirlmere.
1 2 4	28 October	17:2 5	Blencathra - Blease Fell	A lady (61 yrs) slipped on wet grass and broke her ankle.
1 2 5	31 October	22:3 9	Esk Hause - Bowfell area	We were requested by Langdale/Ambleside MRT to assist in the search for 9 students who had become lost and benighted in poor visibility and heavy showers somewhere in the Esk Hause area - with one torch and 8 light sticks. They were found the following day, having made their way down Bowfell and spending the night in Ore Gap.
	3 November	16:2 0	Haystacks to Rosthwaite	We were requested by Cockermouth MRT to assist in a search for a man who had phoned in saying he was sheltering behind a boulder with a broken ankle while making his way from Haystacks to Rosthwaite. As we were mobilising, members of CMRT heard whistles which led to his location near the bottom of Loft Beck in Ennerdale. We were stood down as we were no longer required for the search.
1 2 6	7 November	12:5 6	Blencathra - Sharp Edge	3 people became cragfast in the wet and slippery conditions. The rest of the party had managed to get to the top. Meanwhile, other people on the Edge managed to help extricate the stricken group before we got to the scene.
1 2 7	15 November	16:4 3	Base Brown / Taylorgill	A party of 3 left the summit at 3 pm and became separated while descending Taylorgill. When the 3 failed to meet up at Seathwaite, a degree of concern resulted. A local Team member quickly located the outstanding 2 and the incident was happily resolved.
1 2 8	16 November	00:0 2	Portinscale area	A man (73 yrs) was reported well-overdue after he failed to return from one of his regular local walks. He was found near Hawse End, fit and well, with his dog.

1 2 9	19 November	09:30	Keswick Town Centre - and beyond	A repeat of the 2005 floods , but considerably wetter and much more damaging over a wider area this time, with 6 bridges destroyed and many more damaged, causing widespread disruption to the Cumbrian infrastructure. Once again, although 10 of our members were, themselves, flooded, many of them continued to help in the checking and evacuation of flooded properties and vehicles. In total, 190 people were assisted by the Team. At times, the water was so deep and fast-moving, that it was impossible to safely access some areas. We were also involved in assisting the Fire & Rescue Service in getting pumps to flooded properties, and helping a doctor reach Rosthwaite to attend to a patient. When the Northside Bridge in Workington was swept away, we sent some of our swiftwater technicians to assist in the search for PC Bill Barker, who sadly lost his life when the bridge collapsed. We were very grateful for the assistance provided by Teesside, Swaledale and Kirkby Stephen MRTs and the local National Park Rangers.
1 3 0	23 November	10:44	Cockermouth Town Centre	We were requested by Cockermouth MRT to send a swiftwater rescue team to the town to stand by while a huge tree, which was blocking the town's Cocker Bridge, was dismantled and removed by tree surgeons.
1 3 1	26 November	17:40	Skiddaw	We received a report from someone who said she had met a party of walkers who had come off Skiddaw, reporting a man with a broken leg near the summit at 2 pm. We made investigations but it turned out to be a false alarm. Police later arrested a 27 yr old woman on suspicion of wasting police time in making hoax calls. See News Item
1 3 2	27 November	12:50	Blencathra - Sharp Edge	A man slipped on the wet rock and tumbled between 20 and 30 metres down into the usual gully. He sustained multiple fractures as well as a possible spinal injury. A Sea King rescue helicopter from RN Gannet dropped their winchman/paramedic off at the start of the Edge and we took him along the Edge with us to the gully. After treating the casualty at the scene, the stretcher was winched into the helicopter and flown to hospital Carlisle.
	28 November	21:30	Great Gable - Napes	Wasdale MRT had been searching for 3 missing climbers who had failed to return to Seathwaite having left at 10 am to climb Napes Needle. As they were well-equipped and as WMRT had not seen them in the Napes Needle area, we decided no response was required. Meanwhile, WMRT found them near the top of the Napes, from where they pretty well made their own way back to Seathwaite.
	29 November	16:23	Skiddaw	We were called concerning some overdue walkers. They turned up as the Team was mobilising.
	16 December		Cairngorms - Coire an t- Sneachda	While some Team members were climbing in the area... 'we were on our climbing route when another team took a very nasty fall out of Invernookie after the leader fell and their belay failed. We called out mountain rescue and then climbed down to them to see if we could assist. They were incredibly lucky given the injuries sustained after such a long fall. We kept them as warm and comfortable as we could before the RAF Sea King came in. Amazingly other people who came to assist included members of Keswick, Cairngorm, Dumfries and Edale Mountain Rescue Teams and also a Police Officer, Fireman, Paramedic, Doctor and Mountain Guides. We wish the climbers all the best in their recovery.'

1 3 3	24 December	15:5 3	Underscar	We were requested to assist the Ambulance Service with the recovery of a 14 yr old boy who had crashed into a tree whilst sledging down the Gale Road. He had serious injuries and the road had become impassable to vehicles because of the snow and ice.
1 3 4	25 December	13:5 4	Spooney Green Lane	A man slipped on the icy path and sustained a fracture/dislocation of his ankle. We think he probably missed his Christmas dinner. Ours was just late!
1 3 5	28 December	15:3 5	Below Rakefoot Farm	A lady (44 yrs) slipped on the path by the TV mast and sustained a broken humerus and dislocated shoulder.
	28 December	17:1 5	Grisedale Pike	There were reports of lights near the summit of the mountain. As they were moving, we assumed they belonged to some walkers enjoying a late walk!
	28 December	17:2 5	Skiddaw	Another report of a young couple who had failed to return from their walk up the mountain. Just as we were beginning to investigate, they turned up.
1 3 6	29 December	14:3 4	Scar Craggs - Causey Pike	A man (55 yrs) with a pre-existing medical condition ran out of steam and was unable to continue. We were, thankfully, assisted with this one by the Sea King helicopter from RAF Boulmer.