

Keswick Mountain Rescue Team

RESCUE REPORT 2018



Introduction

Welcome to the 2018 Rescue Report of Keswick Mountain Rescue Team.

The Team operates in the area shown on the map on page 3, and elsewhere, as required.

The Report includes a record of the Team’s activities throughout 2017.

2017 marked the 70th Anniversary of the founding of the Team.

Through the 70-plus years, the Team’s development and evolution has made for a highly efficient organisation, with expertise in many areas not always apparent under the title “mountain rescue team”. The Team draws upon the many individual strengths and capabilities of its members.

Team members are dedicated in attending training sessions, and in their response to the text/pager/email messages to callouts. A spirit of close cooperation is engendered by familiarity through a set of secure and confident personal relationships.

Thanks to local artist Venus Griffiths, who has donated the painting of Sharp Edge. Venus has kindly donated the painting for each Annual Report since 1999.

The framed original is for sale to the highest bidder. It may be viewed at Derwent Frames, High Hill, Keswick. All proceeds go to Keswick Mountain Rescue Team.

Sharp Edge is a prominent feature on Blencathra. The Edge itself, and other features of Blencathra, have seen many callouts in 2017.



Sharp Edge, Blencathra Venus Griffiths

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The website



For more information about the Team see:
www.keswickmrt.org.uk
and also the Facebook network service.

Chairman's Report

The start of a New Year is a good time to take stock: an opportunity to reflect on the past year and to look ahead to the challenges the Team will face in the coming year.

Three respected and long-standing team members left Keswick MRT over the past 12 months: Graeme Wilson, Paul Horder and Adrian Clifford. I don't have space here to do justice to the huge contribution they have made to the Team and to the wider LDSAMRA / MREW community over the years. Suffice it to say they will be missed.

2017 also saw us welcome three new full team members: Hannah Wignall, Craig Dring and Stuart Holmes. Their contribution over the past 12 months, both to callouts and to the less visible support-side of running a large MR team like Keswick, has been fantastic.

We also welcomed three new probationary members to the team: John Hunston, Richard Smith and David Hill. The commitment they've shown to their training and out on the hill during callouts has been very impressive.

As long as we can continue to attract new members of this calibre, we will continue to get stronger as a team.

On the financial front, we're also stronger than we've ever been. Which is just as well, as we'll face some big challenges in the year ahead. The most significant of those is probably the major



Incident 8

extension to the rescue base on Lake Road. We hope to have the building work underway by early autumn and, when completed, it will house a new 'Swift Water Rescue' facility, a new improved rope-training area and an expanded control centre which will serve as a "Silver Command" communications hub for all emergency services in the event of major

incidents (e.g. a repeat of the Storm Desmond floods).

In summary: a strong financial position, supporting an ever-stronger team. I think we can look forward to the year ahead with quiet confidence.

Gordon Barker

Keswick Mountain Rescue Team 2018



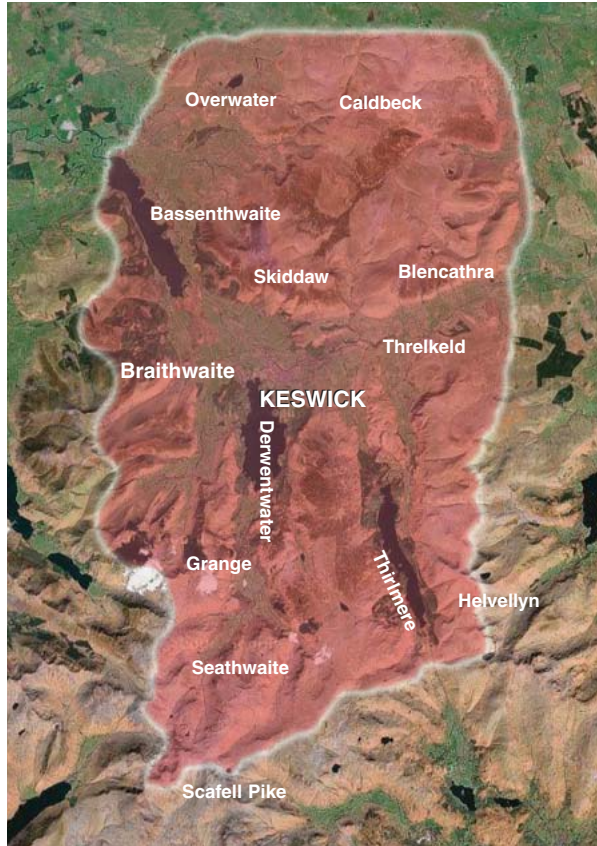
Steve Allen Handyman
Gordon Barker Biotech Consultant
Alan Barnes Emergency Medical Technician
Paul Barnes Firefighter
Martin Bell Paramedic
Sarah Bennett Tour Operator
Tom Blakely Paramedic
Fiona Boyle Lecturer
Paul Cheshire Chartered Engineer
Nuala Dowie Hotel Proprietor
Craig Dring Retired Procurement Manager
Matt Eaves Soletrader: Greenescape
Donald Ferguson Rope Access Technician
Chris Francis Fire Service
Richard Gale Accommodation Provider
Chris Gillyon Company Director
Geoff Gilmore Leisure Pool Manager
Rob Grange Photographer
Mick Guy Retired
Steve Hepburn Company Director
Chris Higgins Company Director:
 Outdoor Pursuits
Dave Hill Store Manager

Mark Hodgson Retired Project Director
Simon Hodgson Company Director
Stuart Holmes Photographer
Tim Hooper GP
Katharine Horder Retired Head Teacher
John Hunston Retired Accountant
Andy Jones Guest House Proprietor
Dan Jordan Emergency Medical Technician
Peter Little Pharmacist
George Lloyd Student / Retail Assistant
Tom McNally Outdoor Pursuits Instructor
Malcolm Miller Retired Head Teacher
Phil Newton Retired
Simon Noble Retired Teacher
David Pratt Teacher
Alan Prescott Senior Manager
Lisa Price General Marina Manager
Jocky Sanderson Outdoor Pursuits Instructor
Richard Smith Outdoor Pursuits Instructor
Ian Wallace Retired
Paul White Papermill Chemist
Elly Whiteford Technical Specialist
Hannah Wignall Sports Therapist

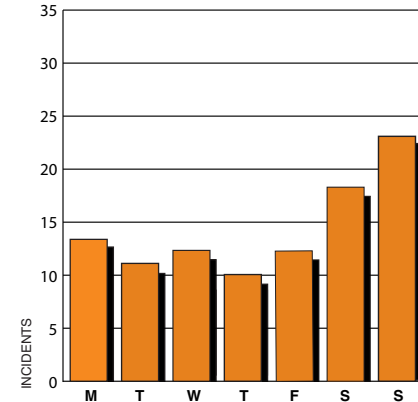
President Mike Nixon
Chairman Gordon Barker
Secretary Fiona Boyle
Treasurer Ian Wallace
Team Leader Chris Higgins
Committee Tom Blakely
 Paul White
Deputy Team Leaders Paul Barnes
 Chris Gillyon
 Steve Hepburn
Medical Officer Tim Hooper
Training Officers Alan Barnes
 Steve Hepburn
Water Officer Paul Barnes
Radio Officer Alan Prescott
Vehicles Officers Matt Eaves
 Mick Guy
Equipment Officers Dan Jordan
 George Lloyd
 Tom McNally
Base Officers Sarah Bennett
 Geoff Gilmore
Report Editor Peter Little
Secretary (membership) Tom Blakely
Collection Box Co-ordinators Malcolm Miller
 Paul White
IT Manager Rob Grange
Data Protection Officer Craig Dring
Social Secretary Hannah Wignall

Email: secretary@keswickmrt.org.uk
Keswick MRT Headquarters,
Lakeside Car Park, Lake Road,
Keswick, Cumbria CA12 5DJ

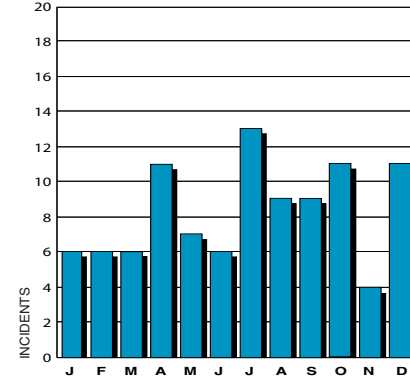
Keswick Mountain Rescue Team Area of Responsibility



CALLOUT STATISTICS 99 Callouts, 3 Fatalities DAYS OF THE WEEK 2017



MONTHS OF THE YEAR 2017



2017 was a 'steady' year for the team with 99 rescues, many that we might consider routine, although they must seem far from routine for our casualties. We had a good number of lower leg and ankle injuries, folk lost, overdue or missing on their own or in groups, people suffering from being too cold, whilst another suffered from being far too hot, crashed mountain bikers and others with head, neck or shoulder injuries. We also recovered the bodies of three people who had died whilst on the fells and our deepest sympathies go to their families and friends.

Rescues that were a little bit out of the ordinary included rescuing a group of summer scramblers stuck 400 feet up Central Gully (whilst thinking they were in Cust's!!), a lady trapped underground, stuck 6 feet down a very narrow gap at Dove's Nest, Kip the dog who had investigated a hole too steep to get out of, and a rock climber with a stuck arm on Little Chamonix at Shepherd's Crag.

Not knowing when the next rescue is going to happen and what it might be, demands that team members have the skill set to deal with any situation. Because of this we train to the high standards you would expect from a busy mountain rescue team surrounded by the varied terrain of the northern Lake District fells. Safety in steep ground, technical rope rescue, water rescue, advanced first aid, winter skills, avalanche rescue and driver training are only some elements of the syllabus that we cover



Incident 44

throughout the year. In fact our regular Thursday night training sessions don't seem to be enough to cover everything so the additional training at weekends or through the week are really beneficial and very much appreciated. Thank you everyone for keeping your personal skill sets at such a professionally high standard. We need to have these very high levels of technical expertise in order to offer our casualties the best care they could expect in an environment that is often hostile and sometimes dangerous. I am extremely grateful to team members for putting all of that effort in - the commitment is phenomenal but the result is something we should be extremely proud of.

I am also grateful that everyone affected when the pagers go off are as accommodating and understanding as they are. I'm sure there are many family occasions that are severely disrupted when someone has to leave to put on their red jacket.

The Team continues to go from strength to strength with the old embracing the new, which has been an on-going theme with this team since it was founded. The base extension seems a useful metaphor. The base has served us well, but we have grown, our skills developed and broadened and our needs have changed. Having something new and fit for

Team Leader's Report 2018 (continued)

purpose will complement the existing base well. In a similar vein we proudly celebrated our 70th birthday last year and it was great to see many past members come to our birthday party and share stories with the members of today.

Operationally we continue to move forwards. We took delivery of our 5th vehicle in 2017, which is our incident support Mercedes Sprinter. Two members continue to deliver Swift Water Rescue Training to the region, two members were trained to deliver Technical Rope Rescue Courses to team members and our medical team are in the middle of delivering high quality first aid training to all members ahead of their Casualty Care exams, which I'm pleased to say some folk have already passed - well done to them.

Our strong relationship with LDSAMRA teams continues to grow. We have been involved in a number of rescues with neighbouring teams over the past year and have taken part in several joint training courses, the latest of which happened at the end of January when five members joined Patterdale and Cockermouth MRTs in the Cairngorms for a weekend of winter skills and avalanche scenarios. We continue to enjoy working in close collaboration with the ladies of Keswick WI who support us during major incidents by providing us with sustenance during and after significant rescues.

Chris Higgins



Incident 25

Ninety Nine Callouts in 2017

Incident Report 2017

Edited from Team records

1. 1st January 2017 13:01

Above Rigg Head near Wilsons Bield

A man had suffered a possible broken leg after falling. An Air Ambulance took him to hospital.

2. 2nd January 2017 12:31

Brundholme Woods

A woman slipped on an icy patch, and fell. She suffered a fractured femur, and a broken wrist.

3. 2nd January 2017 16:15

Glamara

A group of 4 walkers became stuck in icy conditions at the summit of Glamara. The Team escorted them down to Mountain View.

4. 9th January 2017 15:04

Great End

A woman and her son were stuck in a gully, and as she suffered from a medical condition, quickly became very cold. Later, with the Team and a rescue helicopter en route, she confirmed that they had managed to escape from the top of the gully. They met two Team members at the top of Grains Gill. After the casualties had been assessed as being in no immediate danger, the helicopter departed, and the Team walked the two down to Seathwaite.

5. 13th January 2017 18:51

Keswick town

A teenager had fallen 3 metres into a culvert, from a wall on the old railway line, and had suffered serious injuries.



Incident 8



Incident 13

6 26th January 2017 13:51

Kettlewell Bay, Derwentwater

A man had fallen out of his sailing dinghy 100m offshore, and was shouting for help. Boats from the Team, Nichol End Marine, and Derwent Marina responded. A boat from Nichol End Marine picked up the man, who was unhurt.

7 10th February 2017 09:30

Stonethwaite

A search for a missing man. Cockermouth MRT and Penrith MRT helped the Team.

8 17th February 2017 14:54

Bowder Stone area

A woman, scrambling on a small crag near the Bowder Stone, slipped and fell 20 metres on to rocks, and suffered serious injuries. An Air Ambulance took her to hospital.

9 21st February 2017 18:08

Seathwaite to Langdale

The Team was asked by Wasdale MRT to help in a search for an overdue family group. The group turned up at Wasdale Head.

10 21st February 2017 19:57

Scafell Pike area

A search for two missing walkers. Wasdale MRT and Duddon & Furness MRT searched, too. Weather conditions deteriorated to the extent that the search was called-off. The search was continued from 08.00 on 22nd February. Team members together with colleagues from Penrith, Cockermouth, Kirkby Stephen, Wasdale, Duddon & Furness and Langdale Ambleside MRTs, and with 6 search dogs and handlers, and a S92 Coastguard helicopter, were all involved.

After three hours, the couple were found in Eskdale, by a member of Duddon & Furness MRT.

11 23rd February 2017 12:49

Cat Bells

A man was stuck on the side of Cat Bells, effectively cragfast because of the strength of the wind. Team members were able to walk him off.

12 24th February 2017 14:31

Gategill Fell, Blencathra

A group of walkers got into difficulties on steep snow-covered ground. They were helped down to the foot of the fell.

13 1st March 2017 13:23

Sharp Edge, Blencathra

A couple had become cragfast on a snowy /icy section of the ridge. The Team rigged the site and then assisted the pair off.

14 2nd March 2017 14:36

Mouthwaite Comb

A man had fallen and had suffered serious head injuries. An Air Ambulance took him to hospital.

15 7th March 2017 10:44

Barrow

A man with chest pains. An air ambulance took him to hospital.

16 23rd March 2017 16:03

Honister Slate Mine

A young boy slipped whilst on part of the mine's underground via ferrata. It was treated as a suspected spinal injury. An Air Ambulance took him to hospital.

Incident Report 2017

17 28th March 2017 15:07

Shepherds Crag, Borrowdale

A climber on the last pitch of 'Little Chamonix', got her arm stuck behind a rock. A team member descended from the top of the climb to help. Once released, the casualty and the team member were lowered to the bottom of the crag. No serious injuries were found.

18 28th March 2017 15:46

Force Crag area, Coledale

A walker was injured near Force Crag mine. A Coastguard helicopter took the casualty to hospital.

19 2nd April 2017 13:47

Clough Head

A woman suffered an ankle injury. An Air Ambulance took her to hospital.

20 10th April 2017 15:11

Upper Shepherds Crag, Borrowdale

A man slipped on steep ground, fell and broke his collarbone. He was able to walk down to an ambulance at the roadside.

21 13th April 2017 10:58

Barf

A man became cragfast. He was roped down through the steep section as far as the lower scree, from where he was assisted to walk down.

22. 15th April 2017 14:57

Base Brown

A man was blown down a steep slope by a gust of wind, and suffered ankle and wrist injuries. The casualty was stretchered down into Gillercomb and then carried uphill onto the side of Grey Knotts, from where an Air Ambulance took him to hospital.

23 15th April 2017 17:06

Derwentwater

A man came out of his canoe on Derwentwater whilst 500m offshore, and was unable to get back into it. The Team contacted the Derwentwater Marina team, who were able to send a rescue boat.

24 15th April 2017 22:18

Sty Head to Seathwaite path

A family group became benighted beyond the "1000 foot Boulder". A small group of Team members walked them down.

25 16th April 2017 18:29

"Fairy Glen", Stonethwaite

A woman had broken an ankle.

26 17th April 2017 19:26

Stockley Bridge, Seathwaite

A woman slipped, while descending the last part of the Sty Head to Stockley Bridge path, and suffered an ankle injury.

27 22nd April 2017 13:12

Robinson

A fell runner suffered a broken collar bone, near the summit of the fell. An Air Ambulance took him to hospital.

28 25th April 2017 17:13

Sandbeds Gill, St Johns-in-the-Vale

A member of the public was concerned for the safety of two men scrambling on Sandbeds Gill crag. The Team investigated, and found that all was well.



Incident 22



Incident 29

29 30th April 2017 14:49

Rosthwaite to Watendlath Path

A woman tripped and fell, suffering facial injuries.

30 4th May 2017 13:13

Cat Gill, Walla Crag

A man slipped off the path, and fell 10 metres into the steep ravine containing the gill. He suffered multiple injuries.

31 7th May 2017 15:56

Whinlatter Forest

A 15 year old boy crashed his mountain bike, suffering multiple injuries. A Coastguard helicopter took him to hospital.

32 13th May 2017 14:06

Sharp Edge, Blencathra

Two men had become crag-fast. A Coastguard helicopter lifted a group of Team members with rigging kit to the top of Blencathra, and two Team members down climbed on steep ground, and assisted the casualties to safety.

33 14th May 2017 15:50

Coledale near Braithwaite

A woman slipped and suffered a serious ankle injury.

34 17th May 2017 18:45

Great Wood, Walla Crag

A woman had become lost in the wood, and had tumbled off a steep path, fortunately without hurting herself. She was assisted down to the main path.

35 19th May 2017 11:16

Haystacks

A man had broken his ankle, on the fell between Innominat Tarn and Blackbeck Tarn. This was a joint rescue operation with Cockermouth MRT.

36 30th May 2017 13:28

Quayfoot Buttress, Borrowdale

A woman fell, and broke her wrist, while walking on the path near Quayfoot Buttress.

37 9th June 2017 07:27

Walla Crag

A man was stuck on the steep ground below Walla Crag. The Team evacuated him by rigging a rope to the path above.

38 15th June 2017 15:43

Little Man, Skiddaw

A woman with a knee injury.

39 16th June 2017 16:20

Foule Crag, Blencathra

A couple had become cragfast on Foule Crag.

40 19th June 2017 20:08

Foot of Stake Pass, Langstrath

A man had succumbed to the heat, and became semi-conscious. A Coastguard helicopter took him to safety at Stonethwaite.

41 24th June 2017 16:27

Maiden Moor

A woman had twisted her knee.

42 28th June 2017 16:06

Cat Gill, Walla Crag

A man slipped on the path and took a tumbling 10 metre fall into the gill. He suffered a head injury.

43 2nd July 2017 16:04

Whinlatter Forest South route

A man came off his mountain bike at high speed, suffering shoulder and back injuries.

44 3rd July 2017 14:22

Spoonney Green Lane, Latrigg

A mountain biker crashed at high speed after hitting a rock in the path. He suffered injuries to his shoulder, chest, wrist and knee. An Air Ambulance took him to hospital.

45 5th July 2017 11:13

Friars Crag, Derwentwater

A call to help the ambulance service with a patient who had fallen off the path at Friars Crag.

Incident Report 2017

46 9th July 2017 15:31

Central Gully, Great End

Four people were reported stuck, including one injured by a rock fall. A rigging system was set up to lower them to the bottom of the gully. Wasdale MRT helped the Team. This was a long operation because of the complexity of the ground. The casualty's group was able to walk down to Wasdale Head, with Wasdale MRT members.

47 13th July 2017 14:23

The Howrahs, Keswick

This incident was a call to help the ambulance service. A woman had tripped and fallen. She had a head injury.

48 16th July 2017 15:13

Allerdale Ramble above Scaleclose Coppice

A woman had suffered an ankle injury.

49 18th July 2017 19:29

Miners Crag, Newlands

A climber had fallen 10 metres off Miners Crag, with an ankle injury and possible spinal damage. A Coastguard helicopter took him to hospital.

50 19th July 2017 13:28

Sty Head Path

A man strained a calf muscle badly, and this was exacerbated by his Parkinson's Disease. An Air Ambulance took him to hospital.

51 20th July 2017 12:47

Blea Tarn to Watendlath path

A woman with an ankle injury.



Incident 51



Incident 56

52 21st July 2017 12:32
Sharp Edge, Blencathra

A man and his son had become cragfast on Sharp Edge in wet and windy conditions. A rope system was set-up to guide them to safety.

53 22nd July 2017 15:04
Castle Crag, Borrowdale

A man slipped whilst descending Castle Crag, and took a 10 metre tumbling fall into an old quarry working. He suffered a head injury. An Air Ambulance took him to hospital.

54 23rd July 2017 01:21
Castle Head, Keswick

The Team was asked to help an ambulance crew with retrieving an intoxicated woman from near the top of Castle Head.

55 23rd July 2017 05:03
Sprinkling Tarn to Sty Head path

A callout to help a hypothermic man taking part in a Three Peaks Challenge. A Coastguard helicopter took him to hospital.

56 5th August 2017 18:03
Barf

A man had become exhausted and stuck just below Slape Crag.

57 6th August 2017 16:55
Helvellyn

The Team received a request to assist Patterdale MRT with a possible evacuation of hypothermia cases from Helvellyn, in poor visibility and rain. RAF Leeming MRT was also alerted to this rescue, and joined up with Keswick MRT at Swirls car park. A Coastguard helicopter picked up the casualties, and took them to the hospital.

58 7th August 2017 18:24
Above Force Crag Mine, Coledale

An exhausted man was becoming hypothermic, having been unable to move for some time.

59 7th August 2017 20:17
Sharp Edge, Blencathra

A walker had become cragfast on Sharp Edge, in a precarious position on the edge of a steep drop on the north side. A rope system was set-up to guide him to safety.

60 13th August 2017 12:30
Stable Hills, near Keswick

A woman fell off a stile and injured her ankle.

61 14th August 2017 18:36
Edge of Derwentwater, near Manesty

A woman slipped on a wet rock slab, fell and broke her wrist.

62 20th August 2017 12:35
Barf

A group of three walkers had become stuck at the difficult step at the foot of Slape Crag.

63 27th August 2017 09:41
Barf

Two men had become stuck on the direct ascent of the fell.

64 28th August 2017 19:23
Sty Head Stretcher Box

A Team member walked off a party of four, who had reported themselves stuck in thick mist near Sty Head Stretcher Box.

65 2nd September 2017 14:01
Scale Beck, Buttermere

A woman was overtaken by blackouts on the hill. This was a joint callout with Cockermouth MRT.

Incident Report 2017

66 4th September 2017 12:15

Greenup Edge

Langdale Ambleside MRT was called to an incident at Greenup Edge, where a woman had fallen and struck her head. She was bleeding profusely. Keswick MRT was asked to help. A Coastguard helicopter took her to hospital.

67 6th September 2017 13:48

Helvellyn

A man had turned his ankle badly.

68 6th September 2017 15:20

Halls Fell Ridge, Blencathra

A woman had become cragfast in the upper section and was unable to move.

69 11th September 2017 18:59

Dovenest Crag, Coombe Gill, Glaramara

A climber had become trapped between rocks inside the crags. The Team called on resources from further MR doctors, COMRU, Cumbria Fire and Rescue Service and the Coastguard helicopter.

70 12th September 2017 11:51

Beckstones Plantation, Whinlatter

A dog was rescued from steep ground below a forest track.

71 16th September 2017 17:13

Great Gable

A man had fallen and banged his head, and had suffered an open fracture dislocation of a finger. He was briefly unconscious. Cockermouth MRT helped the Team. An Air Ambulance took the casualty to hospital.

72 29th September 2017 14:24

Base Brown

A woman had broken her ankle. An Air Ambulance took her to hospital.

73 30th September 2017 14:55

Whinlatter Forest

A man had fallen from his mountain bike, and suffered a head injury.

74 4th October 2017 11:12

Shepherds Crag, Borrowdale

A youth had appeared to have collapsed whilst at the foot of the "Kransic Crack" climbing route. He had not fallen, and there were no apparent injuries, but he may have had some sort of fit.

75 8th October 2017 12:11

Raven Crag Thirlmere

A woman collapsed at the top of Raven Crag. Members of her walking party and passers-by attempted to revive her with cardio-pulmonary resuscitation. Despite the efforts of all, she could not be saved. The Team recovered her body from the fell.

76 14th October 2017 12:51

Grains Gill, Borrowdale

A woman suffered a serious ankle injury.

77 15th October 2017 13:25

Scafell Pike area

Wasdale MRT and then Lake District Mountain Rescue Search Dogs, mounted a search for a missing man, but as no find was made, MRTs from Keswick, Cockermouth, Duddon & Furness, Penrith and Kirkby Stephen were called into assist, as well as RAF Leeming MRT. He was not found on the 15th October, and the search resumed on the 16th October, with five Lakes MRTs and four additional search dogs from SARDA England. The man's body was found by a member of Cockermouth MRT in Piers Gill.



Incident 76



Incident 84

78 15th October 2017 14:39
Cat Bells

A woman had suffered a serious ankle injury.

79 17th October 2017 10:08
Sty Head path

A man had been blown over several times by strong winds, and was battered and bruised. He was hypothermic and exhausted. Cockermouth MRT helped the Team.

80 18th October 2017 14:17
Scales Fell, Blencathra

An 11 year old had slipped and suffered an ankle injury. Penrith MRT helped the Team.

81 20th October 2017 15:49
Honister to Borrowdale Road

A cyclist was reported as having come off his bike, but it was unclear whether this was on road, or on the old track that runs down to the Glaramara hostel. In the event the Team was not required.

82 21st October 2017 12:17
Esk Hause shelter

A group of walkers were in distress at Esk Hause shelter. They were cold, under equipped for the conditions and had become separated from one of their party. Fortunately, the missing person was located by the original informant, so the Team then supported the group down to Seathwaite.

83 27th October 2017 15:35

Path to Grisdale Pike, in Whinlatter Forest

A woman had slipped on a muddy path, and suffered a suspected broken ankle.

84 28th October 2017 13:10

Langstrath

A man competing in the Original Mountain Marathon had an ankle injury.

85 1st November 2017 13:45

Calfclose Bay, Derwentwater

A man, whilst running on the shoreline path of Derwentwater, suffered a broken leg.

86 12th November 2017 12:26

Watendlath – Lodore Path

A woman had fallen and suffered serious injuries. An ambulance crew was treating the patient for a cardiac arrest. An Air Ambulance took her to hospital.

87 24th November 2017 12:24

Walla Crag

A woman slipped on wet grass and suffered an ankle injury.

88 26th November 2017 14:02

Blease Fell, Blencathra

A woman slipped on wet grass and suffered an ankle injury. An Air Ambulance took her to hospital.

89 2nd December 2017 16:08

Grains Gill, Borrowdale

The Team had received information about a group of slow moving walkers. The group was accompanied down in the lower valley.

Incident Report 2017



Incident 93

- 90 3rd December 2017 16:38**
Boulder field below Bowderstone Pinnacle, Borrowdale
The Team rescued a dog which was stuck underground near Bowderstone Pinnacle.
- 91 6th December 2017 15:44**
Helvellyn
A search for two walkers who had become lost above Wythburn. They were escorted down.
- 92 9th December 2017 15:20**
Taylorgill Force, Borrowdale
A woman slipped on an icy path and took a tumbling fall of 20 metres into a scree field. She suffered serious head injuries. An Air Ambulance and a Coastguard helicopter attended the scene. The casualty was taken to hospital by the Coastguard helicopter.
- 93 16th December 2017 11:51**
Walla Crag
A man slipped on frozen ground, fell and banged his head. He was dizzy and sick.
- 94 16th December 2017 15:54**
Atkinson Pike, Blencathra
Two men rang for help after becoming benighted, without torches.
- 95 19th December 2017 13:41**
Glaramara summit
A man had dislocated his shoulder after falling near the summit of Glaramara. Cockermouth MRT helped the Team bring the man down to Borrowdale.

- 96 21st December 2017 16:22**
Cat Bells summit
A family, including two young children, rang for assistance, when they became benighted and disoriented in mist on the summit of Cat Bells. The Team helped them down the fell.
- 97 24th December 2017 14:05**
Allerdale Ramble to Rosthwaite path
A man had slipped, and injured his thigh.
- 98 27th December 2017 13:48**
Sharp Edge, Blencathra
A group became cragfast after one of the party turned his ankle on the snow-covered ridge. Another climber helped them all to the top of Foule Crag, so the Team was stood down.
- 99 31st December 2017 12:38**
Sharp Edge, Blencathra
A couple who decided to descend Sharp Edge in winter conditions became cragfast some 60 metres below the ridgeline. The Team rigged the crag to get them to safety.

It's around midnight on a Sunday in the middle of January, and a small group of team members have arrived at Sty Head stretcher box. A 28 year-old man has been reported missing on Scafell Pike, and we are doing an initial search of the main paths from Borrowdale. The weather is dreadful, with heavy rain and a chilly breeze. The paths have turned into streams, and our torches barely penetrate the gloom. On the plus side, we're not carrying too much gear, just a few spare clothes, a heat blanket and a group shelter in case we come across him. After a brief halt to re-group, we turn left towards Sprinkling Tarn and eventually reach the top of Grains Gill, where we see the lights of another KMRT group heading towards us from Esk Hause. From here we head down the path on melting snow and ice, vile conditions



Incident 41

underfoot but we are grateful to be heading home. We wonder how the missing person will be faring in these conditions, mindful of a similar search last year when the outcome was not good.

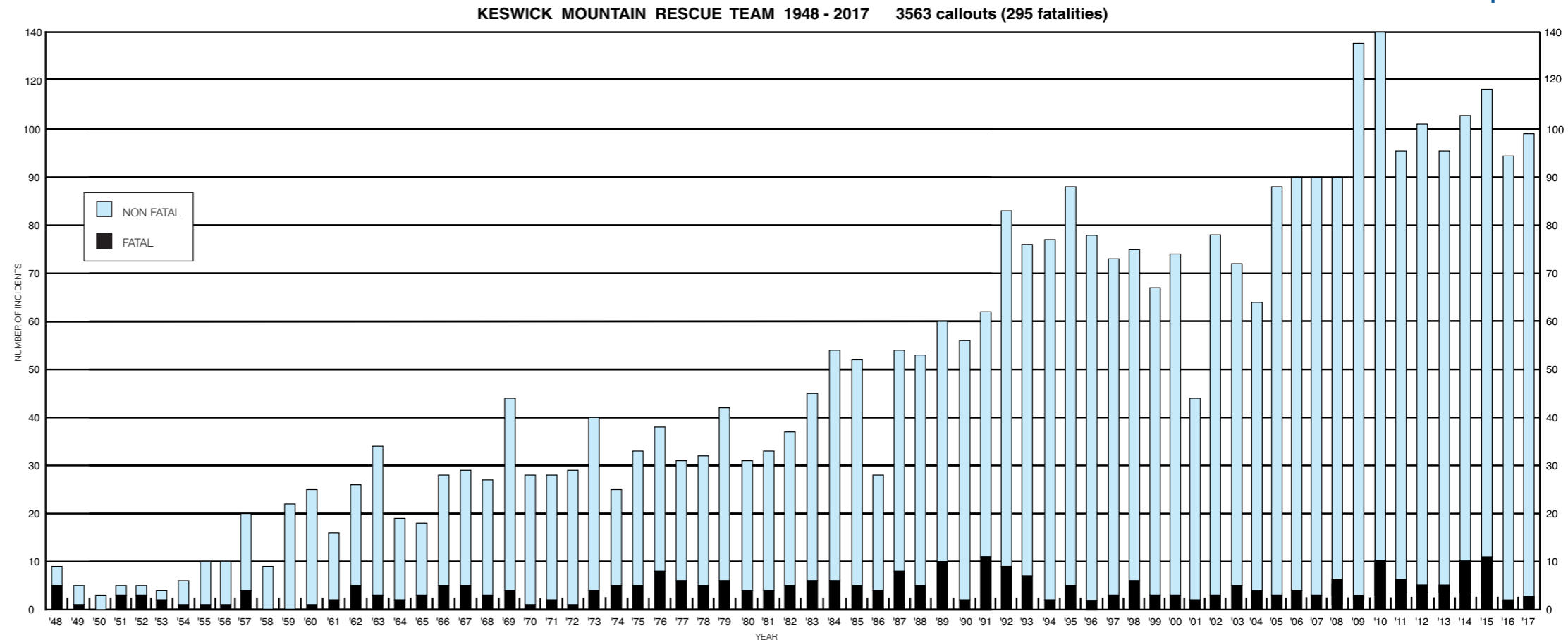
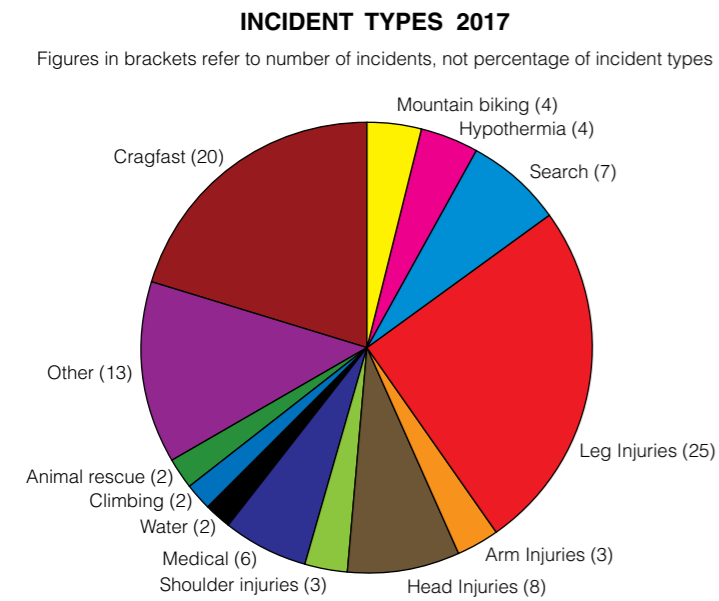
Tuesday morning, and the team has gathered to resume a search, having been stood down on Monday to provide cover for other teams out looking. A Coastguard helicopter is flying the first group of members up to Angle Tarn when the call comes through that the casualty has been found, alive and well in upper Eskdale! There is a huge sense of relief, not to mention disbelief that he has survived two nights out in such conditions. A great result for members not only of KMRT but of all the teams involved in the search.

Each incident is different, but some stand out more than others. What doesn't change is the excitement of getting a call, the team spirit, and the satisfaction of a job well done. The professionalism of the team is something, as a probationer, to aspire to, each call out seeming to add another aspect of the job to appreciate and learn. Apparently simple things like assembling the two halves of a stretcher, or providing oxygen therapy, can be awkward at first, but there is always someone around to help out.

With weekly training sessions, and further courses for particular skills such as rope work, driving team vehicles, winter skills, the time commitment is not insignificant, but the benefits are huge. All team members are regular hill goers themselves, and as such most have made mistakes that could have led to them requiring assistance (I know I have!) so there is never a judgment of the casualty. There but for the grace of God..... The vast majority of people wearing jeans and trainers come to no harm at all, so their lack of more appropriate apparel is only uncomfortable, not dangerous. If they enjoy it, no doubt they will learn what to wear and carry, and start to develop the experience that helps reduce the risks involved.

Many members have given years of service, and I feel a little presumptuous writing about my very limited experience. At 60, I feel privileged to have got this far in the selection process (yes, it's sometimes a struggle keeping up with the younger team members!) and hope to enjoy many years of adventure with the team.

John Hunston



Keswick Search Dogs 2017

A relatively quiet year with 31 Callouts for Search Dogs in 2017 – not all Keswick's, but spread over a large part of Cumbria and the Lake District with incidents at such places as Waberthwaite (Wasdale's patch), Skinburness (Cockermouth's patch) and Kendal. (Not surprisingly, Kendal's patch!) It has to be recognised that SARLOC – the location feature, used by mountain rescue teams, designed to locate people by the GPS signal in their mobile phone – has had a significant effect on “solving” a number of searches before they become major issues. This has reduced the number of potential searches that need search dogs, but it has by no means eliminated them.

People still seem to believe that setting out late in the day, unprepared for darkness or bad weather, can be solved by having a mobile phone. That belief has been proved wrong by a number of parties, and once they have got themselves into an area with no phone signal, the battery has gone flat or they become incapacitated, that is the point at which the dogs come into their own. People have the technology, but that in itself cannot get them down, often lacking the basic mountain skills, they are then dependent on the rescue teams to act as guides rather than rescuers.

Over time, the number of Team members who can deploy overnight has steadily reduced as the demands on people's time increase, and this means that a dog capable of searching a larger area than a number of humans is a valuable asset. Along with our usual tasking of searching for missing walkers and climbers, the location of missing depressed people, or dementia patients who have wandered off, continues to be a significant part of the workload too. It should be noted that in Cumbria these incidents may still require the searching of mountainous terrain.

Keswick is fortunate to have the largest group of search dogs in the Lake District. Not all handlers will be available on any one incident, but there will nearly always be a couple out of the five. This year, Martin Bell & Isla located



Isla on incident 71

a group near the top of Glaramara early in the year, and all five dogs were busy throughout the year both with Keswick and other Teams. To add to the five already on hand, Rob Grange has added Brock, a stable mate for Rona, and eventual replacement hopefully, in a couple of years.

The group continue to train on Tuesday nights in a variety of locations, as well as attending monthly weekends, and the winter training course in Scotland.

Mick Guy

"I'll meet you at the rescue box!"

How many times have walkers used that phrase to arrange a rendezvous in the hills? The stretcher box at Sty Head has been a permanent fixture in the fells for many years. The first kit was installed at Sty Head in 1938, and the box and its contents have seen many changes in the last 80 years.

The box itself has been used many times. Climbers use it as a meeting point. Lost walkers are relieved when it appears out of the mist giving them a location fix. It has been used as an overnight shelter by hill-goers benighted or caught out in poor conditions. From a mountain rescue viewpoint, it provides easily accessible kit for self-rescue, or for a quick grab on kit on an extended search. Often we'll receive a phone call along the lines of "I don't know where I am, or how to get off the hill, but I am at a wooden stretcher box. Please help!"

Sadly, the box itself has seen better days and is in need of repair. Plans have been drawn up for a new structure that will continue the tradition of providing kit and a shelter at a crucial point on the way to the higher fells. This is currently being constructed by one of our Team members.

Come the summer, Keswick Rescue Team are hoping to helicopter in the 2018 version. This will be an updated, insulated aluminium design that retains all the features of the previous boxes, and will hopefully last for 30 years or more.

We hope it will continue the long history of this well-known feature. You can find out more about the box here

www.keswickmrt.org.uk/sty-head-stretcher-box

Dave Pratt



Keswick Bravo – or “Boaty” to its friends

After the last big floods, where the Swiftwater Rescue Technicians from the Team were asked to assist in Lancashire and York, the Team spent some time discussing the best way of deploying resources such as the Team boat. We decided that a dedicated vehicle would be the best solution. Our ideal was one where we could carry the boat fully inflated inside, so it was ready to deploy instantly, and not have the issues which would arise with a boat trailer, such as manoeuvring, having licensed drivers, etc. If we could put together a unit with a personnel carrier and a gear carrier, there would be a significant boost to the Team's response time and resilience during extended deployments

Cue a scheme from DEFRA to support volunteer groups with grants for boats!

A swift discussion ensued to see whether we could get our dedicated boat vehicle up and running, possibly starting with a secondhand van. At that point, we were also able to tap into a grant from the Cumbria Community Foundation, and this meant that we could go for a 4 x 4 Sprinter, similar to our current personnel carriers, but long wheelbase. The measuring tape was swiftly in hand, and lo and behold, the boat would fit, there was space for the engine on its dedicated trolley, and all the kit that would be needed for an Incident Support Vehicle which could support areas outside Keswick.

A specification was swiftly drawn up, quotes obtained, and the project was underway. The vehicle came from Ciceley Commercial who gave us a generous discount on a LWB Sprinter; with financial assistance from the CCF. James Alpe at Rossendale undertook the conversion, and Premier Hazard assisted with CCTV and blue light fittings.

We took delivery of Keswick Bravo in July, and have been steadily developing our way of working with the vehicle. The boat is kept inflated, but the vehicle also boasts a small compressor and air pump, so the air pressure in the boat can be topped up. Inside, it is fitted with a gas heater, handwashing equipment and hot drinks dispenser, so it can double as welfare unit when the swiftwater team has to work away from home in adverse conditions. We can now deploy the boat on to the water with crew in 5 minutes from arriving on scene, speeding our response in these time-critical incidents by at least 5 – 10 mins, which is a major asset in such locations as Thirlmere where we have had a number of water incidents.

Mick Guy



Keswick Bravo – or “Boaty” to its friends



A selection of thank-you messages and comments received in 2017

"I just wanted to say a big thank you to all the team for the assistance that was provided to us ... I am sincerely grateful to the team who give up their time and energy to ensure that people are safe when walking the fells. It has been a valuable lesson for us on staying safe."

"Thank you very much for rescuing me yesterday. I'm amazed by the quality of the job you did and the unity of the team. Thank you for the kindness and the good humour that you brought, I felt comfortable even with a broken ankle!"

"I am truly grateful for you all being so selfless with what you do."

"I would just like to express my gratitude and thanks to your amazing team who helped rescue me."

"Can't thank them enough for their kindness and efficiency. It was such a relief to see those red jackets ascending the path and to take control. Wonderful people that are sometimes taken for granted."

"It was a joy to see you arrive and take control. Well done each and every one of you. Thank you."



Incident 84

A selection of thank-you messages and comments received in 2017



Incident 92

"Thank you so much for what you did for me on that day, and for all the hard work you do every day ... Being caught out ... has made me appreciate how vulnerable you are despite carrying safety equipment. I am also astounded that you are a voluntary organisation running on donations ... thank you all for the phenomenal work that you do."

"Your rapid response and professionalism is very much appreciated!"

"I think you did an amazing job and I am extremely grateful as there is no way I would have got down without your assistance. Thank you once again."

"I'm unbelievably grateful that the team and others exist to help out myself and others in the hills who are in need of help."

"... the world needs more kind hearted people like you. From the bottom of my heart, thank you all."

Paul Horder

In 1971, Paul joined Cockermouth Mountain Rescue Team while living and working in the Cockermouth area. He became team secretary in 1973, a position which he held for several years.

In 1974, Paul started work at Derwent Hill, Portinscale, and moved to Keswick. He joined Keswick MRT in 1978. During his time in the team, he was a training officer, and then a deputy leader for 11 years.

He also ran and developed the team callout system, which was the first to start using radio pagers; certainly on the scale of individual issue. Prior to that, only team leaders had pagers. Much later, the SARCALL system was introduced and Keswick MRT trialled this for a year before it was universally used. Paul was instrumental in introducing and setting this system up to all the Lake District teams, as well as the police, ambulance and helimed services. He was a team incident controller for 30 years.

He was involved in the very early development of GPS technology which would be able to show on a computer screen at any time, the positions of all team members when out on the hill, a system which is now more familiarly known as MRMap. This system then went on to incorporate the invaluable tool called SARLOC, which was able to plot the locations of lost walkers in MRMap.

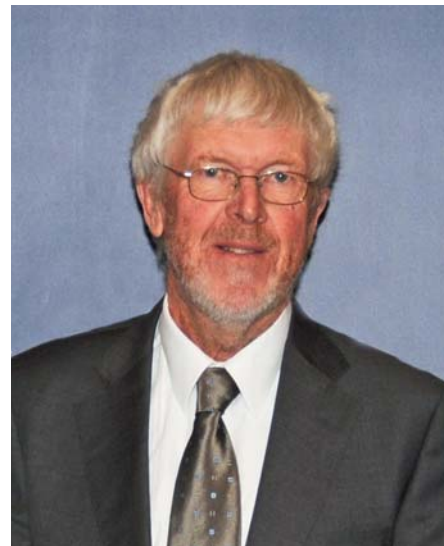
During his time in mountain rescue, Paul was the secretary of the regional MR body, the Lake District Search and Mountain Rescue Association (LDSAMRA) for 12 years. He was also involved with the Executive body of the national Mountain Rescue England and Wales (MREW). He represented MREW at the International Commission for Alpine Rescue (IKAR) for 13 years.

Paul went on to be awarded with a Distinguished Service Award from LDSAMRA and was put on its Roll of Honour. Also, he was awarded with a Distinguished Service Award from MREW. A few years ago, he was also presented with a Special Commendation by the Chief Constable of Cumbria for his services to MR, particularly with rolling out SARCALL, which had revolutionised the calling out of teams.

It was a real honour for him to be invited to not one, but two receptions at Buckingham Palace over the years, as a representative for all the MR England and Wales MRTs.

Paul stepped down from the team in 2017, after 47 years in mountain rescue, attending well over 1500 searches and rescues.

Thanks and best wishes to Paul.



The Team's ongoing costs continue to rise with many aspects of our skills needing to be assessed on a regular basis.

Rope, swift water, boat handling, first aid courses are all run through the year and three types of driving skills need to be assessed regularly.

We have a more vigorous vehicle maintenance regime in place.

Expenditure on training and equipment continue to be a high priority.

All in all costs are rising and will continue to rise.

This year will hopefully see the fruition of a few hard years labour redesigning a mountain rescue stretcher which could have some commercial value to the team, but at the moment is still a drain on our resources.

It is full steam ahead this year with the base extension which will substantially eat into our capital.

We are in a comfortable financial position, however. If we were a public company instead of a group of very well trained, conscientious and professional volunteers, our share-holders would be very pleased with us!

We are hugely indebted to you, the general public, and we would definitely struggle financially without your continued support.

Ian Wallace

During the year, donations were received in memory of:

Andrew Shillingford	Peter Carmell	William Halliwell	Enid Roberts
Alan Albion	Geoff Coffey	Gordon Heywood	Alan Stoker
Alan Allison	Denise Merritt	Dorothy Hopkins	David Wilkinson
Ian Anderson	Adrian Clifford	Kath Makepeace	Matt Wilkes
Bob Atkinson	Ian Furniss	Pauline Mason	Sylvia Wright
Michael Bailey	Peter Gee	Sue Millar	Norman Watson
Keith Broughton	Gordon Gray	Janet Pitman	Paul Kent



Incident 72

Collection Boxes 2016-7

Over the year from November 2016 to October 2017, the total raised from our collection boxes came to £24,013. While this is slightly up from the previous year, but not as much as we have raised in the past, it is nevertheless a very significant amount.

We have approximately 250 boxes spread out over the area that the Keswick Mountain Rescue Team covers, and one or two further afield. Our sincere thanks go to the many hotels, pubs, guest houses, shops and individuals who continue to support us by having one of our boxes on display. We are particularly appreciative of those who have made a positive effort to raise funds for us, such as running regular quiz nights, selling cakes and in the case of some of our local shops, donating the 5p for each carrier bag sold.

There are now many different ways to donate towards the Team, which is of course a charity and run entirely by volunteers. Increasingly people are choosing to donate through our website, using 'Just Giving' or similar alternative methods. However you choose to donate your contribution is both necessary and very much appreciated; we rely totally on donations to keep our vehicles and equipment maintained – there is no other funding available for us, from government or elsewhere.

Should you see the Team out in action at some time, remember that they are volunteers, giving their time at the discretion of sympathetic employers, just doing their best to assist fellow mountaineers and walkers.

If you have donated in any way in the past, then thanks again for your support. If you feel you can make a donation, then do watch out for one of our boxes in one of the many locations in and around Keswick.

But most of all, be prepared, stay safe and enjoy the hills.

Malcolm Miller
Paul White
(Collection Box Coordinators)



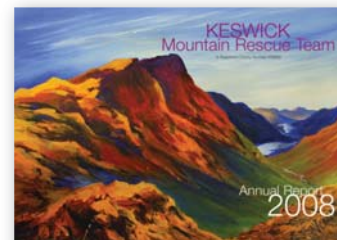
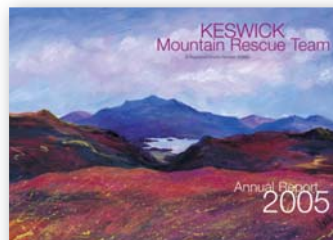
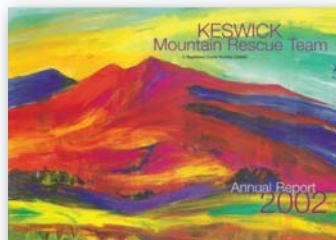
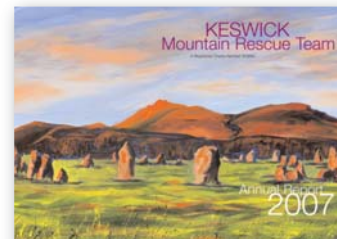
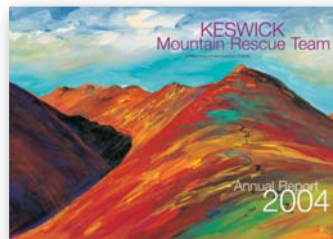
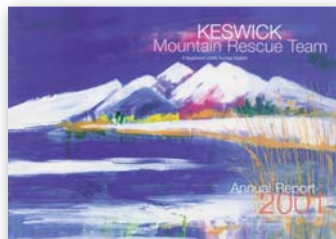
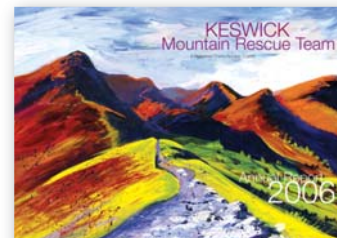
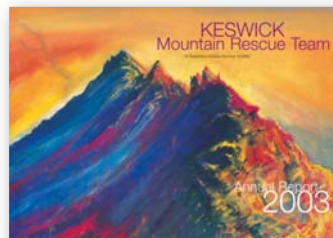
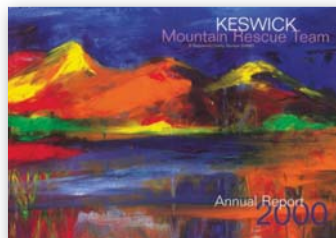
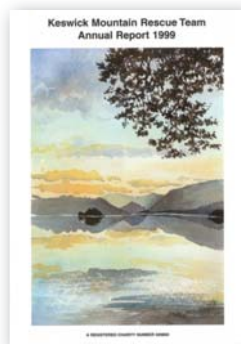
Incident 30

Collection Box Sponsors

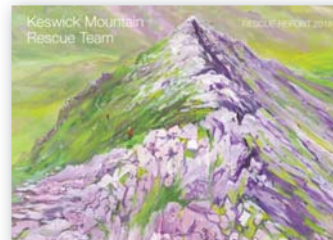
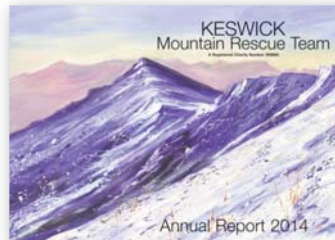
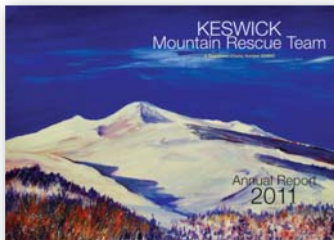
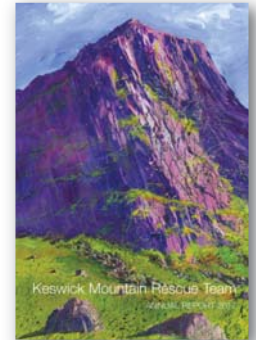
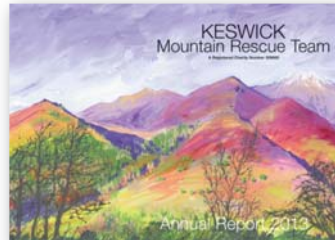
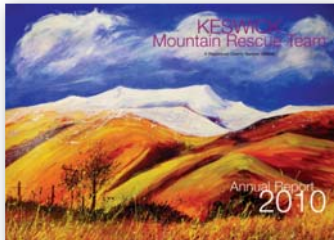
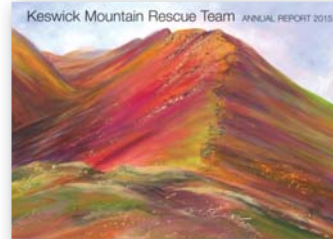
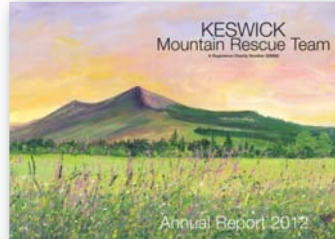
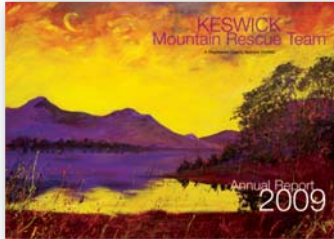
2 Windsor House	Cyclewise Whinlatter	HoweKeld	Moot Hall	Skiddaw House Hostel
30 Manor Park	Dale Bottom Campsite	Hunters Way Guesthouse	Morrel's	Soap Company
Abacourt House	Dale Head Hall Hotel	Java	Mrs Lingard Homethwaite House	Spar
Acorn House	Dalegarth Hotel	Keswick Bike Company	Mungo's Deli	Spar BP Garage
Alexandra's	David & Elaine Burn	Keswick Brewing Company	Namaste	Spooney Green Cottage
Alhambra Cinema	Denton House	Keswick Cottage Hospital	Near Howe, Mungrisedale	Squirrel Lodge Guesthouse
Allerdale House	Derwent Bank HF	Keswick Golf Club	Needle Sports	Star of Siam
Alternative	Derwent Club	Keswick Launch Company	New House	Strathmore Guesthouse
Armthwaite Hall	Derwent Hill Outdoor Centre	Keswick Park Hotel	Newlands Adventure Centre	Stybeck Farm
Ashness Farm	Derwentwater Club Site	Keswick Reminder Office	Nichol End Marina	Sun Inn
Avondale Guesthouse	Derwentwater Holiday Home Site	Keswick Rugby Club	Nordicoutdoors	Sunnyside Guesthouse
Bank Tavern	Derwentwater Hostel	Keswick Site	Norwegian Store	Sweet Treats
Barclays Bank	Derwentwater Marina	Keswick Spa	Old Keswickian	Swinside Farm Cottage
Barn Gill House	Dog and Gun	Keswick YHA	Open All Hours	Swinside Inn
Birch How Guesthouse	Dollywagon Guesthouse	Kingfisher	Out There Over The Top	Swinside Lodge
Blacks	Dorchester House	Kings Head Hotel	Oxleys Underskiddaw	Swiss Court Hotel
Bookends	Eden Green	Kirkbride Eyecare	Packhorse Inn	Tarn Hows Guesthouse
Booths	Edwardene Hotel	Knotts View	Paramo	Temple Sports
Boots Chemist	Eel Crags	Kong Adventure	Parkergate	The Beeches
Borrowdale Caravan Club Site	Electric Shop	Lairbeck Hotel	Peathouse	The Chalet
Borrowdale Hotel	Ellergill Guesthouse	Lake Road Inn	Pheasant Inn	The Heights Hotel
Borrowdale YHA	Farmers Arms	Lakeland	Pillar House	The Lakes Fish Restaurant
Braithwaite Court HPB	Fat Face	Lakeland Décor	Pizza Panorama	The Lookout Guesthouse
Braithwaite Shop	Ferndene Guesthouse	Lakeland Slate	Portland House	The Puzzling Place
Bramblewood Cottage	Field and Trek	Lakeland Toys and Hobbies	Primrose Cottage	Theatre By The Lake
Brierholme Guesthouse	Fine Designs	Lakeland View GH	Rathbone	Thornleigh Guesthouse
Brookfield Guesthouse	George Fishers	Lakes Bar & Bistro	Ravenstone Hotel	Thornthwaite Gallery
Brun Lea Guesthouse	George Hotel	Lakeside House	Ravenstone Lodge Hotel	TOG 24
Brysons	Glamara Outdoor Centre	Lanehead Farm Guesthouse	Ravensworth House	Touchwood
Cartwheel Guesthouse	Glencoe Guesthouse	Langstrath Hotel	Rickerby Grange	Travis Perkins
Casa's	Glendale Guesthouse	Larry's Lodge	Rivendell Guesthouse	Trespass
Castle Inn	Golden Lion	Laura of the Lakes	Rohan	Troutbeck Caravan & Camping Site
Castlerigg Farm Camping Site	Goosewell Farm Climbing Wall	Laurel Bank Guesthouse	Roly's Fudge Shop	Troutbeck Inn
Castlerigg Hall Caravan & Camping	Grange Bridge Cottage Café	Leathes Head Hotel	Royal Oak	Twa Dogs
Castlerigg Manor	Grange Café	Little Chestnut Hill	Salutation Inn	Tynemouth Lodge Hotel
Chittlee Guesthouse	Greystoke House	Littlefield Guesthouse	Sandon Guesthouse	Wainwright Inn
Claremont House	Greystones Guesthouse	Lodore Falls Hotel	Saw Mill Café Dodd	West View Guesthouse
Clarence House	Hawcliffe Guesthouse	Love The Lakes	Scafell Hotel	Wetherspoons
Coledale Inn	Hazel Bank Hotel	Luchinis	Scales Farm Cottage	Whinlatter Siskin Tearoom
Cornish Pasty	Hazelmere	Lynton Lodge	Scotgate Camping Site	White Horse Inn
Cotswolds	Hedgehog Hill	Lynwood Guesthouse	Seatoller House	Wild Strawberry
Craglands Guesthouse	Herdwick Guesthouse	Lyzick Hall Hotel	Seven Oaks Guesthouse	Winchester Guesthouse
Cragside Guesthouse	High Lodore Farm Café	Mary Mount Hotel	Shemara Guesthouse	Winfields
Crow Park Hotel	Honister Mine	Medical Centre	Silverdale Hotel	Yew Tree Guesthouse
Cumberland Pencil Museum	Hope Memorial Camp	Middle Ruddings Hotel	Skiddaw Croft	
Cumbria House	Hope Park Mini Golf	Mill Inn Mungrisedale	Skiddaw Grove Hotel	
Cumbrian Cottages	Horse & Farrier	Millets	Skiddaw Hotel	

A note about the paintings used on the Report covers

Venus Griffiths has kindly donated the painting for each Annual Report from 1999 - 2018.



20 years - 20 paintings



Thank you Venus!

Please Support Us

Donate to the Team

There are many options for supporting the work of Keswick MRT. Donations, large and small, will be warmly welcomed by the Team at all times. Please support the Team through the links from the website www.keswickmrt.org.uk to **The Charities Aid Foundation, justgiving, and JustTextGiving.** Please read the following if you wish to donate to Keswick Mountain Rescue Team.

Gift Aid

Provided you pay Income Tax, the Team can now reclaim the tax you have already paid on the sum donated to the Team, from the Inland Revenue. It simply requires you to fill in the form below or use a photocopy of the form, and return it to the Treasurer.

Through our website: www.keswickmrt.org.uk
The Charities Aid Foundation



GIFT AID DECLARATION

Name of Charity
Keswick Mountain Rescue Team

(Charitable Incorporated Organisation No. 1165345)

Full name and address of donor in CAPITALS

Mr/Mrs/Miss.....

Address

.....

Post Code.....

I want Keswick Mountain Rescue Team to treat the following as Gift Aid Donations (delete as appropriate):

- the enclosed donation of £
 - the donation(s) of £.....
- which I made on...../...../.....

- all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until further notice

Signature

Date...../...../.....

Notes

1. You can cancel this declaration at any time by notifying Keswick Mountain Rescue Team.
2. You must pay an amount of income tax and/or capital gains tax at least equal to the tax that Keswick Mountain Rescue Team reclaims on your donations in the tax year (currently 25p for each £1 you give).
3. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that Keswick Mountain Rescue Team reclaims you can cancel your declaration (see note 1).
4. If you pay tax at the higher rate you can reclaim further tax relief in your Self-Assessment tax return.
5. If you are unsure whether your donations qualify for Gift Aid tax relief, ask Keswick Mountain Rescue Team. Or ask your local tax office for leaflet IR 113 Gift Aid.
6. Please notify Keswick Mountain Rescue Team if you change your name or address.

**Please return this completed
Gift Aid Declaration
to the Team Treasurer:**

**Ian Wallace
Spooney Green, Keswick,
Cumbria CA12 4PJ**

Thank you for your support!

2018

Bankers Order

If you would like to make a regular donation to Keswick Mountain Rescue Team, please complete the Bankers Order below, or use a photocopy of the form, and return it to the Treasurer.

Provided you pay Income Tax, the Team can now reclaim the tax you have already paid on the sum donated to the Team, from the Inland Revenue.

Full name and address in CAPITALS	Bankers Order: please do not detach
Mr/Mrs/Miss	ToBank plc .
Address
.....
.....	(name and address of your bank)
Post Code	Name of Account
	to be Debited
The sum of £Annually/Monthly	Account Number
	Sort Code
Gift Aid	Please pay to HSBC Bank plc
I am a UK tax payer and I would like this and all future	(Sort Code 40-26-06) for the Credit of Keswick
donations I make to be considered as Gift Aid	Mountain Rescue Team (Account Number 60498173)
	The sum of £(figures)
Signed(words)
	on the day of 20
	and a like sum Annually/Monthly on the
	day of
	untilor further notice
	Signed.....
	Date 20

Please return this completed form to:

KESWICK MOUNTAIN RESCUE TEAM
Spooney Green, Keswick,
Cumbria CA12 4PJ

Thank you for your support!

2018

SPONSORSHIP: If you would like to raise funds for the Team, you can download a Sponsorship Form.

Alternatively, you may like to use the justgiving website to help you raise funds through your sponsorship effort.

The Keswick Mountain Rescue Supporters Shop



Keswick Mountain Rescue Team Supporters merchandise is available to purchase online – see the link from the Team's website:
www.keswickmrt.org.uk

If you want to learn more about the Team's work and history, please buy the "Call-Out" book and the 60th Anniversary DVD

CALL-OUT THE FIRST 50 YEARS

by George Bott (1997)

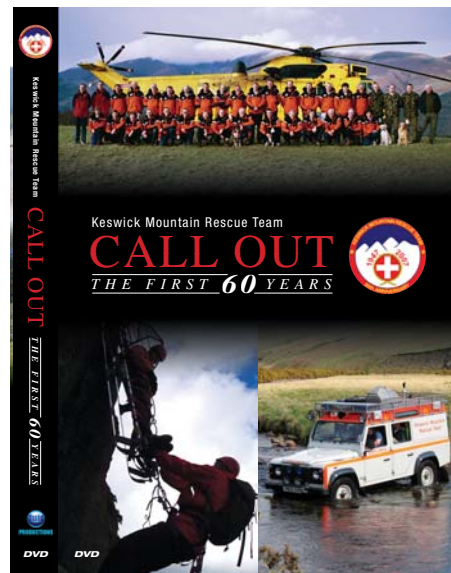
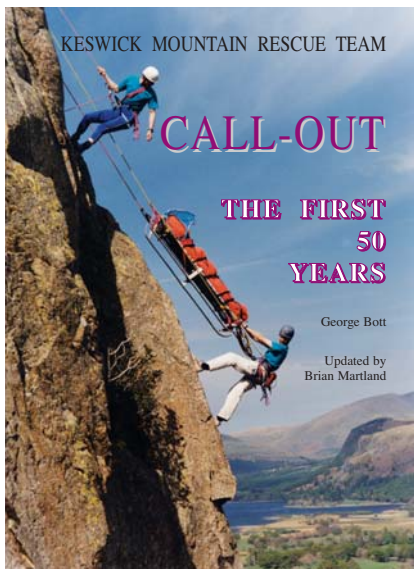
On 24 April 1946, Wilfrid Noyce, later a member of John Hunt's successful Everest team, was badly injured while he was climbing on Great Gable. His rescue – a long and difficult operation – prompted a local climber, Colonel Horace Westmorland, to form a properly organised Mountain Rescue Team.

From its humble beginnings, the Team has grown into a highly efficient, well-equipped group of volunteers, ready to respond to a call-out for help at any time of day or night.

CALL-OUT traces the story of the first 50 years of the Team, a history that records hardship and humour, dedication and drama, courage and commitment.

CALL-OUT has a full colour cover, photographs in colour and black and white, 60 pages. An extra four pages have been added to bring the story up to date.

All proceeds from the sale of **CALL-OUT** go to Team Funds.



CALL-OUT – 60th Anniversary DVD

Launched in August 2007. Running time approximately 71 minutes.

A look at the Team sixty years after the first rescue in 1947, featuring the varied exercises and call-outs attended by the Team.

Foreword by Sir Chris Bonington.

Bonus chapters include: The Rescue Base, Mountain Advice, Photographic Slide Show.

Also includes a section on facts and statistics, with information in the form of PDF files available to PC and Mac users. All proceeds from the sale of the **DVD** go to Team Funds.

Both obtainable from Mick Guy,
Limhus,
High Hill,
Keswick,
Cumbria CA12 5PB.

Cheques should be made payable to:
Keswick Mountain Rescue Team.

Book £9.00

DVD £9.00

including postage and packaging

999 Text Service for Emergency Calls



Incident 72

Mobile phone reception in the mountains can often be intermittent or non-existent. If you are involved in an incident on the hills and need to call assistance but cannot make voice calls, you may now contact the 999 emergency services using a short messaging service (SMS) text from your mobile phone.

The service was originally set up in 2009 for people who are hard of hearing or who have a speech impediment. The service has been successful in helping identify crime and enabling emergency calls to be made when otherwise contact would have been difficult or impossible for the people involved.

The service will now assist those needing emergency assistance in the hills when mobile reception is poor and there is not enough signal to make a

voice call. The benefit is that a text message can be composed and sent in a single operation. **You should specify 'Police-Mountain Rescue' when sending the text, and include information about your location, nature of the incident and those involved.**

You will only be able to use this service if you have registered with emergency SMS first. Register now: don't wait for an emergency. To register, text the word 'register' to 999. You will get a reply – then follow the instructions you are sent. This will only take approx two minutes of your time and could save your life!

Emergency SMS Website: www.emergencysms.org.uk

See also the Team's Website: www.keswickmrt.org.uk



***In an emergency for
Mountains/Rivers/
Lakes Rescue
call 999 (or 112)
and ask for Police and
then Mountain Rescue***



Be prepared to state:

- Your name, and the number of the telephone from which you are ringing, and its location
- The nature of the incident, and its accurate location, with a Grid Reference if possible
- The time of the incident
- The number of casualties
- The details of any injuries
- **STAY BY THE PHONE** so that the Team can contact you

For information about SMS Text Service for Emergency Calls see inside back cover