

2010

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1	01-Jan	13:19	Latrigg - Brundholme House area	Once again, we were requested to assist the Ambulance Service who could not reach the location because of the snowy and icy roads. On this occasion, a walker had slipped and dislocated her shoulder. A local farmer also gave assistance with the use of his tractor.
	02-Jan	17:39	Helvellyn area	A father and his teenage son were reported to be overdue and 2 miles from their car. As their car was not to be found on our side of the mountain, the incident was passed over to Patterdale MRT for their attention.
	02-Jan	19:02	Seathwaite	Overdue walkers - later turned up.
	02-Jan		Grisedale Pike area	Other walkers reported encountering a man who was poorly-equipped (for the wintry conditions) and who looked to be in a bad way. When they asked if he was OK, they were told to mind their own business!
2	02-Jan	19:40	Comb Gill - Raven Crag	A local resident reported flashing lights in the Comb. At first it was thought that the lights came from the popular winter climbing area, Raven Crag. However, team members located the climbers safely making their way down.
3	03-Jan	14:07	Cat Gill, Great Wood	A mother (43 yrs) and her daughter (5 yrs) slipped on the icy path and slithered about 30' down into the frozen gill. They both sustained severe lacerations and bruising, and the daughter (who was a star!) also broke her tibia. The Sea King helicopter from RAF Boulmer achieved some amazing manoeuvres in failing light to winch the 2 to safety and then take them to hospital in Carlisle.
4	03-Jan	16:51	Blencathra - Sharp Edge	A father and his son (14 yrs) became cragfast in icy conditions after completing a winter climb above the Tarn when trying to find a way off. Despite the failing light, the helicopter which had just completed the previous rescue, returned to pluck the 2 climbers from the crag face. Apart from extreme cold and red faces, they survived their ordeal!
5	04-Jan	08:23	Hawse End area	Workers at the local outdoor centre heard screams for help coming from the lake area from about 7 am. It was thought that someone may have fallen through the ice. Despite initial investigations, they found nothing so called in the emergency services. We were assisted again by the Sea King from RAF Boulmer in searching shore and the lake surface, but nothing was found.
6	04-Jan	14:53	Helvellyn - Birkside	A walker (M 41 yrs) got himself stuck in steep, icy ground when descending. We went to his assistance and brought him down.
7	06-Jan	13:53	Robin Hood	We were requested to assist the Ambulance Service by recovering its vehicle from a snow-covered hill after it had tried to access a remote property to take a medical case to hospital.
8	09-Jan	11:20	Derwentwater Boat Landing	A lady (48 yrs) slipped on the ice and broke her elbow. We attended to her until the ambulance arrived to take her to hospital.
9	15-Jan	12:08	Hind Crag Gully, Seathwaite	3 people were just completing the gully climb in the middle of the crag when the lead climbers triggered a wet slab avalanche which took the 3rd climber back down the gully. The 2 at the top feared the worst because they were unable to see to the bottom. The unfortunate one (M 36 yrs) struggled to stay on the surface and, after a 240m fall, ended up buried up to his middle in wet snow which had instantly 'set like concrete'. Although he had lost a crampon, he had managed to retain his ice axe, which he used to cut himself out. By the time he had done that (about 10-15 minutes) and got himself down to the track below, he was found by Team members who were just arriving on scene. The 2 at the top of the climb remained where they were until we were able to help them back down. A very lucky man with nothing but a few bumps and bruises!
10	24-Jan	15:19	Glamara	A group of 6 (between 25 and 61 yrs of age) became lost in the cloud and impending darkness. Their guest house proprietor raised the alarm. We managed to locate them well off any path and escort them back down to the valley.
11	29-Jan	16:12	Great End - Central Gully	A climber (62 yrs) was hit by a falling block of ice which had probably been dislodged by other climbers higher up the route. It rather looked as if he had broken his collar bone. While he was making his way down, he was met by a member of the Team. The climber was helped down and transport to hospital in Carlisle was arranged.
12	31-Jan	14:14	High Tove	A lady (60 yrs) slipped on the icy path and managed to break her arm. She was brought down to Watendlath.
	31-Jan	17:43	Latrigg	A local resident reported seeing torches flashing in the summit area for some 20 minutes before disappearing. This was treated as a false alarm with good intent.
13	01-Feb	13:04	Styhead Tarn	A lady (40 yrs) slipped and broke her ankle. Her partner happened to be a member of Edale MRT. He was well-qualified to assist at the scene but he needed us to help carry her down.
14	01-Feb	19:41	Carrock Fell	2 climbers managed to cause some concern with a local inhabitant and the police when their torches were spotted flashing as they were completing their winter climb at this late hour! However, they were fine. We went to meet them to make sure that all was well and then walked back down with them.
15	03-Feb	21:57	Fisher Gill, Thirlmere	11 students and 5 staff called for assistance when they decided it was too dangerous to continue down the path in the icy conditions. We located them and assisted them down to the valley where they were picked up by their minibuses. One of the students was suffering from mild hypothermia.
16	04-Feb	14:44	Central Fells	A lady (53 yrs) set off on a walk to Scafell Pike but became disorientated in the poor visibility and unnerved by the snowy and icy conditions. Together with Wasdale and Langdale/Ambleside MRTs, plus 4 search dogs, we eventually found her near the Corridor Route. For much of the time we had a good phone signal to her, but she was so lost, it was by good luck rather than by good fortune that we found her so quickly.
17	06-Feb	13:19	Dale Head - Great End Gully	A party of 6 were attempting a 'summer' scramble up the gully when one of them fell and bounced down about 15m, narrowly missing a domino effect with his friends. He sustained head, leg and back injuries. One of the group managed to scramble to the top of the mountain where he was able to get a phone signal to raise the alarm. A lengthy and tricky rescue ensued. 2 companions were lowered about 450 ft with a Team member to the base of the gully. Then a Sea King rescue helicopter from RAF Boulmer fortunately arrived on the scene and was able to winch the casualty up on a stretcher as well as the remaining 2 climbers. A job well done! (We later learned he had escaped with just a broken ankle).
18	08-Feb	11:54	The Benn, Thirlmere	While walking in the area, a young man discovered a badly decomposed body which has obviously been lying there for some time. Together with the Police, we assisted in the formalities and recovery.
19	09-Feb	12:00	Glamara - Cam Crag Ridge	We were requested by a local farmer to rescue 2 sheep from a ledge on the ridge. They had been there for 4 weeks.
20	09-Feb	20:59	Combe Door, Gillercombe	A local farmer reported flashing lights at the head of the comb - possibly showing a distress signal. It turned out to be a brother and sister (twins 30 yrs) who had lost their way between Scafell Pike and Stonethwaite and become very cold and benighted. We found them and accompanied them down.
	11-Feb	13:28	Nethermost Pike	We were alerted by the police to a climber who had fallen 500' down Eagle Crag, Borrowdale. When we called the informant, we immediately realised it was not our Eagle Crag, and the incident was quickly passed on the Patterdale MRT. In the event, the man had taken his fall on Nethermost Pike.

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21	13-Feb	15:03	Blencathra - Tarn Crags	2 young men and a young lady (20s) became cragfast when they attempted to climb the headwall behind Scales Tarn. We went down on ropes to them and assisted them up to the top. Then we accompanied them back to the valley.
22	13-Feb	16:13	Dale Head Tarn area	A lady (63 yrs) collapsed with exhaustion and a panic attack. We carried her down and transported her to hospital for a check up.
23	03-Mar	14:24	Great End - Window Gully	An experienced climber was soloing the gully and had almost completed the climb when he triggered an avalanche. Other climbers in the area remember seeing him in the gully and were concerned that he had been carried down in the avalanche. 3 mountain rescue teams, search dogs and 2 helicopters were mobilised. Happily, one of the first team members at the scene found the climber who was able to confirm that he had not been avalanched or injured.
24	06-Mar	14:17	Eagle Crag, Easedale	We received reports of shouts for help being heard on Eagle Crag (we assumed this to be the Eagle Crag in our area, in Greenup Gill). We proceeded to the area to investigate. Meanwhile we eventually received another call saying the incident was in Easedale so the incident was immediately passed to Langdale/Ambleside MRT. See incident of 11 February.
25	07-Mar	17:57	Grains Gill - White Bridge	Having worn crampons for most of the day, a woman (51 yrs) had hardly taken them off when she slipped and sustained a broken ankle. We treated her at the scene and carried her to a waiting ambulance.
26	09-Mar	18:35	Tongue Gill - Grange	A teenager (17 yrs) severely stubbed his toe when mountain biking down this very rough track and sustained a fracture dislocation. He was assisted back down to Grange for onward transportation to hospital.
27	12-Mar	12:17	Blencathra - Hall's Fell	A man became stuck in steep snow and unable to move safely. We went and extricated him from his dilemma.
28	14-Mar	12:56	Threlkeld Quarry	A man (73 yrs) fell when climbing over a fence and was then unable to get back up again. We were requested to assist the ambulance crew in carrying him down to the ambulance.
29	14-Mar	16:53	Barf	A mother and her 2 children (5 yrs & 11 yrs) became cragfast near Slape Crag, above The Bishop rock. We assisted all 3 of them safely back down to their car at the bottom.
30	17-Mar	12:05	Shepherd's Crag	Shouts for help were reported coming from this popular climbing area. Although we found climbers who had also heard the calls, despite a thorough search, nothing amiss was found. A false alarm with good intent.
31	21-Mar	12:30	Great End	A man (35 yrs), one of a group of 3 workmates, got out of control when sliding down a snow slope and fell 200m over the crag to his death. A RN Sea King assisted the team in the recovery of his body, as did 12 members of RAF Leeming MRT who were training in the area.
32	22-Mar	11:28	Castlehead	A lady (64 yrs) slipped on the rocky section of the path near the summit and broke her leg. She was treated at the scene and carried down to a waiting ambulance.
33	02-Apr	14:38	Watendlath Beck near Thwaite House	We were requested to assist in carrying a man with a broken tibia and fibula a short distance up a rough track to a waiting ambulance.
34	02-Apr	16:14	Blencathra - Sharp Edge	3 people attempting the Edge were caught out in a blizzard and became stuck and disorientated. While we were proceeding to the incident, along with a Sea King helicopter from RAF Boulmer, 4 other climbers managed to safely assist the 3 who were in trouble up to the top of the ridge.
	02-Apr	16:47	High Raise area	2 walkers became lost and exhausted in the snow, being unable to identify any footpaths as they were under snow. As we were already quite busy, and as the 2 had started their walk in Langdale, we requested that Langdale/Ambleside MRT take over the incident. Apparently, the couple eventually met up with other walkers who were able to help them in the right direction.
35	08-Apr	15:13	Coledale Hause area	A man (65 yrs) collapsed while walking. Despite the best efforts by all at the scene, the man sadly died.
36	09-Apr	15:17	Great Gable - Windy Gap	A teenager (14 yrs) slipped and tumbled about 10m. In the process he managed to break his arm. We treated him at the scene and carried him towards Honister Hause when we were met by the North West Air Ambulance which flew him to hospital.
37	10-Apr	11:30	Lodore Falls	A man (64 yrs) slipped and fell about 5m on to rocks in the gill. He sustained various cuts and bruises, but also a fractured femur.
38	10-Apr	12:09	Raven Crag - Corvus	A teenager (17 yrs) fell 10m from the 1st pitch of the climb, sliding at first, then penduluming until he hit a ledge in a gully. He was flown by a Sea King helicopter from RAF Leconfield to hospital. Although he was generally knocked about, he managed to get away with only minor cuts and bruises.
39	10-Apr	18:45	Thirlmere woods	We were requested to drive the forestry tracks to look for a young lady (31 yrs) who had become separated from her walking group.
40	13-Apr	00:04	Derwentwater	An 80 year old female was reported missing in the vicinity of the lake shore. Team members, search dogs and a police helicopter searched for an extended period before it was discovered she was in hospital!
	14-Apr	12:57	Helvellyn area	2 walkers phoned for help when they became cold and lost in cloud. When we spoke to them, they were unharmed and probably on a westward facing slope above Thirlmere. We advised them to walk downhill out of the cloud and re-orientate themselves.
41	15-Apr	13:19	High Spy	A boy (15 yrs) in a group of teenagers had a chronic asthma attack when on the summit. A passing group of adults took control of the situation and moved the group to a more sheltered location where they waited for the Team and an RAF Sea King helicopter. This was the day when all other UK air traffic was grounded for the first time because of the Icelandic volcano dust cloud.
42	17-Apr	14:16	Crag Hill	A fellrunner (49 yrs) turned her ankle while taking part in the Coledale Horseshoe event. She was treated at the scene and carried down to Force Crag before being taken in a Team vehicle down the dirt track to a waiting ambulance.
43	20-Apr	16:45	Whinlatter Forest	A mountain biker (45 yrs) took off from a lump and landed badly, going over his handlebars and landing on his face on the gravel track. He sustained head, back and internal injuries. After being treated at the scene he was carried a short distance to where the Great North Air Ambulance was able to pick him up and transport him to hospital.
44	22-Apr	17:23	Jenkin Hill	A man (78 yrs) was almost back from his walk up Skiddaw but was unable to do the last 800 metres to his car due to muscular problems. We were requested to assist the ambulance service in carrying him back to the road.
45	01-May	19:18	Sprinkling Tarn	A teenager (16 yrs) taking part in her D of E Expedition became unable to continue due to cold and exhaustion. She was treated at the scene and was able to walk back down with assistance.
46	05-May	13:11	Shepherd's Crag - The Grasp	A climber (26 yrs) fell 8 metres from the climb, injuring his pelvis and back. He was treated at the scene and carried down to a waiting ambulance. By 13 July we learned that he was climbing in the Alps! (See 2009 #117)
47	08-May	13:49	Castlerigg - Springs Wood	A lady (37 yrs) slipped on the gravelly path and injured her ankle. We assisted the ambulance crew in carrying her down to the road.
48	11-May	15:24	Grange - Cummacatta Wood	A man (65 yrs) sadly collapsed and died while walking. Again, we assisted the ambulance crew in carrying him down.
49	13-May	17:51	Robinson	A man (25 yrs) set off over Cat Bells and eventually became lost in the High Spy - Dale Head area. He was located on Robinson.

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50	16-May	13:41	Castle Crag area	A man (47 yrs) came off his mountain bike whilst descending the rocky track. He hit his head and broke his humerus.
51	16-May	14:50	Castle Crag area	As we were dealing with the above incident, another mountain biker (M 40 yrs) also fell off his bike lower down the track, managing to land on his face. He was also treated at the scene.
52	16-May	22:10	Great End area	We were asked to assist Wasdale MRT in locating a man in his 40s who was reported to be suffering from chest pains somewhere in the area. We were stood down as the incident was resolved before we were mobilised.
53	22-May	11:56	Castle Rock - South Direct	A climber (46 yrs) fell 8m from the first pitch of the climb and was left hanging upsidedown on his rope. However, he had hit his head and although wearing a helmet, had sustained cuts and concussion. He was treated at the scene and carried down to a waiting ambulance.
54	22-May	13:28	Cat Bells	A walker (57 yrs) fell while descending through an erosion control area (a short cut!). He hit his head and sustained a gashed hand. The Great North Air Ambulance requested our assistance in getting him down to the road.
55	24-May	16:10	A66 at Thornthwaite	A Major Incident involving all the emergency services, including 2 air ambulances, 2 Sea Kings and 3 mountain rescue teams. One of the school buses taking children back home from Keswick School to West Cumbria was involved in a collision with a car, overturning in the process. The car driver was killed as were 2 teenagers on the bus - a boy (15 yrs) and a girl (16 yrs). 4 others were critically injured. We were involved in the casualty recovery at the scene and afterwards with the less seriously injured who had been taken to the local village school which had acted as a holding centre.
56	25-May	15:15	Causey Pike	A lady (37 yrs) slipped and fell onto her outstretched hand. She dislocated her finger in the process. We met her doing her best to walk down. We gave her analgesia and managed to reduce the dislocation.
57	26-May	14:57	Crag Hill	A woman (60 yrs) injured her leg when a bolt of lightning struck the ground between herself and a companion. She, and the others in her party were airlifted to hospital. At the same time, in the same storm, a man was left unconscious for a while after he was struck on Grasmoor and hurled 30 feet into the ar. And a 3rd strike caught a woman on Whiteless Pike. She sustained singed hair. Fortunately, all 5 people were quickly flown to hospital by a RN Sea King.
	29-May	14:38	Honister Quarry	A man (72 yrs) decided to have a stretch and in so doing, he managed to dislocate his shoulder! Happily this was dealt with by the ambulance service as we were being mobilised.
58	30-May	13:34	Cat Bells	2 parents reported having lost their daughter (11 yrs) in the vicinity of the summit. As they had been unable to trace her in 90 minutes, they decided to call for our assistance. Once again, before we really got going on this one, the girl was located safe and well by the parents!
59	31-May	15:21	Cat Bells	A lady (58 yrs) slipped on the steep grass just north of the summit and broke her ankle. The North West Air Ambulance requested our help in carrying her down the steep bit, after which it was able to fly her to hospital.
60	01-Jun	17:47	Dodd Wood	A lady (55 yrs) slipped and broke her ankle. It wasn't far from the road, but, once again, we were required to carry her to the waiting ambulance. NOTE: When calling for the assistance of a mountain rescue team, call 999 and ask for Cumbria Police, then for Mountain Rescue. If a helicopter or an ambulance is required, we will mobilise it at the requisite time. Mountain Rescue Teams operate 24/7 in all weathers and conditions!
61	02-Jun	17:19	West Cumbria	We were asked to assist in search operations, with MRTs from across the area, following the 12 fatal shootings and 25 injured in Cumbria. We were involved for 5 hours searching verges and fields alongside all the roads used by the person involved.
62	03-Jun	13:52	Cat Bells	A lady (58 yrs) fell and broke her ankle 200 metres from the road. We treated her at the scene, carried her down and waited for the ambulance to arrive.
63	04-Jun	16:53	Whinlatter - Blaze Beck	A mountain biker lost contact with one of his pedals on a fast descent and bend, resulting in falling in such a way that his chest landed heavily on his handlebar stem. As a result he suffered a pneumothorax. With our team doctor, we did as much as we could for him before he was transferred to hospital by ambulance.
64	08-Jun	14:37	Blencathra - Doddick Fell	A man (50 yrs) slipped and injured his knee. We treated him at the scene and carried him down to an ambulance.
65	10-Jun	09:16	Seatoller to Great Gable area	A family raised concerns when they had failed to hear from their father (72 yrs) for 3 days. His car was still at his holiday cottage. We searched the most likely routes until a walker on the Gt Gable climbers' traverse reported finding a body near the Sphynx Rock. Wasdale MRT went to investigate and were able to report the likelihood of this being the missing man. Sadly, he appeared to have taken a fatal fall.
66	10-Jun	15:50	Shepherd's Crag - Finale	A solo climber (33 yrs) fell at least 45' on to the rocks below, sustaining serious multiple injuries. With our team doctor, we treated him at the scene before carrying him down for onward transport by the North West Air Ambulance to Carlisle Infirmary.
67	10-Jun	16:32	High Crag, Littleton	When this call came through, we thought it was on Crag Hill. Because we were committed to the above incident, we called Cockermouth MRT to carry out the rescue for us. It turned out the initial information was confused and our friends from Cockermouth had a relatively easy job helping 2 uninjured cragfast walkers down to the path.
	11-Jun	23:14	Castlerigg Farm area	We were asked to assist the ambulance crew in carrying a woman who had suffered a panic attack to the vehicle. We did not need to mobilise the team as the ambulance crew had managed to get the woman to the ambulance.
	12-Jun	10:56	Corridor Route	A walker reported having heard shouts for help at 8 am from a female. However, despite his attempts at returning the shouts, nothing was heard. We left him a voicemail and SMS to contact us, but we did not hear from him. We assumed he has probably heard a sheep.
68	19-Jun	13:48	Derwentwater - Manesty	A man (54 yrs) fell 20' out of a tree and sustained pelvic and internal injuries. We assisted the ambulance service at the scene before he was flown by the Great North Air Ambulance to hospital.
	23-Jun	04:47		An alert from the police for our assistance. On investigation, we were not mobilised. Details to follow.
69	24-Jun	17:00	Littledale Crag	A sheep and its ewe were successfully rescued from the crags where they had been stuck for a few days.
	27-Jun	14:16	Shoulthwaite Gill	A couple had reported themselves to be lost. By the time we had spoken to them by mobile phone, they had decided to retrace their tracks - to safety!
70	27-Jun	14:22	Castlehead	We were asked to assist the ambulance crew in carrying a boy (14 yrs) to the road. He had managed to dislocate his knee.
71	27-Jun	14:56	Langstrath - Gt Stanger Gill	Whistles and shouts for help were heard. Seemingly, 2 walkers had slipped and fallen. One (M 65 yrs) had tumbled 30'-40', broken his leg, sustained a possible pelvic injury and knocked himself unconscious. The other had got himself cragfast. The injured man was flown by a RAF Sea King to hospital in Carlisle.
	28-Jun	15:19	Haystacks	A female (38 yrs) was reported to have a broken ankle between Scarth Gap and Haystacks. As this incident had occurred in the Buttermere valley, it was immediately transferred to Cockermouth MRT.

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03-Jul	18:01	Sty Head	In the event, we were not required as Wasdale MRT had obliged! A group of 4 from Worcester had set off earlier in the day from Seathwaite and were descending Scafell Pike via the Corridor Route. One of the party, a lady (40 yrs) had sustained a knee injury (soft tissue) near the summit but had managed to get down as far as Skew Gill under her own steam before having to stop and call for assistance. She was treated at the scene and although she tried to walk down with assistance, she required stretching back down to the Wasdale Head Hotel where she waited for transport from the Keswick side.	
04-Jul	12:13	Swinside to Buttermere	A D of E Group comprising 7 17 yr olds was reported to be in trouble. On investigation, they were in the Watendlath area - some miles away from the reported position - and were eventually reported to be safe and well.	
72	04-Jul	13:57	Crag Hill	As we were involved in the previous incident, we passed this job to Cockermouth MRT. Report of a D of E party of seven 17/18 year olds overdue from Coledale Hause area. Two returned safely, had separated from the other group of 5. The group of 5 were eventually located near Crag Hill. They were escorted from the fell towards Coledale Beck and Braithwaite to a waiting vehicle.
73	06-Jul	11:24	Skiddaw - Jenkin Hill	A schoolboy (11 yrs) was reported to be suffering from chest pains. We stretched him down to the road where he was transferred by the North West Air Ambulance to hospital in Whitehaven. He was detained overnight for observations and further tests the next day.
74	07-Jul	11:58	Langstrath	A man (60 yrs) slipped and broke his ankle. While we were carrying him back from the area of the foot of Stake Pass, we received the next call, so we requested that the Great North Air Ambulance complete the recovery of this casualty while we dashed back to Cat Bells.
75	07-Jul	13:16	Cat Bells Traverse	A woman (53 yrs) slipped and folded her ankle back on itself. She was in a lot of pain and removing her boot relieved much of this. We were able to send a small team out from Keswick while the bulk of the team made their way from the previous rescue.
09-Jul	11:51	Scafell Pike	3 men tackling Scafell Pike from Seathwaite, as part of the 3 Peaks Challenge, failed to return at the expected time. They had started at 4 am and low cloud covered the tops. Judging by the time and location of their 'reappearance', they had got lost.	
76	10-Jul	13:38	Watendlath Beck	A man (49 yrs) slipped and broke his ankle. We treated him at the scene and carried him in very wet conditions to a waiting ambulance.
77	10-Jul	13:38	Head of Wythburn	A teenager taking part in his D of E Gold Expedition sustained an ankle injury. 2 of the group of 7 went for help while the remaining 5 waited for the Team. As we were also tied up with the previous incident, we had help from Cockermouth and Langdale/Ambleside MRTs.
78	10-Jul	17:36	Lower Falcon Crag	A young lady (27 yrs) fell 20m in an abseiling accident. She sustained multiple injuries and fractures. We treated her at the scene with our team doctor before she was winched into a Sea King from RAF Valley and flown to the Royal Preston Hospital. We later learned that she got away with 2 cracked ribs and multiple bruising. Lucky or what?!
79	15-Jul	13:51	Skiddaw, Doups	A young lady (17yrs) on a D of E expedition suffered an asthmatic attack, followed by an epileptic fit, which rendered her unconscious for 15 minutes. She was treated at the scene by the Team doctor, and stretched down for an ambulance to Keswick Hospital for further investigation.
80	17-Jul	13:09	Combe Gill - Intake Ridge	A 30 year old man fell and bounced 20m whilst scrambling on Intake Ridge, and suffered head, shoulder and arm injuries. The Air Ambulance was able to fly one of the Team doctors to the scene to treat the casualty. He was then evacuated with the assistance of an RAF helicopter, and flown to Carlisle for treatment.
81	17-Jul	15:55	Sty Head	Whilst Rescue 77 was in progress we were alerted to a possible incident in the Sty Head area, involving a casualty with a dislocated shoulder. Wasdale MRT was tasked to the scene.
82	24-Jul	23:30	Stonethwaite	An informant on the campsite reported a flashing light on the Dock Tarn path. Team members investigated, and found a torch flashing on a rock. Despite a search, no-one was found. Recorded as a False Alarm with good intent.
83	25-Jul	20:00	Central Fells	A 13 year old boy became separated from his mother and sister in the area of the Sty Head stretcher box, when he decided to climb Great Gable. In trying to re-locate the family, he became completely lost. Wasdale Team, who were originally tasked to the callout, requested assistance and a search was made of the area with Team members and search dogs. The boy turned up at the Langstrath Hotel some while later, unhurt. Re-uniting the family was further complicated when it was found that the car keys were in his rucksac.....
25-Jul	22:50	Ennerdale to Rosthwaite	The Team was alerted to the possibility of a missing walker on the Coast to Coast walk, who had not arrived at her accommodation. As no information was forthcoming as to her possible whereabouts, and the weather was mild, it was agreed to delay any search until the following morning, should it prove necessary. She phoned in at 1020 in the morning to say that she had spent the night in a youth hostel.	
			NOTE - If you change your plan for the day, let someone know! Most guest house owners will notify the Police if they believe someone is overdue, and this leads to unnecessary callouts.	
84	26-Jul	12:40	High Tove	A 17 year old student on a Duke of Edinburgh training collapsed with breathing difficulties close to the summit. After treatment he was stretched down to Watendlath where he was treated by the Team Doctor, and then transferred to hospital for investigation.
85	29-Jul	18:30	The Dodds - Sandbeds Ghyll	A sheep rescue was attempted in a difficult location. Unfortunately, it was unsuccessful.
86	01-Aug	19:50	Esk Hause	The Team was requested to assist Wasdale MRT with the evacuation to Seathwaite of an 80 year old male, who had collapsed with exhaustion during a guided walk. He was stretched down via the usual stretcher route, and taken to Keswick Hospital for a check up. We were grateful for the assistance of some members from Teesdale and Weardale MRT who were staying in Keswick.
87	02-Aug	22:13	Great Gable	A 70 year old solo walker who had arrived at Seathwaite by coach, was reported missing at 1930, when he failed to return from a walk in the Great Gable / Green Gable area. The Team Leader decided to wait a bit longer to see if he turned up. At 2200, the Team was assembled for a search, and search dogs from throughout the Lakes were requested. The missing person phoned in at 2247 to say that he had managed to hitch-hike back to Liverpool, and at this point, all units were recalled.
88	05-Aug	15:58	Friars Crag	The Team was requested to assist the ambulance service with the rescue of a 63 year old lady who had fallen near Friars Crag and suffered an arm injury. We were able to transport her in our 4 wheel drive ambulance to the road ambulance.
89	05-Aug	19:30	Blencathra - Halls Fell	A husband and wife became separated on the Halls Fell ridge. He continued to the top, while she returned to the car. She failed to arrive, and her husband raised the alarm when she could not be found. The Team organised a swift search of the roads and paths with a small number of Team members and search dogs, and she was located on the road, having taken a wrong turning coming off the ridge.

2010

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	06-Aug	11:38	Borrowdale to Grasmere	A man (55 yrs) phoned the police on a broken phone signal saying he was lost on his descent into Grasmere and was going hypothermic. We passed this incident to Langdale/Ambleside MRT who spent 3 and a half hours trying to locate him. He was flown to hospital by helicopter.
90	08-Aug	13:15	Glaramara - High House Tarn	A young man fell, dislocating his shoulder. Fortunately, a member of his party was able to put it back in, prior to the arrival of assistance. The Team got as far as Seathwaite, when the Air Ambulance arrived and was able to pick up the casualty, and fly him down to us, where he was examined by the Team Doctor. He was referred to hospital.
91	09-Aug	18:56	Derwentwater - Shoreline	The Team was requested to assist the Ambulance Service with the rescue of young man (23 years) who had fallen 3m out of a tree, suffering a serious fracture dislocation of his ankle. He was in considerable pain, and the Team administered pain-killing drugs. The Team doctor, assisted by team members were then able to reduce the ankle (re-align it) prior to transport to hospital.
	09-Aug	19:34	Grey Knotts	While the above rescue was in progress, the Team was alerted to a pair of walkers who were struggling to find their way off the fells above Rosthwaite whilst on the Coast to Coast walk. They were "talked down" by phone.
92	11-Aug	12:42	Esk Hause	A 62 year old man collapsed whilst walking with a friend. Despite the best efforts of the Air Ambulance crew, team members and passers by, he was declared dead on arrival at hospital. The Team escorted his walking companion down to Seathwaite.
93	12-Aug	16:26	Blencathra - Sharp Edge	A group of 4 reported themselves cragfast at the end of Sharp Edge, with one of them suffering a panic attack. The Team assisted them from their precarious location to safety, and they were able to walk off.
94	15-Aug	14:19	Watendlath - Surprise View	A man reported that his Collie dog had jumped off the edge. A search was conducted of the area below, but the dog was not located. The local dog warden was advised in case it came into care.
95	15-Aug	16:10	Clough Head	A paraglider made a bad landing, damaging both ankles. The Team arrived on scene at the same time as the Air Ambulance. After the casualty had been examined, the Air Ambulance flew him down the hill to our ambulance, and he was transferred to our vehicle for onward transmission to Keswick Hospital for treatment for sprains.
96	18-Aug	15:13	Cat Bells	A local farmer reported that a visitor had told him about cries for help at the Yewthwaite end of Catbells. The Team organised a brief search, and discovered that another visitor had been shouting for a dog. Treated as a False Alarm with good intent.
97	18-Aug	16:55	Blencathra - Halls Fell Ridge	Whilst returning from the previous callout, the police requested the Team to go to Halls Fell Ridge where a family with three young children had lost the path, and were in some difficult ground. A small team was sent out to assist them down, which took 5 hours.
98	18-Aug	21:15	Blencathra - Halls Fell Ridge	A visitor phoned the police to notify them that her husband had not returned from an early morning walk on Sharp Edge and Doddick Fell. The Team searched much of the steep ground along his route overnight, but were unable to locate him. The search was escalated at first light with search dogs and Penrith and Kirkby Stephen Mountain Rescue Teams. Later in the morning, a search dog found the man's body high up under Halls Fell Ridge. A helicopter from RAF Valley assisted in recovering the casualty, and transporting Team members off the hill.
				NOTE: By the end of these three incidents, the Team had been in operation continuously for 24 hours.
99	22-Aug	16:05	Helvellyn - Comb Crags	The Ambulance service requested assistance to carry down a 55 yr old gentleman who had broken his leg on the path above Wythburn Church.
100	25-Aug	16:34	Helvellyn - Lower Man area	A man requested help to rescue his dog which was cragfast and injured. The Team set off, but in the meantime, the dog was recovered by a passer by, relatively unhurt.
101	27-Aug	16:20	Glaramara - Raven Crag	A 14 year old girl fell whilst climbing, and injured her elbow. At that point, she was stuck at the top of the second pitch of Corvus. The Team was assisted by the Air Ambulance, who lifted personnel, equipment and the Team Doctor to the top of the crag. Once she was stabilised and on the stretcher, an RAF helicopter winched her and her mother on board, and flew them to West Cumberland Hospital.
102	29-Aug	13:38	Cat Bells	A 39 yr old woman collapsed whilst walking with her family. The Team and the Air Ambulance attended, and after diagnosis, she was transferred by the Team ambulance to the local hospital for a check up.
103	31-Aug	19:23	Rosthwaite - Lingy Bank	A 27 year old man fell off a tree branch whilst crossing a beck, and suffered a possible dislocation of his left knee. He was treated and evacuated to the road to be transported by ambulance to hospital in Carlisle.
104	02-Sep	15:04	Helvellyn	A 52 yr old man separated from his two walking companions to search for the pony path which was obscured by bracken, saying he would return in 15 mins. Three hours later, his companions raised the alarm. The Team mounted a search of the ghyll, and the heavily brackened area. Search dogs were requested to attend, but the misper then turned up, having walked to the top of Helvellyn ! His popularity was somewhat in doubt.....
	04-Sep	18:36	Ruthwaite Lodge area	We received a report of a 14-yr old boy who had become unable to walk due to blisters. As this was in Patterdale MRT's area, it was passed to them.
	05-Sep	15:21	?	The police contacted us about an overdue walker. However, as we were receiving the details, he turned up at 15:31!
105	06-Sep	12:38	Newlands - Scope Beck	A 51 yr old man slipped and broke his ankle whilst trying to rejoin his family for a self timed photo. He was treated and evacuated by stretcher to an ambulance.
106	09-Sep	15:37	Blencathra - Doddick Fell	A 70 yr old woman slipped on a steep descent, and suffered a fracture dislocation of the ankle. She was treated at the scene, and carried down to a waiting ambulance.
107	12-Sep	15:54	Hindscarth - Scope End	A 52 yr old woman slipped on a rocky slab whilst descending and injured her ankle. The Team administered first aid, and she was then carried down to the ambulance at Low Snab Farm.
108	14-Sep	13:01	Borrowdale - Stonethwaite	A man fell and tumbled approx 25m whilst in steep ground, suffering head injuries and severe lacerations. The Team attended to assist the ambulance crew who were unable to retrieve him from the location. He was carried about 500m to the ambulance for onward transport to hospital.
109	14-Sep	14:16	Rosthwaite - Watendlath path	Whilst returning from the previous incident, the Team was requested to go to the assistance of a 63 yr old man, who had blacked out while walking. However, Team members encountered him walking down from the reported location, having recovered somewhat. The Team provided transport to the local hospital, so he could be checked over by a doctor.
110	18-Sep	15:32	Sty Head - Skew Gill	A 26 yr old male sprained his ankle whilst taking part in a 24 Peaks event, and was unable to continue. A member of the Team was on the scene, and requested assistance to get him off the fell. The Team responded, and we were fortunate to have the assistance of the Great North Air Ambulance who managed to find a very brief break in the cloud to lift the casualty to safety.
	18-Sep		Coledale Horseshoe	2 overdue walkers were reported by their accommodation as being late. Needless to say, they were late!
111	18-Sep		Angle Tarn area	We were requested to assist Langdale/Ambleside MRT in searching for 2 lost walkers who had become separated from their part at Angle Tarn in the mid-afternoon. They turned up in Seathwaite, having lost their way.

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	18-Sep		Blencathra	Some more people who were overdue from their walk!
	22-Sep	16:45	Thirlmere area	A walker who was due to be back at his RV in Thirlmere failed to turn up at the agreed time. Not surprisingly he turned up safe and well - the lack of a good phone signal being the reason for us being called by the other family member.
112	23-Sep	11:12	Blencathra - Sharp Edge	A 40 year old woman fell approximately 60m from the awkward step into the usual gully on the north side. The Team responded quickly, and with the aid of the Great North Air Ambulance, who lifted a paramedic and the Team Doctor close to the scene, was able to stabilise her and splint her injuries. An RAF helicopter winched the casualty from the scene, and flew her to hospital.
	24-Sep	18:08	Moses Trod area	Some walkers became lost having climbed out of Ennerdale via Tongue Beck. We managed to talk them down by their mobile phone.
113	25-Sep	16:13	Borrowdale - Ruddy Gill	A 43 year old woman slipped on loose stones and sprained her ankle quite a long way up Ruddy Gill. The North West Air Ambulance was able to land fairly close to her, but needed Team members to carry her to the aircraft. She was flown to hospital in Barrow.
	25-Sep	15:42	Scafell Pike area	A young lady (26 yrs) was reported to have become unable to walk because her tendons 'had popped'. As this incident was found to be in Wasdale MRT's area, it was passed to them.
114	27-Sep	14:43	Ashness Bridge	A 78 year old woman walking with a group was taken ill on the path between Falcon Crag and Ashness. The Team treated her at the scene, and stretchered her down to Ashness Bridge, where she was picked up by an ambulance which took her to Keswick Hospital for further checks.
115	08-Oct	15:14	Thirlmere -Great How	A 70 year old woman slipped while walking and fractured her ankle. The Team splinted her leg, and transported her to the road to await an ambulance. As no road ambulance was available, she was transported to the Cumberland Infirmary by the Great North Air Ambulance.
	08-Oct	18:06	Castle Crag area	A report of 3 disabled people who were stuck in the Castle Crag area. However, as we were gathering information, we learned that they had managed to make their way down to Grange.
116	09-Oct	15:15	Borrowdale - Derwentwater Lakeshore	A 61 year old man slipped off the path next to the road and fell 6m on to the lakeshore, suffering arm and leg injuries. The Team were requested to assist the ambulance in retrieving him to the road, a process which involved wading through 40m of lake until we could get to a point where he could be carried up!
117	16-Oct	13:12	Castle Crag	A lady (55 yrs) slipped on loose ground and sustained a knee injury. She was treated at the scene and carried down for onward transport to hospital.
118	16-Oct	15:15	Derwentwater - Brandlehow Jetty	An 89-yr old lady was reported to have collapsed. She was carried to the road and taken by ambulance to hospital.
119	16-Oct	15:40	Carrock Fell	A paraglider crashed near the summit and sustained serious multiple injuries. He was attended to by a doctor and paramedics on scene before being flown to hospital by the Great North Air Ambulance.
	16-Oct	20:32	?	We were contacted by the police for a potential search but were not required.
120	19-Oct	14:42	Cat Bells - Hause Gate	A man (52 yrs) slipped on the steep, rocky path while descending from the Hause and managed to break his tibia and fibula. He was given analgesia and was splinted at the scene before being flown to Hospital by the Great North Air Ambulance.
121	20-Oct	17:30	Stockley Bridge	A 66 year old man slipped and fell, suffering facial injuries and an ankle injury. He was stretchered to the Team ambulance, and transported to Keswick Hospital for treatment.
122	22-Oct	11:16	Blencathra - Sharp Edge	A 49 year old man walking with his uncle became cragfast on a slippery section of the ridge close to the " Bad Step" . The Team roped him and his uncle back down on to the lower footpath, and from there they were able to descend unaided.
123	25-Oct	18:40	Borrowdale - Honister area	A 17 year old student on a Duke of Edinburgh expedition became separated from his group whilst they were making their way from Honister to Seathwaite. After a search by the group's supervisors, the Team was asked for assistance. Team members and SARDA search dogs were mobilised to sweep the area. However, the missing lad was turned up, unhurt, in the camping barn at Seathwaite, whilst the Team was en route down the valley. He had made his own way to the road, and walked round the foot of the hill.
124	27-Oct	11:54	Barf	A 67 year old man, following the Wainwright path up Barf with his wife slipped on an awkward step and fell 15 metres on to scree below. He suffered serious injuries to his head and shoulder. His wife was left cragfast on the ledge from where he had fallen and she was evacuated by a Team member whilst others treated the casualty. The Team was assisted by the Great North Air Ambulance which flew the Team doctor close to the scene. Given the severity of the incident and the difficult location, the Team requested a Sea King helicopter to attend to winch the casualty. A Royal Navy helicopter from RNAS Gannet at Prestwick attended, and the casualty was flown to the Cumberland Infirmary.
125	02-Nov	15:00	Langstrath - Woof Stones	A sheep was safely recovered from a ledge where it had become cragfast.
126	04-Nov	18:19	Keswick - Elliott Park area	The Team was asked to provide some swiftwater technicians following flooding in the Elliott Park area of the town, in case evacuations had to be made from the flats. The Team also assisted with distributing flood sacs to households under threat. After the Fire Service had pumped the area, the Team was able to stand down.
127	06-Nov	14:28	Cat Bells - Hawse Gate	A 39 year old woman suffered a panic attack which may have been exacerbated by her suffering from Menieres disease. She was walked down to the Newlands side of the hill by Team members.
128	09-Nov	12:15	Sale Fell	A 67 year old woman slipped on wet leaves. The Team assisted Cockermouth MRT in locating the casualty, as the initial information was unclear. The woman was carried down to a road ambulance, and transported to hospital.
129	17-Nov	13:00	Clough Head - Sandbed Gill	Three Team members went to rescue a sheep cragfast on a ledge.
130	20-Nov	13:30	Watendlath - High Tove path	A lady (61 yrs) slipped and broke her ankle on the path above Watendlath. The Team carried her down to a road ambulance for onward transport to hospital.
131	21-Nov	18:13	Ennerdale to Honister Footpath	A 40 year old man was reported missing after a long walk over Gable and Kirk Fell, having taken a different return route to rest of his group. The Team sent a small group out to Honister to locate the rest of the party. After the missing person was reported to be at the foot of Loft Beck, Cockermouth MRT took a vehicle to recover him.
132	23-Nov	12:30	Scope Beck Crag, Newlands	Team members successfully retrieved a cragfast sheep.
133	04-Dec	00:54	Clough Head - Bram Crag	2 climbers set off at midday to climb Sandbed Gill in winter conditions. They were well-equipped but got into difficulties after attempting to get out of the gill and making a couple of abseils. They then became benighted. They phoned a friend to say they would be spending the night on the mountain and she contacted the police for advice. Having spoken to them ourselves, the decision was made to assist them down. There had been a heavy snowfall during the evening.

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134	06-Dec	13:43	Great End - Central Gully	2 climbers became cragfast in poor snow conditions, whilst attempting a winter ascent. They believed that they were at risk of being avalanched. The Team responded with an initial team of 6 being despatched, and were grateful to be offered assistance by the RAF, whose helicopter lifted two Team members plus kit to the scene from Seathwaite, thereby saving an hour. The helicopter crew then decided that the two climbers could be winched from where they were, and within 30 minutes had landed them, and the Team members, back at Seathwaite.
	18-Dec	19:40	Helvellyn - Swirls area	The Police received a report of lights on the side of Helvellyn. As they were still moving downwards towards safety, no further action was taken.
135	19-Dec	13:45	Borrowdale - Sour Milk Ghyll	A 43 year old man tore knee ligaments whilst ice climbing, and was subsequently unable to walk. The Team carried him down by stretcher, and he was taken to the Cumberland Infirmary for treatment.
	20-Dec	22:12	Carrock Fell	The Police received a report of flashing lights on Carrock Fell. As there was no request for assistance, the Team was stood down. Logged as a " False Alarm with Good Intent" .
	21-Dec	20:58	Clough Head	An ambulance crew who were driving along the A66 reported seeing flashing lights - as if from head torches. A couple of Team members who lived in the area monitored them, but all appeared to be well as the lights moved down the fell.
136	22-31 December	14:52	Whinlatter Forest	A 43 year old female was reported as missing. The Team supported Cockermouth MRT in a major search which involved four rescue teams, search dogs, a police helicopter and an RAF Sea King with Infra red search equipment. The search was lengthy, lasting several days, and covered a large area of forest around the Visitor Centre, and the surrounding fellsides. Her body was found a month later by a walker with his dogs. See also 2011-2010#136.
137	27-Dec	15:56	Blencathra	A 60 year old man was reported as being in difficulties by his daughter, after she had received a phone call from him. As we had no way of knowing his route, we had to wait until his car had been located before a plan could be put in place. With the assistance of Cockermouth MRT, Penrith MRT and 4 search dogs, he was eventually located north west of Atkinson Pike by a Keswick team member.
138	28-Dec	15:58	Blencathra - Glendaterra Track	A 34 year old man slipped on ice and suffered a head injury. The Team treated him at the scene, and he was taken to the Cumberland infirmary for further investigations.
139	28-Dec	16:00	Newlands	We were requested to assist a nurse with transport to a patient needing routine treatment because of difficult road conditions.
	28-Dec	16:25	Newlands - Dale Head Tarn area	A party was reported overdue. Details were taken but it was decided to give them a bit more time to walk in, which they duly did about 30 minutes later.
140	28-Dec	17:34	Blencathra - Sharp Edge	The Team was requested to assist a couple who had become cragfast above the bad step. Team members who had been dealing with Incident 134 were re-deployed, and a further team was sent to support them. The couple were roped to the summit ridge and walked off.