				A man, walking alone, reported himself to be lost in the Cat Bells area. We spoke to him on his
	01-Jan	18:59	Cat Bells - Maiden Moor area	mobile phone and were able to ascertain that he had a torch and GPS and was on a path. Putting everything together, he was advised to walk downhill to, hopefully, arrive in Grange village - which he did by 20:15 hrs.
1	03-Jan	13:00	Blencathra summit	A 46 year old lady slipped on ice and broke her arm. Conditions were very cold, so it was fortunate for all concerned that the Great North Air Ambulance was able to fly to the scene and take her to hospital in Carlisle.
				15 members - 1 hour 30 minutes 2 walkers got lost in a whiteout and went to ground in a stone shelter. We worked out where
2	07-Jan	15:20	Bowscale Fell summit	they probably were from information given over the phone. We found them very cold but otherwise well and walked them back down to the valley. 23 members - 3 hours 25 minutes
3	08-Jan	17:10	Great End - Left Hand Groove	2 climbers got into trouble when completing the climb and requested help in getting out of the gully. They were encountered by 2 other climbers doing the same route, who were able to help them out of their predicament.
			Creat End Laft Land	Another 2 climbers were reported to be stranded somewhere on the cliff. It then transpired that they had been delayed in helping the 2 from the previous incident.
4	08-Jan	17:10	Great End - Left Hand Groove	Because of the unknown potential outcome, we enlisted the help of Cockermouth and Wasdale MRTs and a Sea King rescue helicopter from RN Gannet. 22 members (KMRT), 15 members (CMRT), 2 members (WMRT) - 3 hours 50 minutes
				Resulting from a further possible sighting of the person reported missing in 2010/136, members searched the immediate area with police dogs on the Saturday and 47 members from 7 Teams
2010	15-16 January	08:30	Force Crag area	combed the area on the Sunday. The Teams involved were ourselves, Cockermouth, COMRU (Cumbria Ore Mines Rescue Unit), RAF Leeming MRT, RAF Valley MRT, SARDA (Lakes) and SARDA
122				(England). Nothing was found. Her body was found on 20 January in Whinlatter Forest by a man walking his dogs.
132 contd				47 members - 7 hours
5	22-Jan	15:34	Glenderaterra Beck	A diabetic walker requested assistance when suffering from low blood sugar. A small team and one of the Team doctors were sent along the track from the Blencathra Centre to assist, and transport him back to his vehicle.
				13 members - 1 hour 30 minutes A 43 year old lady slipped on frozen turf whilst descending, and fractured her left ankle. The Team
6	30-Jan	14:35	Cat Bells	treated her at the scene, and carried her down to a waiting ambulance for onward transport to hospital in Carlisle.
				18 members - 1 hour 5 minutes A 41 year old lady slipped in some mud when crossing Barrow Gill, and broke her ankle when she
7	10-Feb	12:50	High Coledale	fell. She managed to drag herself up a 60m bank to get a phone signal, and raise the alarm. The Team treated her at the scene administering pain-killing drugs and splinting the injury. She was
				then carried down to the ambulance and taken to hospital. 11 members - 1 hour 12 mins
				A party of three young adults decided to climb Skiddaw by an unusual route. From Millbeck they attempted to scale the east flank up to Little Man. They got cragfast approximately 200m from
8	10-Feb	17:11	Little Man - Grey Crags	the top, and were then benighted as they had no torches. The Team took a while to locate them as the location was on difficult ground, but eventually found them and walked them off safely.
				19 members - 3 hours 31 minutes Having ascended Sharp Edge, one in a group of 5, who had no torch, failed to arrive from his
9	12-Feb	17:46	Blencathra - Hall's Fell	descent of Hall's Fell. While we were starting up the fell to look for him, we heard that he had got down and phoned his friends from a call box.
				15 members - 1 hour 25 minutes A party of 8 walkers was reported to be overdue and without torches. The Team, assisted by
10	12-Feb	18:40	Glaramara	some members of Kinder team who were staying in the area, did a local search and found them as they were approaching the road.
4.4		14.00		4 members - 50 minutes We were requested by a local farmer to rescue a sheep which had become cragfast. Mission
11	14-Feb	14:00	Bram Crag Quarry area	successful! 3 members - 1 hour 10 minutes 2 walkers set off in wintry weather but get into difficulties in the icy and windy conditions. We set
12	15-Feb	12:19	Blencathra - Sharp Edge	2 walkers set off in wintry weather but got into difficulties in the icy and windy conditions. We set up a fixed rope and assisted them off. 18 members - 3 hours 30 minutes
				Three young men set out to climb Glaramara following only a guidebook description. They were caught out by the weather and eventually darkness, as they had no map, compass or torches. The
13	21-Feb	15:20	Glaramara	Team, assisted by two search dogs, eventually located them close to the summit and assisted them down.
				15 members + 2 dog handlers - 4 hours A 62 year lady slipped and damaged her ankle. The Team treated her at the scene and carried her
14	24-Feb	15:15	Blencathra - Blease Fell	down to an ambulance for transport to hospital in Carlisle. 11 members - 1 hour 40 minutes
4 5		22.55		A 49 year old lady and her son (23 yrs) set off to walk up Scafell using a route from the internet. Unfortunately, they mis-routed, and ended up stuck in difficult ground below the Corridor Route
15	26-Feb	22:55	Central Fells	at Stand Crag. They were found by Team members at 0130 who walked them back down to Seathwaite. 12 members + 2 dog handlers - 6 hours 30 minutes
				A 33 year old man, mountain biking with his partner, lost control on a series of jumps and crashed, suffering a broken wrist and a head injury. The Team administered First Aid, and
16	28-Feb	12:31	Whinlatter - Bike Track	evacuated him to the road using our Sprinter ambulance. He was then transferred to a road ambulance and taken to the Cumberland Infirmary for treatment.
				14 members - 1 hour 50 minutes The Team were requested to help the Great North Air Ambulance with a 61 year old lady who had
17	07-Mar	15:01	High Rigg	slipped and broken her ankle. She was on a steep slope, and needed to be carried 250 meters to the aircraft, so she could be airlifted to hospital in Carlisle.
				8 members - 1 hour 15 minutes A local man was reported missing after he had failed to arrive home in West Cumbria, having left
18	08-Mar	23:00	Honister area	Honister in his helicopter earlier in the evening. We were requested to assist Cockermouth MRT in searching the area. The crashed helicopter was found in the early hours, not far from Honister.
10	10 Мат	10.55	\ <u>\</u> \+bb	Sadly the man had succumbed. The Team helped to treat and transport a 27 year old man who had slipped on wet rock and hurt his back, to a North West Air Ambulance believeter.
19	10-Mar	10:55	Wythburn	his back, to a North West Air Ambulance helicopter. 19 members - 2 hours 5 minutes A 64 year old man slipped and fell 5m down a steep rocky step, suffering head injuries. An
20	31-Mar	12:00	Blencathra - Doddick Fell Scaley Beck	 - ambulance crew were first on the scene and treated his injuries. The Team, having been notified late, evacuated him to the ambulance at Doddick Farm.
				9 members - 1 hour 25 minutes

21	10-Apr	17:34	Walla Crag - Cat Ghyll	A couple requested help when their 14 year old Border Collie dog fell off the path 30 metres into the ghyll at its steepest point. They were unable to see the dog, and feared the worst. A small group of Team members attended, and were able to recover the dog, apparently unhurt, but exhausted and cold from over an hour's immersion in cold water. It was taken to the local vet for a check over.
22	12-Apr	14:50	High Spy	 7 members - 1 hour 30 minutes A 45 yr old man, walking with his partner, had a fall near to the top of High Spy, and severely gashed his leg. The Team administered First Aid, and stretchered him down to Rosthwaite. He was then driven to Keswick to meet up with his partner, who then drove him to the Cumberland Infirmary for treatment. 20 members - 3 hours 30 minutes A 50 year old lady fell and cut her head badly, but was able to walk down towards Seathwaite. A
23	14-Apr	13:47	Sty Head	passer-by raised the alarm, and the Team responded. She was located near to Stockley Bridge, and checked over by the Team paramedic. She agreed to attend hospital at Keswick, and the Team gave her a lift as far as her own transport. 16 members - 2 hours 30 minutes An 85 year old man walking with an organised group suddenly felt faint, and could not maintain
24	22-Apr	17:56	Grains Gill	his balance. His friends walked him down to near Stockley Bridge, where he was met by the Team, and transported down to Seathwaite by Landrover. An ambulance then took him to the Cumberland Infirmary for further checks. 13 members - 1 hour 20 minutes
	23-Apr	17:00	Whinlatter - Lords Seat	A 31 year old man was reported overdue by his family after a walk to Lords Seat. He turned up safely 40 minutes later.
	23-Apr	19:17	Seathwaite	A Polish couple in their 30s were reported overdue by a relative after a walk up Scafell Pike. As the weather was good, the Team decided to allow more time for them to walk in, which they duly did by 2200 hrs.
25	23-Apr	21:30	Scafell Pike	A father and son were reported overdue on a walk to Scafell Pike. Further time was allowed for them to turn up, but after they failed to arrive, the Team organised a search. As the first group were departing, a phone call was received to say that they two thought they were on the Sty Head to Seathwaite path, and they were swiftly located by Search Dog Ginny and team members near the 1000ft boulder. Walked off fit and well, though very tired.
26	24-Apr	02:12	Grains Gill	9 members, 2 search dogs - 1 hour 30 minutes A 21 year old man walking with a Three Peaks group, injured his ankle, and had to be evacuated by stretcher after treatment. He was carried down to Seathwaite, and transferred to an ambulance for onward transport to hospital. 6 members - 2 hours 6 minutes
27	24-Apr	12:34	Clough Head	A 43 year old paraglider crash landed in boulders, suffering spinal, arm and wrist injuries. The Team assisted the crew of the air ambulance to transport him to the helicopter so he could be flown to the Cumberland Infirmary for treatment. 15 team members - 1 hour 55 minutes The Team was called to assist an ambulance crew with a 27 year old patient who had broken his
28	24-Apr	15:15	Launchy Gill, Thirlmere	ankle about 400 metres up the hill from the road. After a tricky extrication, he was loaded into the ambulance for transport to hospital. 16 members - 1 hour 54 minutes A sailor on Thirlmere capsized his boat, and was unable to right it. He was sighted clinging on to
29	03-May	14:24	Thirlmere	the side of the boat, and the alarm was raised by his partner, and other members of the public. The Coastguard Agency mobilised a number of agencies, including the Team, to go to his assistance. However, in the meantime, he had been helped by others on the lake to get to shore, and although cold, was unhurt. 22 members - 49 minutes
30	03-May	20:33	Whinlatter Forest	A 40 year old man mountain biking with friends, had a high speed crash and suffered serious head and neck injuries. A paramedic from North West Ambulance service was at the scene when the Team arrived, and together with the Team doctor, stabilised the casualty. Search dog handlers who had been training nearby, also assisted in splinting and evacuating the casualty to the Team ambulance. He was then driven to Braithwaite, where he was picked up by an RAF helicopter for transport to hospital in Newcastle. 18 members - 2 hours 42 minutes
31	15-May	12:02	Blencathra - Sharp Edge	A group of three called the Police to request assistance as they were cragfast on the Edge, close to the difficult step. The Team sent a party of 8 to deal with the incident, and after a handline and a rope were rigged, the group were escorted off the edge unhurt.
32	15-May	12:58	Borrowdale - Honister Pass	10 members - 2 hours 52 minutes A cyclist reported hearing whistles just off the Honister Pass near the cattle grid, close to the old packhorse route. As few details were available, the Team despatched two members to investigate as we were unable to regain contact with the informant. As they were nearing the scene, the Police contacted us again to say that the issue had been resolved. False Alarm, Good Intent.
33	18-May	18:29	Walla Crag	4 members - 37 minutes A 47 yr old Dutch national, resident in Otley, reported himself lost, and stuck on a steep slope north of Walla Crag, with a foot injury. The Team turned out a small group. One of the Team members located the man who had blisters resulting from previous serious injuries, stuck on a steep grass slope. He was escorted back to his campsite. 15 members - 40 minutes
34	19-May	20:55	Stoneycroft Ghyll	The Team was alerted to a fallen 16 year old, ghyll scrambling with a school group. He had suffered ligament damage to his knee, and was also soaked through from immersion in the ghyll. The Team administered analgesia before splinting the injury, and then evacuating him from an awkward location. He was taken to the Cumberland Infirmary by road ambulance.
35	21-May	11:43	Shepherds Crag - Brown Slabs	road. An ambulance then took him to the Cumberland Infirmary for treatment.
	22-May	14:46	Skiddaw - Carlside	12 members - 1 hour 27 minutes A group phoned for assistance when heavy showers and hill fog prevented them from finding a way off. Before the Team could respond, the weather cleared, and the group phoned to say they were all right.
	26-May	13:53	Keswick - Brundholme Woods	The Team's assistance was requested when an 81 year old lady hurt her knee. However a subsequent call informed us that she had managed to reach Low Briery campsite where she was picked up by an ambulance.

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'Alerts' are now included among the list of incidents - for general interest and as a result of a change in national reporting policy. These 'alerts', however, are not added to the tally of 'rescues'.

36	27-May	11:55		Steel Fell	A solo female walker made a poor route choice which resulted in her becoming cragfast in a very loose and slippery gully. Fortunately a helicopter from 177 Squadron was on exercise at Whitehaven, and arrived at the same time as the Team. The helicopter was able to winch her from a precarious position, and a Team member then went and recovered her rucsac which she had dropped when being winched. The helicopter then dropped her off unhurt at the foot of the hill, and she was able to resume her day - albeit by less demanding route!
37	28-May	00:50		Blencathra - Gate Gill	 9 Team members - 1 hour 10 minutes A supporter for a Bob Graham Round made a navigational error, and fell into a gill, suffering head injuries and a fractured arm. The Team, assisted by three search dogs, located him in Gate Gill in very difficult ground. With the assistance of Cockermouth MRT, he was extricated from the gill, and winched aboard an RAF Sea King from Boulmer. He was then flown to Cumberland Infirmary, Carlisle for treatment. 16 Team members 14 CMRT members 3 Search dogs RAF - 6 hours.
	38	29-May	12:23	Whinlatter Forest	A female mountain biker came off her bike and suffered head injuries. The Team was asked to attend to assist with her evacuation. However, as she was close to the road, the ambulance crew were able to get her on board, and the Team was were stood down.
		29-May	12:26	Greenup Edge	18 Team members - 27 minutes A man reported that he and his 62 yr old mother were lost on the Greenup Edge section of the Coast to Coast walk. Whilst he was being quizzed about his location, some other walkers appeared, and were able to assist him and his mother to safety.
	39	30-May	18:09	Langstrath - Cam Crag Ridge	A 54 yr old man fell 12-15m whilst climbing, suffering serious head injuries. His companion had to leave him to raise the alarm, and he had been there 2 hours by the time the Team arrived. An Air Ambulance attended but was unable to land close enough to be of assistance however, a helicopter from RNAS Gannet with a paramedic on board arrived only minutes later, and after he had been stabilised in a vacuum mattress, winched him off the crag and flew him to Whitehaven Hospital for treatment. Note: His helmet undoubtedly saved his life.
		31-May	10:45	Skiddaw area	23 Team members NWAir Ambulance RN Helicopter - 2 hrs 45 minutes A 51 yr old male was reported overdue, having not been in contact with his partner after the first day of a multi day walk on the Skiddaw, Blencathra and Helvellyn ranges. While the Team was discussing whether a response was needed at this time, the partner phoned the police to say that he had just texted her. False alarm, good intent. A 55 year old male paraglider made a bad landing after his chute collapsed. suffering severe arm
	40	03-Jun	14:02	Blencathra - Blease Fell	injuries. The Team responded, and assisted the crew of the Great North Air Ambulance to splint the injuries, and then carried the stretcher uphill to the helicopter. The casualty was taken to Cumberland Infirmary for treatment. 15 Team members - 1 hour 50 minutes
	41	03-Jun	16:26	Blencathra - Scales Fell	A 44 year old paraglider who was walking off, slipped and fell, breaking his ankle. The Team administered First Aid aid, and stretchered him down to a waiting ambulance, for onward transport to the Cumberland Infirmary. 18 Team members - 1 hour 19 minutes
		03-Jun	19:36	Cat Bells	A number of reports were made to the Police of flashes, apparently coming from the lower summit of Cat Bells. Observation through binoculars revealed a group of people who appeared to be having photos taken. As there was no apparent problem or report of distress, the Team was stood down.
	42	04-Jun	12:20	High Rigg	A 74 year old male was taken ill on the lower slopes of High Rigg. The Team administered First Aid and then evacuated the casualty to the Great North Air Ambulance. He was then flown to the Cumberland Infirmary for treatment. 17 members - 1 hour 25 minutes
	43	05-Jun	14:35	Skiddaw - Jenkin Hill	A 55 year old female mountain biker fell, and suffered head injuries. The Team responded, but the Great North Air Ambulance arrived first and was able to evacuate the casualty to Cumberland Infirmary without our assistance. 24 members - 1 hour
	44	05-Jun	19:21	Skiddaw - Jenkin Hill	A 45 year old female slipped and took a heavy fall in more or less the same place at the previous incident. She dislocated her shoulder. The Team doctor successfully relocated it, and she was carried down to a road ambulance for onward transport to the Cumberland Infirmary.
	45	07-Jun	15:12	Barrow	19 members - 2 hours 29 minutes A 68 year old female suffered an ankle injury whilst walking with a group. The Team splinted her leg, and stretchered her down to the roadside. A road ambulance then took her to the Cumberland Infirmary for treatment. 12 members - 1 hour 53 minutes
	46	07-Jun	15:40	Base Brown - Taylor Gill	A 62 year old female slipped off a stile, landing awkwardly in a boulder field. She suffered facial, wrist and knee injuries, but was able to make her way down to meet the Team close to Seathwaite Farm. She was transported to Keswick Hospital for treatment.
		16-Jun	18:20	Green Gable area	12 members - 1 hour 35 minutes A party of 2 (husband & wife) became separated between Green Gable and Great Gable. The husband arrived back at Seathwaite, the wife didn't. The Team Leader was able to speak to the wife who had a mobile signal at Grey Knotts. He directed her to Honister Youth Hostel, and her husband was notified of this arrangement by a team member living at Seathwaite. Remote rescue!
	47	24-Jun	12:35	Whinlatter Forest	A 35 year old man fell off his mountain bike on the south loop, and lacerated the back of his calf badly with the pedal. He was treated by a paramedic from the ambulance, and the Team then evacuated him via the bike track to the ambulance. He was taken to the Cumberland Infirmary for further treatment. 10 members - 1 hour 40 mins
	48	25-Jun	12:47	Blencathra - Doddick Gill	Four men lost the path descending Halls Fell Ridge after summiting Blencathra. One of them became mildly hypothermic, and they could not work out where they were. The Team turned out, and they were located just above Doddick Gill at an altitude of 510m. The hypothermic patient was able to walk down after taking on food and warm clothing.
	49	02-Jul	08:22	Whinlatter Forest	22 members - 3 hours 55 mins A 35 year old mountain biker came to grief when trying to negotiate a steep corner, breaking his leg. The Team were initially requested to assist the ambulance crew to evacuate him down to a waiting ambulance. However, the presence of the Team doctor at the incident meant that stronger analgesics were available for treatment. 14 members - 1 hour 23 mins A solo walker reported himself lost and very cold somewhere on the Coast to Coast route in
	50	08-Jul	23:00	Greenup Edge	A solo walker reported himself lost and very cold, somewhere on the Coast to Coast route, in the area of Greenup Edge. The Team were asked to assist a search being mounted by Langda/e Ambleside MRT in providing comms for two search dogs working up from Stonethwaite. The casualty was located by LAMRT members not far from the path, and escorted down to Grasmere. 3 members - 4 hours 20 mins

51	12-Jul	11:20	Seathwaite Slabs	A pupil with school group fainted at Seathwaite Slabs, banged her head and was unconscious. The Team were asked to assist in evacuating the casualty, but in the event, she was able to walk to a civilian ambulance. 12 members - 1 hour 10 mins
52	19-Jul	13:30	Blencathra - Sharp Edge	A walker tackling Sharp Edge became cragfast on the exit ramp to the summit when his knee locked. His companion raised the alarm, and the Team sent a group to rope him up to the top. Once recovered, he was able to walk slowly down with Team members.
53	19-Jul	14:02	Lodore Falls	11 members - 3 hours A 47 year old taking part in an organised ghyll scramble fell and dislocated his shoulder. The Team immediately diverted some members who had arrived for the previous incident, and sent further members as they became available. We were assisted by the doctor and paramedic from Great North Air Ambulance. The evacuation of this casualty was awkward, and involved hoisting the stretcher out of the ghyll, and then traversing a very slippery slope before the path could be reached.
54	19-Jul	14:45	Helvellyn - Dollywagon Pike	12 members - 2 hours 30 mins Whilst the previous two incidents were in progress, a woman turned an ankle and was unable to weight bear. Her husband raised the alarm, and the Team was paged. As we were by this time fully committed, this incident was passed to Patterdale team. A group of 4 taking part in a Three Peaks event were reported overdue, having left Seathwaite to
	20-Jul	11:08	Central Fells	walk up Scafell Pike at 0345. The weather had been generally poor, but they were given a bit more time to walk in, which they duly did at 1145. Cumbria Police requested assistance with a missing father and daughter, who had left a guest
	23-Jul	10:20) Rosthwaite Area	house for a walk the previous day and not returned. Their vehicle was still in the guest house car park. However, before the Team could take action, further police checks revealed that they had gone home to Humberside. leaving the car behind!
55	24-Jul	14:47	Brandlehow Wood	The NW Ambulance Service requested a team to assist the Air Ambulance with a 60 year old man who had become unwell and collapsed whilst walking. The Team stretchered him 300m to the Air Ambulance, and he was then flown to the Cumberland Infirmary for treatment.
56	27-Jul	16:03	Great Wood - Falcon Crag path	13 members - 1 hour 23 mins A 65 year old lady fell whilst walking and broke her wrist. The Team administered analgesia, splinted her arm, and then evacuated her by stretcher to an ambulance on the Borrowdale road. She was transported to Carlisle for further treatment.
57	30-Jul	13:41	Shepherd's Crag	A 39 year old man and his son became lost and stuck behind Shepherds Crag, after they had taken a wrong path on the way to Ashness. They were located by Team members in bracken close to the edge of Lodore Gorge, and walked down to High Lodore Farm unhurt.
58	31-Jul	15:59	Swirls - Stanah footpath	 11 members - 1 hour 14 mins A 35 year old woman slipped and fell into a ghyll, suffering a broken ankle and minor head injuries. She was treated by an ambulance crew, but they needed the team to help evacuate her from the ghyll, and stretcher her down to Swirls car park. She was taken to the Cumberland Infirmary for further treatment. 16 members - 1 hour 41 mins
59	01-Aug	12:55	Helvellyn - Brown Cove Crags	A 67 year old man, scarmbling with an organised party, was hit on the head by a falling stone, which caused him to fall 15m down a gully. He suffered lacerations to his head and severe bruising. His helmet undoubtedly saved him from further serious injury. The Team treated his injuries and transferred him to a stretcher. He was then winched into an RAF helicopter from Boulmer, which flew him to the Cumberland Infirmary in Carlisle.
60	05-Aug	13:52	Hawse End	16 members - 3 hours 27 mins A 67 year old woman walking round Derwentwater tripped on an uneven path and suffered an arm injury. She was treated by the Ambulance Service, and Team members carried her to an ambulance for transport to hospital. 5 members: 1 hour 18 mins
61	06-Aug	23:39	Coldbarrow Fell	A group of 4, walking from Wasdale to Dunmail Raise, reported themselves stuck. They believed themselves to be in steep ground on Steel Fell. The Team sent a group to search for them, but as a Plan B, sent a team search dog and two other team members up to Standing Crag, below Ullscarf. This group then heard whistles and after a short search located them on Coldbarrow Fell, nearly 5 km from where they thought they had been. At that point, they had been on the hill for 23 hours. The Team then walked them off to Watendlath, from where a Team vehicle delivered them into Keswick for a re-union with their support party.
	09-Aug		Scafell Pike	8 members + search dog - 5 hours 5 mins We were contacted by the Police as they had received information of a group lost on Scafell Pike who were trying to head for Langdale. As their mobile phone was not responding, we were unable to ascertain where they were or whether they required help. We decided to stand by for further information, but nothing more was heard. A 60 year old lady and her daughter phoned in to say the had become lost in the area while doing
	10-Aug	12:30	Greenup Edge	the Coast to Coast walk. They were encountered by an Outward Bound group who put a tent up for them to warm them up while more OB personnel were sent up from Wythburn to assist them down.
	10-Aug	13:30	Watendlath Fell	A D of E group had become cold and wet when then got lost in mist. We were able to guide them down when talking to them by mobile phone. A 67 year old man was reported with chest pains towards the top of Blencathra. The Team turned
62	13-Aug	13:00	Blencathra - Blease Fell	out to assist. The Air Ambulance was unable to access because of low cloud, but a Sea King which was in the area struck lucky with a break in the cloud, and was able to winch the casualty aboard. He was flown to Whitehaven Hospital for treatment. Team members walked off the rest of the casualty's party. 13 members - 2 hours 22 mins
	18-Aug	22:53	Borrowdale	The Team was alerted to a missing father and 16 year old son who had gone " for a walk in Borrowdale" at around lunchtime, and had failed to return. The Team requested the police to locate their car to pin down the area. No further action was necessary.
63	21-Aug	16:50	Shepherd's Crag	A 30 year old man fell 6m to the ground whilst leading "Ardus", and suffered a dislocation of his shoulder. The Team assisted paramedics from the Air Ambulance in treating him, and then carried him down to the aircraft which had landed in the field opposite. He was flown to the Cumberland Infirmary for further treatment. 18 members - 2 hours
64	25-Aug	15:15	Walla Crag	A 14 year old boy got separated from his family during a walk on Walla Crag. After 2 hours, his mother requested assistance as they could not locate him. The Team sent out a vehicle with a few Team members to talk to the parent, only for the boy to turn up whilst they were discussing a plan of action!
	27-Aug	23:15	Central Fells	10 members - 45 mins The Team were alerted to a missing male who had failed to return from a walk to Scafell Pike. Whilst enquiries were being made, he turned up.

	'Alerts' are	e now included amo	-	2011 idents - for general interest and as a result of a change in national reporting policy. however, are not added to the tally of 'rescues'.
65	28-Aug	14.09 Skidda	w - Dash Falls	A 50 year old man slipped on wet grass, twisted his knee badly and was unable to continue. The Team carried him down to the Dash Falls track and then transported him in a Team Land Rover to meet with an ambulance at Peter House Farm. He was taken to the Cumberland Infirmary for further treatment. 17 members - 1 hour 47 mins Two men attempted to do Sharp Edge in very poor weather conditions, and got stuck above the
66	03-Sep	13:41 Blenca	thra - Sharp Edge	 difficult step. The Team sent a small group out to rope them off, and held some more back in case of a second callout. 22 members - 3 hours 4 mins <i>Note: Sharp Edge is always very slippery in wet conditions, and the slippery feel to the rock will</i>
	03-Sep	23:56 Corrido	or Route	<i>then continue for a day or two following.</i> The Police requested the Team turn out to a rescue at Skew Gill. This was passed to Wasdale Team.
	04-Sep	10:46 Maide	n Moor	A man was reported overdue by his partner after he had not made contact following a walk on Maiden Moor the previous day. There was insufficient evidence to justify an immediate search, but in any event, he turned up shortly afterwards.
	05-Sep	20:21 Helvell	lyn	A man who got separated from his colleague in bad weather, during a walk on Helvellyn was reported missing. The Team decided to give him a bit more time to turn up, which he duly did.
67	06-Sep	14:01 Blenca	thra - Doddick Gill	A 26 year old female ran out of steam during a descent from the summit of Blencathra in poor weather. Her partner rang for assistance. Although the location was rather vague, a small team located them fairly quickly and, after re-warming and food, she was able to walk off the fell with support. 13 members - 3 hours 11 mins
	07-Sep	14:10 Nether	rmost Pike	A walker lost the path in poor visibility and rang in for help. We were able to work out where he was and talked him down using his mobile phone.
	07-Sep	14:41 Green	up Edge	A Coast to Coast walker reported himself as having lost the path on Greenup Edge in very wet and windy weather. He was given directions by a Deputy Team leader.
	07-Sep	18:09 Green	up Edge	A husband and wife reported themselves lost in the same place! They also were given directions, and after a further call at 2038, were given further guidance as they searched for Grasmere in the gathering gloom. Langdale Ambleside were alerted to their position.
	07-Sep	20:02 Helvell	lyn	An experienced walker was reported overdue by a friend. After some enquiries, it transpired this was on the Patterdale side of Helvellyn, so the task was passed to them BUTalthough he turned up safely later on, it turned out that he had been down to Swirls on our side of the hill, back up again, as far south as Dunmail Raise, then up to Grisedale Tarn, and eventually turned up at Grasmere, where he got a taxi to take him back to Patterdale! <i>If he had had a map, compass and torch</i>
68	10-Sep	17:15 Honist	er area	A mountain biker (24 yrs) was reported to have fallen from his bike half a mile from the Quarry and knocked himself unconscious. He was airlifted to hospital by an Air Ambulance which had also been tasked to the incident. A 51 year old female slipped while descending from Grisedale Pike and heard a crack as she fell.
69	14-Sep	13:24 Coleda	ale Hause	Together with the Great North Air Ambulance we treated her at the scene before she was airlifted to hospital in Carlisle. 12 members - 2 hours 36 mins
70	14-Sep	16:05 Dale H	ead Tarn	Just as we were leaving for home, we received a second call for another female (63 yrs) who had also slipped and injured her ankle. We splinted her leg, carried her down and transported her to the ambulance at Littletown. 17 members - 2 hours 41 mins
71	17-Sep	12:22 Green	up Gill	A passing walker encountered a couple who were deciding what to do after the lady had slipped and broken her ankle. The walker returned to Stonethwaite to raise the alarm. We attended and treated the casualty at the scene in readiness for the Great North Air Ambulance which flew in to take her to hospital in Carlisle. 14 members - 1 hour 35 mins
72	24-Sep	16:41 Sale Fe	ell	A 65 yr old man collapsed and died whilst walking with his wife and friends. After the Air Ambulance medic and paramedic had been unable to revive him, the Team assisted members of the ambulance service to carry the casualty from the fell. 20 members - 1 hour 52 mins
73	24-Sep	18:50 Blenca	thra - Blease Fell	A 34 yr old man, bouldering whilst under the influence of alcohol, fell off and injured his ankle. The Team were requested to assist the ambulance service by evacuating him to the ambulance for onward transport to the Cumberland Infirmary. 13 members - 58 mins
74	01-Oct	13:50 Dodd (Crag	A 62 year old woman walking with a friend fell 20m in a tumbling fall on the side of Dodd Crag, Shoulthwaite. Her companion also fell whilst trying to get down to her. The first casualty suffered spinal injuries and the second, severe abrasions, cuts and buises. Fortunately a helicopter from RAF Boulmer was training in the Lakes, and was on the scene in 20 minutes. The Team put the first casualty into a vacuum mattress, and then had to move her to a position from where the helicopter could winch the stretcher. Both casualties were then winched into the aircraft and flown to the Cumberland Infirmary for further treatment.
75	01-Oct	14:46 Portins	scale	 15 members - 2 hours 40 mins North West Ambulance service requested assistance to move a lady who had fallen down a river bank and suffered a leg injury. The Team was already comitted to the previous incident, but a further two members turned up to assist the Great North Air Ambulance crew to load her into the aircraft. 4 members - 30 mins Note: Both the above incidents occurred when other members of the Team were renewing their Swiftwater Rescue Technician qualification, so the Team was quite short handed on the
76	06-Oct	13:19 Skidda Carlsid		<i>day.</i> A 54 year old man was blown off his feet and damaged his leg, so he was unable to continue. In high winds and squally showers, the Team splinted his leg, and carried him down to the forest road at the top of Dodd. He was then transported to the Cottage Hospital for treatment.
	14-Oct	13:03 Steel F	ell	19 members - 2 hours 50 mins A couple reported themselves stuck on a steep slope. After investigation, it was found to be on the Grasmere side and was passed to Langdale Ambleside team for action. A 20 year old man had the misfortune to fall whilst climbing when the hold came off. He fell 12m
77	15-Oct	16:05 Bowde	er Crag, Borrowdale	on to rough scree, and suffered hip, pelvic and shoulder injuries. The Team administered analgesia, and splinted him in a vacuum mattress, ready for transport. He was then moved 100m with some difficulty into an open area of scree, from where a Sea King helicopter from RAF Leconfield was able to winch him aboard. He was then flown to Whitehaven hospital for treatment. 18 members - 2 hours 7 mins
	16-Oct	12:21 Grised Crag a	ale Pike / Force rea	A man walking in the area became disoriented when the cloud came down and got lost on some scree. We advised him to return uphill to his last known point and to find the path. He later called in to say that he was back on route!

78	17-Oct	15:48	Bowscale Fell	On a day when the weather had been widely forecast as severe and deteriorating, the Team was alerted by the police to a pair of female walkers, (34 and 39 years) who reported themselves lost and disoriented in poor visibility somewhere on Bowscale Fell. The Team immediately despatched a vehicle with six team members and a search dog to begin the search. Other search dogs were summoned from surrounding areas in the event that they could not be found in the area they had described. In torrential rain, winds of 50 - 60 mph and frequent heavy hail showers, the Team located them and was able to walk them down to Mungrisdale, cold and wet - fortunately before darkness fell. When asked if they had seen the forecast, they said they didn't think it would be that bad!
79	19-Oct	10:56	Barf	12 members + 1 search dog - 3 hours 5 mins. (6 other search dogs en route when stood down.) A 56 year old man walking with two companions, lost his footing whilst ascending very loose scree and crags on Barf. He fell and tumbled 60m, suffering spinal injuries, head lacerations and rib damage. The Team administered First Aid, and splinted him in a vacuum mattress. He was then manoeuvred on a stretcher to a point on the unstable hillside, from where it was possible for a helicopter from RAF Boulmer to winch him aboard. He was flown to the Cumberland iNfirmary in Carlisle for treatment. A family of 4, including an 11 year old, reported themselves lost on Glaramara without torches.
80	25-Oct	19:03	Glaramara	The Team mounted an immediate search with the assistance of Lake District search dogs who were training locally. The missing family was found by two Borrowdale members of the Team fairly swiftly near the top of Hind Gill, and walked down to Mountain View. Some of the Team members and dogs who were attending this incident were then diverted to a second incident, once the family had been found. 22 members + 2 search dogs - 4 hours 22 minutes
				Note: The Autumn is upon us - You may not intend to be out after dark, BUT TAKE A TORCH in case you are!
81	25-Oct	20:15	Central Fells	Whilst Incident 80 was in progress, the Team was informed that Wasdale MRT was searching for a party of three, which incuded a casualty with a knee injury, somewhere in the central fells. Wasdale requested that Keswick should cover the exit routes to the Borrowdale side, as the car belonging to this party had been found at Seathwaite. Team members and 2 search dogs commenced a search of the main routes, and a further dog and Team members joined later on from the previous incident. It was with some relief that Wasdale MRT reported a find in Eskdale at 21:35, and these groups were then stood down.
82	26-Oct	16:16	Blencathra - Hall's Fell	13 members + 3 search dogs - 1 hour 54 minutes A 13 year old female was taken ill whilst walking on Hall's Fell with her family. With the help of a passing walker, they managed to get her down to within 600m of the farm, but eventually came to a stop. The Team administered Casualty Care, and then stretchered her down to Gategill Farm, from where she was taken in the Team ambulance to Keswick Cottage Hospital for medical treatment. 11 members - 1 hour 42 minutes
	26-Oct	18:37	Central Fells	A couple navigating with a car sat-nav off Scafell Pike, rang police to say they were completely lost in bad weather. They were very distressed, but after patient questioning, it became clear that they were quite well down on the Wasdale side of the central massif. They were given advice and reassurance, and the task was passed to Wasdale team.
83	26-Oct	21:28	Bowscale Fell area	A 21 year old man from the Carlisle area reported himself lost and benighted somewhere is the area bounded by Souther Fell, Bannerdale Crags and Bowscale Fell. Information was sketchy due to poor phone signals. Although he had a torch, he had no map or compass. The Team mobilised a small group of team members and three search dogs to search the area in poor visibility, but were unable to locate him until a team Land Rover, which was searching the local tracks, turned him up on the other side of Blencathra. He had continued to move whilst the search was in progress and was more than 5km from his last known position.
	28-Oct	17:52	Green Gable	13 members + 3 search dogs - 4 hours 57 minutes The Police requested the Team's assistance when a 54 year old woman failed to return to Honister car park after a walk up Green Gable. As she was a diabetic, the Team began to assemble personnel ready for a search, but within 20 mins of the alert, she turned up at Seatoller safe and well.
84	30-Oct	12:07	Ashness Bridge	The Team responded to a request from the Ambulance service to assist in moving a man with chest pains near Ashness. Despite the best efforts of Air Ambulance paramedics and doctors, he sadly died at the scene. 8 members - 1 hour 18 minutes
85 3 November		13:15	Jopplety How	A 65 year old man slipped and suffered a leg injury whilst descending towards Watendlath. The Team arrived on scene just ahead of the Air Ambulance and assisted in transporting the casualty to the aircraft. He was then flown to West Cumberland Hospital for treatment.
	12-Nov	17:17	Shepherd's Crag	18 members - 1 hour 35 minutes A motorist reported flashing lights as she drove past the foot of the crag. Out view was that this was probably some climbers descending late from the crag. Nothing further was heard.
	19-Nov	15:20	High Spy area	A couple with no map, compass or torch became lost in the mist and gathering darkness. A Team Deputy Leader talked to them on their mobile phone and managed to point them in the right direction. They called back at 16:45 to say they had managed to get down safely!
86	20-Nov	15:50	Blencathra - Halls Fell	A 43 year old man and 33 year old woman reported themselves lost, cragfast and benighted in mist. They were not very well equipped. The Team sent a party of 4 to rope them down the difficult section, and then walk them off. 7 members - 4 hours 40 minutes
87	20-Nov	17:56	Green Gable area	A 74 year man walking as part of a ramblers group, failed to return from a solo walk to Great Gable. There was thick mist on the tops, and little wind. A search was mounted covering all the possible routes off, with the assistance of search dogs and Cockermouth MRT. Team Search Dog Ginny picked up his scent near the Loft Beck path, and after working down the side of Great Round How, whistles could be heard from the direction of Fleetwith Pike. This was relayed back to base, and further resources were fed in from the Honister mine track. The dog continued to press on towards the area where the whistles had been heard, and Cockermouth team members coming in from the Dubs Hut area located the missing man about 300 metres above the Warnscale path. He had taken a tumble, but was able to walk out with support.
				20 members, 2 search dogs + Cockermouth MRT - 3 hours 17 minutes A 42 year old woman slipped on muddy ground and suffered a severe lower leg injury. The Team
88	23-Nov	13:18	Grisedale Pike - Kinn	administered First Aid, and then evacuated her to the forest road in Whinlatter where she was loaded into a civilian ambulance for transfer to West Cumberland Hospital.

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					13 members - 1 hour 32 minutes
:	89	24-Nov	14:15	5 Latrigg - Aeroplane Wood	A 56 year old woman slipped on wet ground and suffered a lower leg injury. The Team splinted her leg and transported her in the Team Land Rover, where she was transferred to an ambulance to take her to the Cumberland Infirmary in Carlisle for further treatment.
!	90	02-Dec	18:34	Ullscarf	16 members - 1 hour 30 minutes Two walkers attempting a route from Thirlmere round Wythburn and over Ullscarf, became benighted in very poor weather conditions. Rather than risk a difficult descent, they went to ground. Team members and a Team search dog mounted a search from both the Borrowdale and Thirlmere side of the ridgeline, and they were found, cold and wet, approximately a kilometre south of Standing Crag. They were escorted down to a Team vehicle, and given a lift down through the forest to their car. 20 members - 4 hours
9	91	03-Dec	10:49	Latrigg	The Team were called to the sudden collapse of a 65 year old man, walking with an organised group. Despite the best efforts of the Team, doctor, and paramedics from the Great North Air Ambulance and North West Ambulance Service, he could not be revived. Team members carried him down to the car park at the foot of Spooney Green Lane for ambulance evacuation.
		04-Dec	17:51	Blencathra	24 members - 1 hour 46 minutes We received a report that someone had seen flashing lights on the mountain. When we contacted the informant, we were told that the lights had moved since the call – downhill. As we had not received any other calls for assistance, we assumed it was walkers who were descending late!
		07-Dec	20:12	Helvellyn	Another report of lights flashing. Again, there was no cause for concern as the lights were moving and there were no other calls for assistance.
9	92	17-Dec	17:39	Great Calva area	A 49 year old woman was reported overdue, on a walk in an area where it was feared there was a significant avalanche risk. Given the cold conditions, a search was mounted. The Team covered the major routes from her last known position, and a helicopter from RAF Boulmer was requested to overfly the area with its heat-seeking radar. After about an hour, she phoned in to say that she had found her way back to Keswick.
					16 members - 3 hours 6 minutes
9	93	18-Dec	13:55	Lord's Seat area	A 46 year old woman, sledging with her family, collided with a rock and suffered a leg injury which left her unable to weight bear. The Team drove up through Whinlatter Forest in snow, and located her on the main path leading to Tarbarrel Moss. She was treated at the scene, and then sledged down on the Team stretcher to meet up with the Sprinter ambulance. This took her, three children and two dogs down to the Visitor Centre, where she was transferred to a road ambulance for the journey to the Cumberland Infirmary at Carlisle.
		18-Dec	16:59	Blencathra	11 members - 2 hours 20 minutes A report was received about torches on Blencathra. After investigation, they were found to be still moving downwards, and no further action was required.
		22-Dec	14:45	Applethwaite area	2 red flares were reported, 10 minutes apart, oon the flank of Skiddaw. The police agreed to make further local enquiries before deploying the Team.

94	25-Dec	11:59	Latrigg	A 51 year old man slipped on muddy ground, and suffered suspected ligament damage to his ankle. The Team was able to drive fairly close to him, and transport an ambulance paramedic to the scene. He was able to limp to the team vehicle, and was then driven to the road ambulance about half a mile away. He was taken to Keswick Cottage hospital for further checks and treatment. The Team got home just in time for Christmas dinner !
				9 members - 1 hour 10 minutes
95	26-Dec	12:03	Millbeck area	A man was found collapsed whilst apparently following the hunt. The Team was requested to assist police officers at the scene, and one of the Team doctors was also able to attend. Unfortunately, efforts to revive him were unsuccessful. Team members helped to evacuate him.
	26-Dec	17:59	Blencathra	13 members - 1 hour 32 minutes The Team was alerted to a party overdue on Blencathra. Whilst the details were being investigated, the party turned up.