



KESWICK Mountain Rescue Team

A Registered Charity Number 509860

Annual Report 2012

Introduction



Grisedale Pike

Venus Griffiths

Welcome to the 2012 Annual Report of
Keswick Mountain Rescue Team.

This is a record of the Team's activities in 2011.

The Team operates in the area shown on the map on **page 2**.

Sometimes the Team is needed elsewhere.

Thanks

The painting has been donated by Venus Griffiths.

The framed original is for sale to the highest bidder.

It may be viewed at Derwent Frames, High Hill, Keswick.

All proceeds to Keswick Mountain Rescue Team.

www.keswickmrt.org.uk



Website homepage

For more information about the Team,
see www.keswickmrt.org.uk

Please support the Team through the links from the website to

[The Charities Aid Foundation](#) and [JustGiving](#).

And see ***"Please support us"*** on **pages 34 and 35**.

Photographs

All photographs used in this report

have been contributed

by Keswick Mountain Rescue Team members.

Keswick Mountain Rescue Team 2012

President: Mike Nixon MBE

Chairman: Alan Prescott

Secretary: Paul Cheshire

Treasurer: Ian Wallace

Spooney Green House
Spooney Green Lane,
Keswick, Cumbria CA12 4PJ

Team Leader: Mark Hodgson

Committee: Fiona Boyle, Paul Horder

Deputy Team Leaders: Chris Gillyon, Roy Henderson
Chris Higgins, Simon Hodgson

Medical Officer: Dr Tim Hooper

Training Officers: Steven Hepburn, Nick Jones

Radio Officer: Alan Prescott

Transport Officer: Allan Alcock

Equipment Officers: Richard Gale, Nick Jones

Base Officer: Paul Carter

Social Secretary: Elly Whiteford



Allan Alcock	<i>Retired</i>
Steve Allen	<i>Handyman</i>
Donald Angus	<i>Retired</i>
Gordon Barker	<i>Director</i>
Paul Barnes	<i>Fire Fighter</i>
Jan Beedham	<i>Laboratory Technician</i>
Martin Bell	<i>Paramedic</i>
Fiona Boyle	<i>Lecturer</i>
Paul Carter	<i>Production Manager</i>
Paul Cheshire	<i>Chartered Engineer</i>
Dr Adrian Clifford	<i>General Practitioner</i>
Neil Dowie	<i>Hotelier</i>
Donald Ferguson	<i>Retail Assistant</i>
Chris Francis	<i>Fire Service</i>
Richard Gale	<i>Systems Engineer</i>
Chris Gillyon	<i>Managing Director</i>
Geoff Gilmore	<i>Leisure Pool Manager</i>
Rob Grange	<i>Photographer</i>
Mick Guy	<i>Retired</i>
David Harbourne	<i>Project Engineer</i>
Chris Harling	<i>Managing Director</i>
Roy Henderson	<i>National Trust Ranger</i>
Scott Henderson	<i>National Park Ranger</i>
Steve Hepburn	<i>Carpenter</i>
Chris Higgins	<i>Outdoor Pursuits Instructor</i>

Mark Hodgson	<i>Project Director</i>
Simon Hodgson	<i>Builder</i>
Dr Tim Hooper	<i>General Practitioner</i>
Katharine Horder	<i>Head Teacher</i>
Paul Horder	<i>Retired</i>
Robin Humphreys	<i>Retired</i>
Andy Jones	<i>Guest House Proprietor</i>
Nick Jones	<i>Outdoor Pursuits Instructor</i>
Peter Little	<i>Pharmacist</i>
Tom McNally	<i>Outdoor Pursuits Instructor</i>
Malcolm Miller	<i>Retired</i>
Phil Newton	<i>Retired</i>
Mike Nixon	<i>Retired</i>
Simon Noble	<i>Retired</i>
Nick Ogden	<i>Outdoor Equipment Technician</i>
David Pratt	<i>Teacher</i>
Alan Prescott	<i>Senior Manager</i>
Jocky Sanderson	<i>Outdoor Pursuits Instructor</i>
Brian Spencer	<i>Retired</i>
Dr Tom Stenhouse	<i>General Practitioner</i>
Karen Sturgess	<i>Outdoor Pursuits Instructor</i>
Ian Wallace	<i>Retired</i>
Elly Whiteford	<i>Technical Officer</i>
Graeme Wilson	<i>Site Inspector</i>

Report Editor: Peter Little
Secretary (Meetings & Minutes): Nick Ogden

Secretary (Membership): Fiona Boyle

Secretary (Talks & Visits): Graeme Wilson

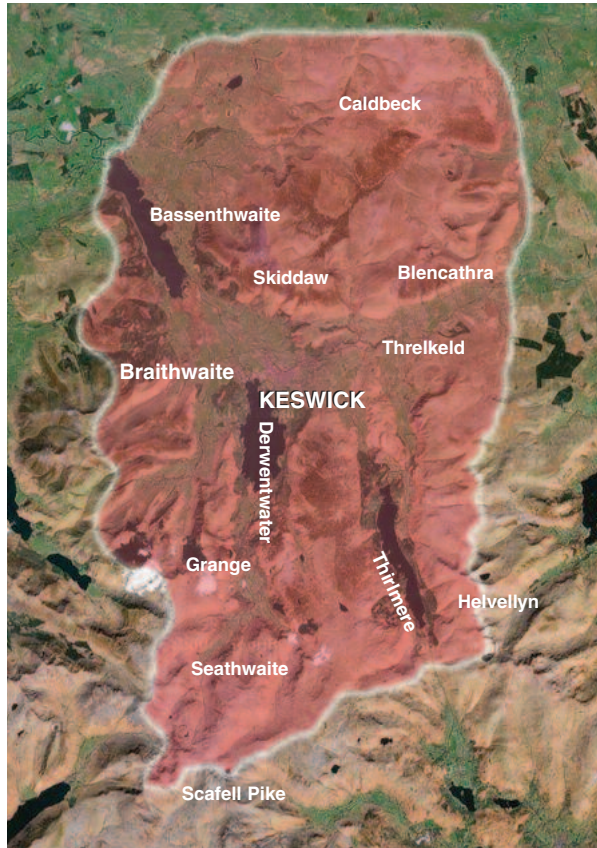
Secretary (Correspondence): Karen Sturgess

[\(secretary@keswickmrt.org.uk\)](mailto:secretary@keswickmrt.org.uk)

Keswick MRT Headquarters,
Lakeside Car Park, Lake Road,
Keswick, Cumbria CA12 5DJ

Collection Box Co-ordinator: Brian Spencer
Daresfield, Chestnut Hill, Keswick,
Cumbria CA12 4LS
See *page 33*

Keswick Mountain Rescue Team Area of Responsibility

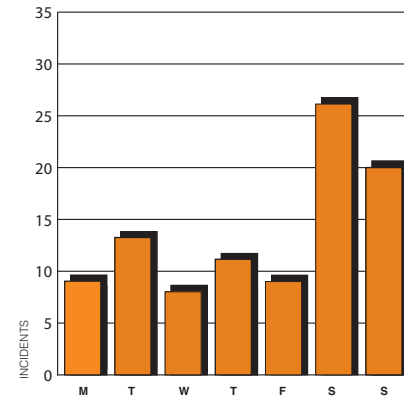


Map taken from maps.google.co.uk

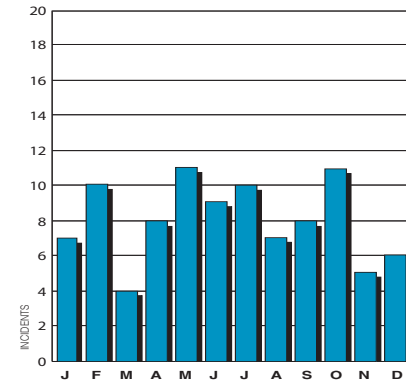
CALLOUT STATISTICS

96 Callouts, 6 Fatalities

DAYS OF THE WEEK 2011



MONTHS OF THE YEAR 2011



Team Leaders Report for 2012

2011 ended with Keswick Mountain Rescue Team attending 96 rescues, including one on Christmas Day and one on Boxing Day. Whilst nowhere near as busy as the preceding two years of 2009 and 2010 where we had 136 and 144 rescues respectively, 2011 was still the 3rd busiest year in the Team's 65 year history. Yet again the Keswick Team were one of the busiest rescue teams in the UK. In addition to the 96 rescues undertaken there were a further 37 alert calls from the Police that didn't result in a full Team callout but did take time to resolve; calls such as 'overdues,' lights seen on the fells at night, flares, etc.

All rescues undertaken by the Team are notable for our casualties, with many individual rescues sticking in the minds of Team Members. This year is no exception. Incidents ranged from leg injuries (28) to searches (19) mountain-bikers (7) cragfast and rock-climbing (16) and sadly included 6 fatalities. The Team worked with RAF and Royal Navy helicopters on 11 incidents and Air Ambulances on 20 rescues.

All team members are volunteers; a fact sometimes not realised by our casualties or their families and friends and a fact often not recognised at all by the general public. All volunteer members willingly give up literally hundreds of hours every year to go to the aid of walkers and climbers in need. In addition to all the time spent on rescues we train every week and also expend further time on maintaining and

replacing equipment and running the business of the Team.

The Team is hugely supported by members' partners and families. We are further supported by Team members' employers who allow them to attend rescues during working hours; in the current economic climate this is further demonstration of the huge support we receive. Additionally we continue to be humbled by the ongoing financial support we receive from all our local and wider supporters be this by way of donations following rescues, discounts, fundraising events, hosting of collecting boxes, legacies, etc. The Team is very grateful for all the support we receive; without this extent of support the volunteer members would need to spend even more of their time involved with fundraising activities, etc.

This time last year we were all enjoying 'alpine' conditions on the mountains of the Lake District, this year we're struggling not to be blown off our feet. For all trips into the hills it is important to be properly equipped and to know how to use the equipment. In addition to all warm and waterproof clothing, spare food, ice-axe and crampons, etc., it is an absolute imperative to have a map, compass, torch, whistle, etc. and have the skills in your group on how to use the map and compass. Often supplemented by GPS's and mobile phones, these traditional tools remain the most reliable. Technical advances mean that we can in certain



circumstances identify a casualty or missing person's location via their smart-phone – but this relies on the type of phone, signal strength (most often not good enough in the hills) and battery strength at the time. Many of our alerts and searches could have been avoided if all walkers were properly equipped; getting this message over to everyone remains as a major challenge! One aspect of this perhaps not recognised is that if we are out on a search all night for someone who is not properly equipped and perhaps didn't need rescuing – and then we are called out the next morning to a seriously injured casualty – it will be the same team members who respond; team members who could perhaps more efficiently respond if they hadn't missed the previous night's sleep.

We took the decision mid-year that we needed to expand to a 4th operational vehicle to make

Team Leader's Report

sure we could continue to operate efficiently. With the rise in the number of times we have multiple concurrent rescues we need to be able to get team members to these incidents safely and efficiently and have the off-road capability to transfer casualties on stretchers from these incidents. We took delivery of a second crew-bus/ambulance in February 2012.

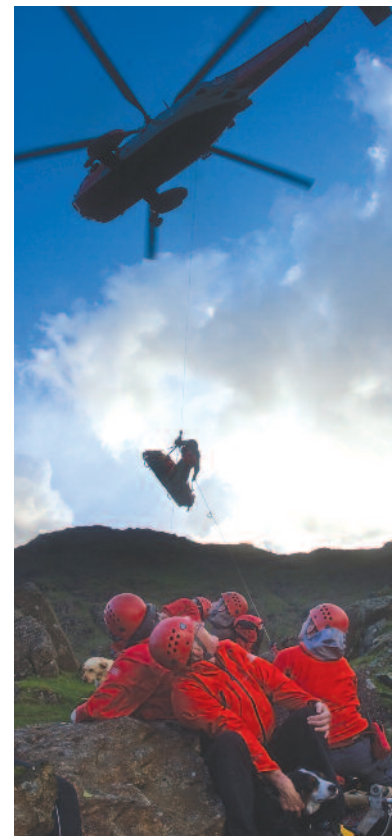
This year has seen a significant shift in the spread of incidents attended by air ambulances compared to RAF and Royal Navy helicopters, with air ambulances attending twice as many rescues as the military helicopters. Compared to previous years the numbers have shifted from the majority using military helicopters – to a roughly equal split and this year to its current split. This has transpired due to many rescues now being notified direct to North West Ambulance Service who task their assets prior to consulting with the Mountain Rescue Teams. The access to local knowledge of the Teams for timely tasking of the most appropriate resources for our casualties is consequently lost and can result in some inappropriate; or more worryingly, delayed tasking. We have been working hard with Cumbria Police and NWS over the years to make sure all casualties are afforded the best possible treatment by the most appropriate range of resources – work that needs to continue to make sure we get the best arrangements possible in place and agreed. This isn't, I hasten to add, a parochial drive

for us to do more rescues – we do enough of those already! We just want to make sure our casualties get the best possible treatment – on all rescues, no matter the time of day, the location, the on-scene weather conditions, or the terrain for helicopter usage. We do wonder at times if our suggestions and advice to NWS fall on deaf ears – perhaps because we are a voluntary organisation; albeit a voluntary organisation that provides a highly professional and specialist service, being voluntary only on the basis that we don't get paid.

Unless we have a very dramatic downturn in the annual rescue 'count' this year, 2012 will no doubt see the Team pass through the barrier of 3000 rescues undertaken since formation; we had completed 2949 up to the end of December 2011. One thing is for sure, all our casualties will get the best possible treatment we can provide, delivered by a team of the most professional and committed volunteers to be found anywhere.

To all lovers of the Lake District mountains – enjoy your time in the hills, but please make sure you go prepared. If you are unfortunate enough to need the services of a mountain rescue team, then dial 999 and ask for Cumbria Police; this route will ensure there is no delay in your call being directed to the relevant rescue team.

Mark Hodgson



Incident 39

Ninety Six Call-outs in 2011

Incident Report 2011

Edited from Team records by Peter Little

- 1 3 January 13:00**
Blencathra summit
A woman slipped on ice and broke her arm. The Great North Air Ambulance took her to hospital.
- 2 7 January 15:20**
Bowscale Fell summit
A man and a woman became lost in a whiteout and took shelter. The Team walked them down to the valley.
- 3 8 January 17:10**
Left Hand Groove, Great End
Two men requested help in getting out of the gully. They were helped by two other climbers doing the same route. No injuries.
- 4 8 January 17:10**
Left Hand Groove, Great End
Further to Incident number 3 (see above), two other men climbing the gully were reported to be in difficulty and out of contact. It then transpired that they had been delayed by helping the two climbers noted in Incident 3. No injuries.
- 5 22 January 15:34**
Glenderaterra Beck, Blencathra
A diabetic man asked for help when suffering from low blood sugar.
- 6 30 January 14:35**
Cat Bells
A woman slipped on frozen turf. Ankle injury.
- 7 10 February 12:31**
High Coledale, Braithwaite
A woman slipped in some mud at Barrow Gill. Ankle injury.
- 8 10 February 17:11**
Little Man, Skiddaw
A man and two women became cragfast on Grey Craggs. They were helped to safe ground and walked down the fell. No injuries.
- 9 12 February 17:46**
Hall's Fell, Blencathra
A search for a missing man. As the search started, it was discovered that the man had safely made his descent. No injuries.
- 10 12 February 18:40**
Glaramara
A search for a group of eight walkers. They were found approaching the road. No injuries.
- 11 14 February 14:00**
Bram Crag Quarry area, St John's-in-the-Vale
A sheep was rescued.

Incident 136
from 15-16 08:30
2010 - January continued
Force Crag area, Braithwaite

As a result of a possible sighting of a person reported missing in December 2010 (noted as Incident Number 136 for that year), Team members searched the area with police dogs on the 15th and 47 members from 7 Teams combed the area on the 16th. Nothing was found. The body of the missing woman was found on 20th January in Whinlatter Forest by a man walking his dogs.



Incident 2



Incident Report 2011

- 12 15 February 12:19**
Sharp Edge, Blencathra
Two men became cragfast. They were helped to safety. No injuries.
- 13 21 February 15:22**
Glaramara
Three men became lost in poor weather and in the dark. They were escorted down by the Team. No injuries.
- 14 24 February 15:15**
Blease Fell, Blencathra
A woman with an ankle injury.
- 15 26 February 22:43**
Scafell Pike area
A woman and her son got into difficulties on steep ground below the Corridor Route. The Team escorted them to Seathwaite. No injuries.
- 16 28 February 12:31**
Whinlatter Forest
A man on his mountain bike crashed. Broken wrist and a head injury.
- 17 7 March 14:50**
High Rigg
A woman slipped. Ankle injury. The Great North Air Ambulance took her to hospital.
- 18 8 March 23:00**
Honister Pass area
Keswick MRT and Cockermouth MRT searched for a man reported missing after having taken off in his helicopter from the Pass. The helicopter was found, crashed, not far from the Pass. The man had suffered fatal injuries.
- 19 10 March 10:55**
Wythburn
A man slipped on wet rock. Back injury. An air ambulance took him to hospital.
- 20 31 March 11:54**
Scaley Beck, Doddick Fell, Blencathra
A man fell approximately 5 metres at a steep rocky step. Head injuries.
- 21 10 April 17:34**
Cat Gill, Walla Crag
A dog was rescued after it had fallen into the gill.
- 22 12 April 14:50**
High Spy
A man with a gashed leg.
- 23 14 April 13:47**
Stockley Bridge area, Borrowdale
A woman fell. Head injury.
- 24 22 April 18:00**
Stockley Bridge area, Borrowdale
A man felt faint, and could not maintain his balance.
- 25 23 April 21:28**
Scafell Pike area
A search for a man and his son. They were found on the path between Sty Head and Seathwaite. No injuries.
- 26 24 April 02:12**
Grains Gill, Borrowdale
A man with an ankle injury.



Incident 12



Incident 20

Incident Report 2011



Incident 22



Incident 37

- | | |
|---|---|
| <p>27 24 April 12:34
Clough Head
A paraglider crash landed in boulders. Spinal, arm and wrist injuries. An air ambulance took him to hospital.</p> <p>28 24 April 15:15
Launchy Gill, Thirlmere
A man with an ankle injury.</p> <p>29 3 May 14:24
Thirlmere
A man capsized his boat, and was unable to right it. The Coastguard Agency mobilised a number of agencies, including the Team, to go to his help. However, he was helped by others on the lake to get ashore. No injuries.</p> <p>30 3 May 20:33
Whinlatter Forest
A man had a crash while on his mountain bike. Head and neck injuries. A RAF helicopter took him to hospital.</p> <p>31 15 May 12:02
Sharp Edge, Blencathra
Three men became cragfast. They were escorted off the edge. No injuries.</p> <p>32 15 May 12:58
Honister Pass area
A cyclist reported hearing a whistle after calls for help had been heard. The Team investigated but it was learnt that the incident had been resolved.</p> <p>33 18 May 18:29
Walla Crag
A man with a foot injury stuck on a steep slope.</p> | <p>34 19 May 20:55
Stonycroft Gill, Newlands
A teenage boy slipped while gill scrambling. Knee injury.</p> <p>35 21 May 11:43
Brown Slabs, Shepherds Crag
A man fell approximately 5 metres. Ankle injury.</p> <p>36 27 May 11:55
Steel Fell
A woman became cragfast in a gully. A Royal Navy helicopter winched her to safe ground. No injuries.</p> <p>37 28 May 00:50
Gate Gill, Blencathra
A man fell into a gill. Head injuries and a fractured arm. Three search dogs and Cockermouth MRT helped the Team. A RAF Sea King took him to hospital.</p> <p>38 29 May 12:38
Whinlatter Forest
A woman fell from her mountain bike. Head injuries. An ambulance crew had attended to her before the Team arrived.</p> <p>39 30 May 17:52
Cam Crag Ridge, Langstrath
A man fell 12-15 metres. Head injuries. An Air Ambulance attended but was unable to land close enough to be of assistance. A Royal Navy helicopter took him to hospital.</p> <p>40 3 June 14:02
Blease Fell, Blencathra
A paraglider made a bad landing after his chute collapsed. Arm injuries. The Great North Air Ambulance took him to hospital.</p> |
|---|---|

Incident Report 2011

- 41 **3 June 16:26**
Scales Fell, Blencathra
A paraglider who was walking off, slipped and fell, breaking his ankle.
- 42 **4 June 12:20**
High Rigg
A man was taken ill on the lower slopes of High Rigg. The Great North Air Ambulance took him to hospital.
- 43 **5 June 14:35**
Jenkin Hill, Skiddaw
A woman fell from her mountain bike. The Great North Air Ambulance took her to hospital.
- 44 **5 June 19:21**
Jenkin Hill, Skiddaw
A woman slipped. Shoulder dislocation.
- 45 **7 June 15:12**
Barrow
A woman with an ankle injury.
- 46 **7 June 15:40**
Taylor Gill, Base Brown
A woman slipped off a stile. Facial, wrist and knee injuries.
- 47 **24 June 12:35**
Whinlatter Forest
A man fell off his mountain bike. Lower leg injury.
- 48 **25 June 14:47**
Doddick Gill, Blencathra
Four men lost the path descending Halls Fell Ridge. One was mildly hypothermic. The hypothermic patient was able to walk down.
- 49 **2 July 08:22**
Whinlatter Forest
A man fell from his mountain bike. Lower leg fracture.
- 50 **8 July 23:00**
Greenup Edge, Borrowdale
A search for a lost man. The Team was asked to help Langdale Ambleside MRT. No injuries.
- 51 **12 July 11:20**
Seathwaite Slabs
A pupil with school group fainted at Seathwaite Slabs, banged her head and was unconscious. She was able to walk down.
- 52 **19 July 13:30**
Sharp Edge, Blencathra
A man became cragfast with a knee injury. Once recovered, he was able to walk slowly down with Team members.
- 53 **19 July 14:02**
Lodore Falls
A man fell and dislocated his shoulder while gill scrambling. The Great North Air Ambulance took him to hospital.
- 54 **19 July 14:45**
Dollywagon Pike
A woman with an ankle injury. Patterdale MRT dealt with this incident.
- 55 **24 July 14:47**
Brandelhow Park
A man had become unwell and collapsed. The Great North Air Ambulance took him to hospital.



Incident 55



Incident 69

Incident Report 2011



Incident 70



- 56 27 July 16:03**
Great Wood - Falcon Crag path
A woman fell. Wrist injury.
- 57 30 July 13:41**
Lodore Falls area
A man and his son became lost and stuck behind Shepherds Crag. The Team walked them down to High Lodore Farm. No injuries.
- 58 31 July 15:59**
Swirls - Stanah footpath
A woman slipped and fell into a gill. Ankle injury and minor head injuries.
- 59 1 August 12:55**
Brown Cove Crag, Helvellyn
A man, while scrambling, was hit on the head by a falling stone, which caused him to fall approximately 15 metres in a gully. Lacerations to the head and severe bruising. A RAF helicopter took him to hospital.
- 60 5 August 13:52**
Hawes End, Derwentwater
A woman tripped on a path. Arm injury.
- 61 6 August 23:39**
Coldbarrow Fell, Ullscarf
A search for a group of four walkers. The Team walked them off to Watendlath. No injuries.
- 62 13 August 13:00**
Gategill Fell, Blencathra
A man with chest pains. The Air Ambulance was unable to access because of low cloud, but a RAF helicopter was able to winch the casualty aboard, and take him to hospital.
- 63 21 August 16:50**
Ardus, Shepherds Crag
A climber fell approximately 6 metres to the ground. He suffered a dislocated shoulder. The Great North Air Ambulance took him to hospital.
- 64 25 August 15:15**
Walla Crag
A teenage boy was missing. He turned up as plans for a search were being made. No injuries.
- 65 28 August 14:09**
Dash Falls, Skiddaw
A man slipped on wet grass. Knee injury.
- 66 3 September 13:41**
Sharp Edge, Blencathra
Two men became cragfast. The Team roped them to safety. No injuries.
- 67 6 September 14:01**
Doddick Fell, Blencathra
A woman was exhausted. After re-warming and food, she was able to walk off the fell with support.
- 68 10 September 17:15**
Honister area
A mountain biker had fallen from his bike half a mile from the Quarry and knocked himself unconscious. He was taken to hospital by an Air Ambulance.
- 69 14 September 13:24**
Coledale Hause
A woman slipped. Ankle injury. The Great North Air Ambulance took her to hospital.
- 70 14 September 16:05**
Dalehead Tarn area
A woman had slipped. Ankle injury.

Incident Report 2011

- 71 17 September 12:22**
Greenup Gill, Borrowdale
A woman had slipped. Ankle injury. The Great North Air Ambulance took her to hospital.
- 72 24 September 16:41**
Sale Fell
A man had collapsed. Fatality.
- 73 24 September 18:50**
Blease Fell, Blencathra
A man fell while bouldering. Ankle injury.
- 74 1 October 13:50**
Dodd Crag, Shoulthwaite
A woman fell approximately 20 metres. A second woman also fell. The first casualty suffered spinal injuries and the second, severe abrasions, cuts and bruises. Both casualties were taken by a RAF helicopter to hospital.
- 75 1 October 14:46**
Portinscale
A woman had fallen down a riverbank. Leg injury. The ambulance service asked the Team for help in moving the casualty.
- 76 6 October 13:19**
Above Carlside Col, Skiddaw
A man was blown off his feet. Leg injury.
- 77 15 October 16:05**
Bowder Crag, Borrowdale
A climber fell approximately 12 metres on to rough scree. He suffered hip, pelvic and shoulder injuries. A RAF helicopter took him to hospital.
- 78 17 October 15:50**
Bowscale Fell
A search for two women lost in severe weather. The Team walked them down to Mungrisdale. No injuries.
- 79 19 October 10:56**
Barf
A man had fallen and tumbled approximately 60 metres. Spinal injuries, head lacerations and rib damage. A RAF helicopter took him to hospital.
- 80 25 October 19:03**
Glamara
A search for a family of four. They were found near the top of Hind Gill. No injuries.
- 81 25 October 20:15**
Scafell Pike area
Wasdale MRT asked the Team to help in the search for three walkers. Wasdale MRT found them in Eskdale. No injuries.
- 82 26 October 16:16**
Hall's Fell, Blencathra
A teenage girl was taken ill.
- 83 26 October 21:28**
Bowscale Fell area
A search for a benighted man. He was found near Glenderaterra Beck. No injuries.
- 84 30 October 12:07**
Ashness Bridge
A man had collapsed with chest pains. The Team responded to a request from the ambulance service to help in moving the man. The air ambulance also attended the scene. Fatality.



Incident 77



Incident 85



Incident 93

85 3 November 13:15
Joppley How, Grange Fell
 A man slipped. Leg injury. The Great North Air Ambulance took him to hospital.

86 20 November 15:50
Hall's Fell, Blencathra
 A man and a woman had become cragfast and benighted in mist. The Team guided them to safety and then they were walked down. No injuries.

87 20 November 20:13
Fleetwith Pike area
 A search for a man who had failed to return from a walk to Great Gable. The search involved search dogs and Cockermouth MRT. He was found on the slopes above Warnscale Beck. He had a collar bone injury following a fall, but was able to walk down with support.

88 23 November 13:37
Grisedale Pike
 A woman slipped on muddy ground. Lower leg injury.

89 24 November 14:15
Latrigg
 A woman slipped on wet ground. Lower leg injury.

90 2 December 18:43
Ullscarf
 A man and a woman became benighted in poor weather conditions. They were escorted down to safety. No injuries.

91 3 December 10:49
Latrigg
 A man collapsed. The ambulance service, the air ambulance, and the Team attended the scene. Fatality.

Incident 88



92 17 December 17:39
Great Calva area
 A search for a woman reported overdue, on a walk in an area where there was considered to be an avalanche risk. A RAF helicopter joined the search. After about an hour, she phoned in to say that she had found her way back to Keswick. No injuries.

93 18 December 13:55
Lord's Seat
 A woman, sledging with her family, collided with a rock and suffered a leg injury.

94 25 December 11:56
Latrigg
 A man slipped on muddy ground. Ankle injury.

95 26 December 12:03
Millbeck area
 A man had collapsed. Fatality.

Scottish Winter Skills Training

January 2012



At the beginning of January ten team members headed north to the Cairngorms for a weekend of winter skills training. The team can be called out in any conditions and at this time of the year we can find ourselves working on steep snow slopes using ice axes and crampons. In order to find reliable snow conditions for training the Cairngorms provide a great venue with easy access. The weekend away is also a great opportunity for further team building.

Saturday morning dawned bright and clear but very windy. It wasn't very long before we all had our goggles on for the walk in to Coire an T'Sneachda. When the wind is blowing the snow straight into your face, ski goggles are a valuable aid to navigation because you can actually look up to see where you are going! We quickly found a suitable snow slope to refresh our skills in ice axe arrest. It is important to know how to use an ice axe properly and stop yourself quickly in the event of a slip, or better still don't slip in the first place by kicking or cutting good steps. We then dug a quick pit in the snow to evaluate the avalanche conditions by identifying the different layers in the snow and how stable the snow pack was before continuing our journey. We followed a scramble known locally as 'twin ribs' to top out on the Fiacall Ridge into the teeth of the gale and walked along this to the col that allowed us to drop back down into the coire. On the way down we buried our ice axes in the snow to provide a belay anchor to lower each other down the slope. It takes a bit of confidence to rely just on snow for your security but in the right conditions it can be bombproof.

On Sunday the weather was kinder to us and we headed back into the coire for further practice of snow belays. We ascended 'point 5' gully digging bucket seats and more buried axes and then did the same in descent down a steeper snow slope along side the goat track. This was icier than expected at the bottom which brought all the skills together we had practised so far and also required good teamwork and communication to get down safely.

It proved to be a great two days of training with everyone getting to spend plenty of time moving about on a variety of terrain in crampons, using ice axes and refreshing their rope work skills in winter conditions. Thanks to Loch Insh water-sports centre for providing great accommodation and fantastic food, we hope to be back next year.

Nick Jones, Training Officer



A Probationers Account (1)

The probationers are approved at the January General Meeting and for 2011 there were four approved probationers. The range of experience and age of the probationers this year was quite large. From having climbed Mount Everest to having not climbed at all, from 58 years to early 30's. What makes a good probationer? It includes living in the Keswick area, being keen on outdoor activities, having some knowledge of navigation, using a map and compass, not being frightened of heights, having bags of enthusiasm, being able to work in a team and having a sociable disposition.

At the start of the year I didn't really know what to expect. How many call outs would there be and how many would I be able to attend? Working in General Practice at Shap was going to make me unavailable during the week which was a worry. Training was every Thursday evening at 7 pm, in the beginning I was working most Thursdays and couldn't get to training on time. I was reassured by full members that I should just try and come to as many of the call outs and training sessions as possible.

Training

The training program is arranged in quarterly sections of 13 weeks each. A diary of events is circulated to all members each quarter; the range of training is varied; rope work, kit checks, off road driving, first aid, indoor lectures, outdoor scenarios simulating rescues, communications, demonstration of new rescue equipment, avalanche awareness, navigation exercises, social climbing. Probationers are required to do a few rescue scenarios towards the end of the year and also a defensive driving course. In addition there are options of winter training courses in Chamonix and Scotland plus Swift water training/rigging weekends.



Rigging training on Sharp Edge – May

My experiences of swift water training and winter training in Scotland have increased my knowledge, made me more risk aware and how to become an asset to the team rather than a hindrance. Personally, it has given me confidence to deal with potentially dangerous situations and above all, to not put myself or other members of the Team at risk of injury or harm. The training has allowed me to achieve personal goals which would have not been possible before.

What has amazed me most of all is the commitment of members to the training sessions. Over 30 people attend regularly out of a possible 46. Training usually finishes about 9.30 pm and for those that want to, the evening is finished off with a few beers in the pub. This is a good way for probationers to socialise with other Team members.

Call Outs

Out of a possible 96 call outs I attended 15. My experience of injuries has always been in the confines of hospitals or GP surgeries. There is a complete difference between this and dealing with injuries on the fells. The call outs I attended taught me what a great job the rescue team does. There is a great sense of team work and professionalism. The areas that are covered are vast both in terms of terrain and injuries.

Call outs vary from severe injuries needing helicopter rescue, searches requiring dog rescues to people just being lost or tired out on the fell.

I am also impressed by the speed of response from a totally volunteer group; at least 6 members of the Team are leaving the base within 15 minutes of the call being made.

All in all it has been a fulfilling and thoroughly enjoyable year. It is good to feel part of a team who do a fantastic job on a voluntary basis. It is also greatly appreciated by those who are rescued as without exception we receive letters of thanks for the speed and professionalism of the rescue and an update on their recovery.

Tom Stenhouse

A Probationers Account (2)

KMRT Definition – Probationer

(noun) **1. An aspirant full team member undergoing a year long assessment actively participating on call outs and training sessions.**

2. Somebody to carry the heaviest sack up the hill and back again and be grateful for it.

The call to become a mountain rescue team member can lie dormant within any patron of the fells. Once it finds its voice it can only be answered by first making contact with a team such as KMR. The process may vary from team to team but for Keswick it begins with the completion of an application form. From there any wannabe rescuers are invited to the base when autumn falls and bestowed with the title of 'pre-probationer.' As autumn then turns to winter, the pre-probationer attends a number of midweek evening training sessions to get the flavour of what the team is all about, which will include being in the front line of a rescue scenario on the hill. The culmination of the pre-probationer period is a day out on the fells, in whatever weather there happens to be, demonstrating their navigational skills, fitness levels and comfort in the mountain environment. It is from these participations that a pre-probationer's suitability is established and they will be elevated to the lofty heights of 'probationer' in the new year. And so begins the internship for 365 days.

It is throughout their year as probationers that aspirant mountain rescuers actively attend call outs with the team. They are also encouraged to participate on a minimum of 50% of the midweek evening training sessions, as well as being given the opportunity to attend specific training courses. All this is done under the stewardship of the team leader, his deputies and training officers, with the rest of the team acting as mentors.

There is much to learn in this probationary period such as first aid and casualty care procedures, technical equipment use – checks and rigging, radio protocol and vehicle awareness, to name but a few aspects on the

agenda. Then, of course, there are the nigh on fifty names of team members to remember. And it is from these team members and their wealth of knowledge and hard earned experience that the finer details – the myriad of subtle minutiae of rescuing in that particular area – can be learnt. As the saying goes: "Every day is a school day."

As the probationers come full cycle to winter they will have their feet in two camps as they witness the latest crop of pre-probationers being put through their paces whilst, at the same time, observing the accomplished skills demonstrated by full team members, honed by years of real rescues in real situations. It is also then, of course, that they will find out – as Rudyard Kipling might say – If . . . ? . . . see over !

Steve Allen



Rigging training on Sharp Edge – May

The If Of A Probationer



Rigging training on Steel Knotts, Borrowdale – May

If you can keep your head when all about you
Are looking to you to carry the heaviest sack.
If you can trust yourself
And be trusted and counted on
And make allowance for a change of plans.
If you can make good and timely haste
To attend to the base when the pager calls
And not get tired of doing so,
Even if it is a false alarm,
Or yet another false alarm,
And then return home prepared to it all again.
If you can think clear thoughts
And not cloud your mind with speculation
Where speculation is not required,
But remain open and vigilant
To the possibilities that may not have been foreseen.

If you can respect the fellow man
Be they lost, or feckless or broken,
And bring them comfort and guidance and hope,
To carry them and watch over them
And bring them to safer ground once more.

If you can create success
Without letting it inflate beyond proportion,
And then find loss in the same stride
Knowing that you have done all that can be done

And recognise that you have indeed done your best.
If you can turn out in the middle of the night
When bed embraces you with warm and slumbering charms,
To put on clothes that have not yet fully dried
From the last call to arms.

If you can work step in step with mountain men
Whose hands are your hands
To breathe their breath
And stand shoulder to shoulder
Until the shout is done
And the last man is off the hill.

If you can commit to all of these things and many more,
Be they big or small
And do it all in good faith and humour
If you can turn out and stand tall with the rest
To practice and put all those practices to the test.
To pick up the heaviest sack
To take it out and bring it back again.
Then come the end of the year,
And only then will a probationer become a full team member
With a hand shake, the odd slap on the back and a well earned beer.

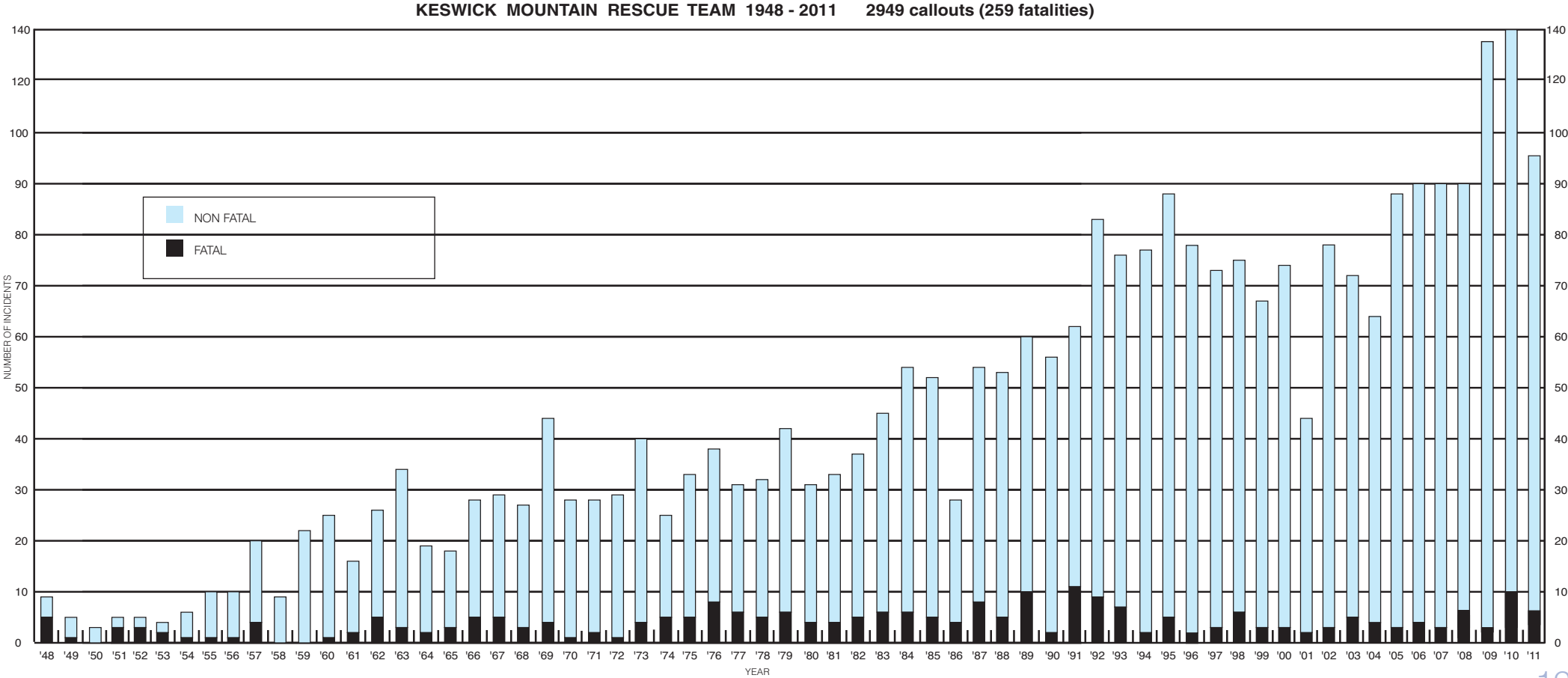
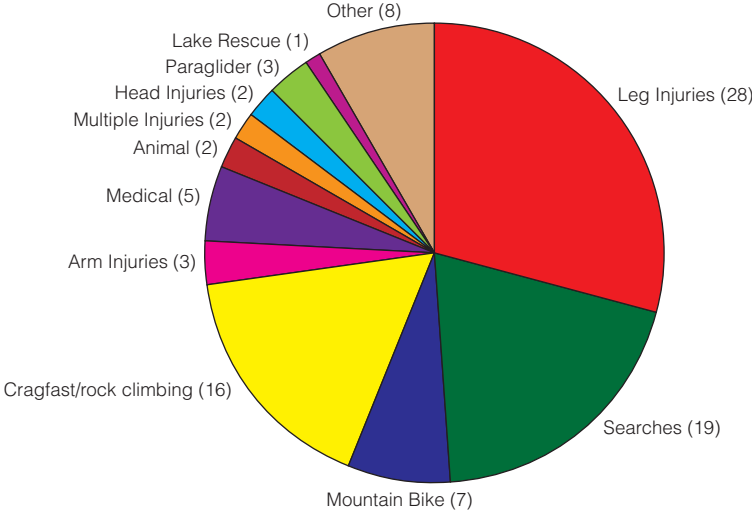
Steve Allen



Rigging training on Steel Knotts, Borrowdale – May

INCIDENT TYPES 2011

Figures in brackets refer to number of incidents, not percentage of incident types



2011 began sombrely for the search dogs, with a long running search in Whinlatter Forest for a missing local lady eventually ending with the discovery of her body, in an area outside that covered by the dogs. It was complicated by the weather, the depth of snow cover, and the very low temperatures, which tend to suppress any scent release. Given the huge area of the forest, it was always going to be an uphill task, but all of the Lakes dogs had put a lot of effort into this search, and we were disappointed not to locate her sooner.

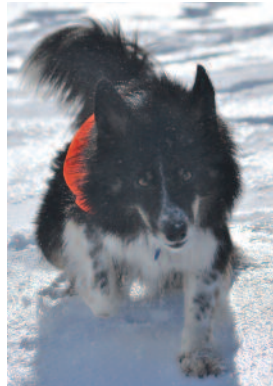
Search Dog Meg and her handler Elly Whiteford managed to make the grade at the Howgills Search Dogs course in April, so Meg is the new young kid on the block. However, she has suffered a couple of bad injuries this year, and consequently hasn't been as available as we hoped. She is now on the road back to recovery, and we hope to see her back on the list soon.

Search Dog Ginny, now a middle-aged lady of 7, continues to sail serenely on, having clocked up 150 search dog callouts with a whole variety of teams. She was seen nationwide on "BBC Breakfast", as part of a broadcast on the Felltop Assessors, and rather stole the show. She located a father and son coming off from the Central Fells in April (Rescue 25) and in November, she was responsible for tracking a 74 year old missing in the Green Gable area into the Fleetwith Pike area, where he was eventually located by Cockermouth team members (Rescue 87).

Regrettably, Beck, Chris Francis's young labrador has had a number of setbacks in training, and is still to become a graded dog. It all seems to be going so smoothly, and then she will forget to indicate, so there's quite a bit of remedial work to do. It all goes to prove that it's not as easy as it looks, but we are still hopeful she will join us in the near future. We have also been joined by Rob Grange with his collie bitch Rona, who is now a registered trainee with Lake District Mountain Rescue Search Dogs.

Over the year, Meg and Ginny have been involved in searches in places as diverse as Wasdale, Lancashire, Dumfries, the Furness peninsular, Galloway and the Pennines. As usual, their skills are much in demand, and are honed every Tuesday night at training in the Whinlatter Forest and elsewhere.

Mick Guy



Meg



Elly and Meg grading in the Howgills – April

ARCHIVES – The Team welcomes any additional items that can be added to its archives

1950 (extract from *Team archives*) (see www.keswickmrt.org.uk)

15 October 1950 17:30 Black Crag - Troutdale Pinnacle

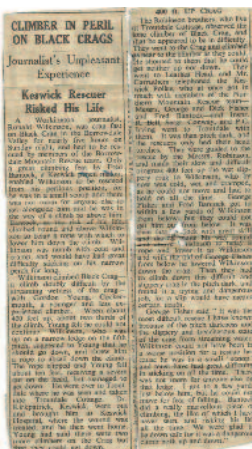
At about 5.30 pm the police received a message that a climber, R. Wilkinson from Workington, was stuck on Black Crag. Mr. Young had slipped about 10' while abseiling from two thirds up the crag, sustaining a severe cut on the head and concussion. Mr. Wilkinson tried to climb up to the top but became cragfast. Mr. Young eventually reached the bottom and raised the alarm. Police turned out with Messrs. G. & R. Fisher and F. Bantock of the Team. Rescue proved awkward as the 'victim' was in an awkward position. Finally a good piece of rock climbing by F. Bantock carried the day. Team returned to Keswick at about 9.30 pm.

Text from the newspaper article (see picture):

Keswick Rescuer Risked His Life

A Workington journalist, Ronald Wilkinson, was crag fast on Black Crag in the Borrowdale Valley for nearly five hours on Sunday night, and had to be rescued by members of the Borrowdale Mountain Rescue team. Only a great climbing feat by Fred Bantock, a Keswick pencil maker, enabled Wilkinson to be rescued from his perilous position, for he was in a small scoop and there was not room for anyone else to get alongside him and he was in the way of a climb to above him, Bantock, at the risk of his life, climbed round and above Wilkinson to belay a rope with which to lower him down the climb. Wilkinson was numb with cold and cramp, and would have had great difficulty sticking on his narrow perch for long.

Wilkinson climbed Black Crag – a climb doubly difficult by the streaming wetness of the crag – with Gordon Young, Cockermouth, a younger and less experienced climber. When about 400 feet up, about two thirds of the climb, Young felt he could not continue. Wilkinson, who was up on a narrow ledge on the fifth pitch, suggested to Young that he should go down, and threw him a rope to abseil down the climb. The rope slipped and Young fell about ten feet, receiving a severe cut on the head, but managed to get down. He went over to Troutdale where he was seen and taken into Troutdale Cottage. Dr. Kirkpatrick, Keswick, went out and brought him to Keswick Hospital, where the wound was treated, and he then went home. Young had said



This interesting newspaper cutting has recently been provided by Mr. John Lumsdon

there were two more climbers on the Crag but that they could get down.

400 ft. UP CRAG

The Robinson brothers, who live at Troutdale Cottage, observed the lone climber of Black Crag, and that he appeared to be in difficulty. They went to the Crag and climbed as near to the climber as they could. He shouted to them that he could get neither up nor down. They went to Leathes Head, and Mr. Carruthers telephoned the Keswick Police, who at once got in touch with members of the Northern Mountain Rescue Team – Messrs. George and Dick Fisher and Fred Bantock – and Insp. R. Bell, Sergt. Conway, and P.C. Irving went to Troutdale with them. It was then pitch dark, and the rescuers only had their head torches. They were guided to the rescue by the Messrs. Robinson, and made their slow and difficult progress 400 feet up the wet slippery crag to Wilkinson, who by now was cold, wet and cramped, as he could not move and had to hold on all the time. George Fisher and Fred Bantock got to within a few yards of Wilkinson from

below, but they could not get him out from below, it was then that Bantock with great skill and daring made his way round and above Wilkinson and with the aid of George Fisher from below he lowered Wilkinson down the crag. Then they had to climb down this difficult and slippery crag in the pitch dark, and found it a trying and dangerous job, for a slip would have meant certain death.

George Fisher said "It was the most difficult rescue I have known because of the pitch darkness and the slippery and treacherous state of the crag from streaming water. Wilkinson could not have been in a worse position for a rescue because he was in a small 'scoop' and must have had great difficulty in sticking on all the time. There was not room for anyone else on that ledge. I got to a few yards just below him, but he could not move for fear of falling. Bantock did a really marvellous piece of climbing, the like of which I have never seen, and risking his life all the time. We were glad to be down safe for it was a dangerous climb both up and down."

Gratitude to the Team

I am writing to express our EXTREME GRATITUDE to the Keswick MRT who attended to rescue our collie Max when he had fallen into the Cat Ghyll ravine last Sunday.

From the initial contact we made by mobile phone we were dealt with in a way which re-assured us and inspired confidence. The kindness and professionalism of the 4 team members who attended was astounding from the beginning to the end.

The 2 team members who walked up to where we were waiting went out of their way to keep us informed. The other 2 men who walked up the stream bed to rescue Max, also, showed great dedication. They not only carried a wet and bedraggled Max back down the stream but were, also, kind enough to carry him back to their vehicle.

The team's support was not only limited to Max but extended to encouraging me as I was struggling somewhat descending the track with an arthritic knee.

The team was then kind enough to escort us back to your base where they provided us with a highlighted map to show us the route to the local vet.

We had not really expected Max to survive his 30+ metre fall but he seems to have escaped from his ordeal rather lightly. The vet found that he had some bruising to his back but otherwise seemed to be uninjured. Max was treated for shock and was given some stronger medication for his existing joint problems. After a lot of sleeping he is walking around, albeit rather slowly and stiffly and we are hopeful for him making a complete recovery.

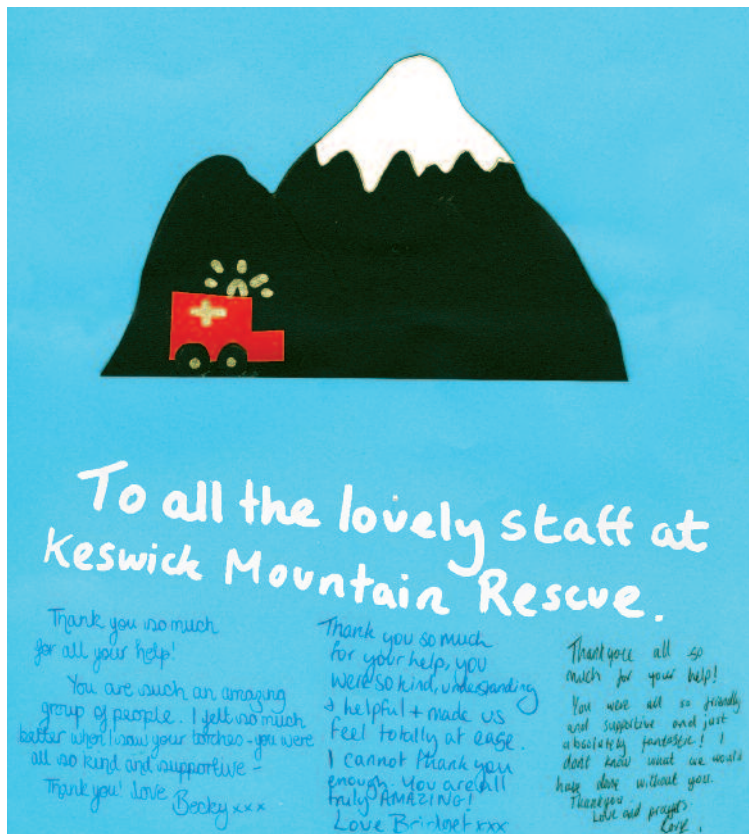
The KMRT members asked us to let them know how Max progressed and so I am very pleased to give them this good report.

I'm afraid that I failed to get the team members' names but would you please pass on our HEARTFELT GRATITUDE for coming to our aid in such a PROMPT, CARING AND PROFESSIONAL way.

We have already begun to spread the good news about the EXCELLENT SERVICE we received from Keswick Mountain Rescue Team and will do all that we can in future to publicise your excellent work. When we return home we will be getting in touch with the KMRT treasurer to arrange our future regular financial support for the work of KMR. *(Incident 21)*



Rigging training on Sharp Edge – May



If you want to learn more about the Team's work and history, please buy the "Call-Out" book and the 60th Anniversary DVD video

CALL-OUT THE FIRST 50 YEARS

by George Bott (1997)

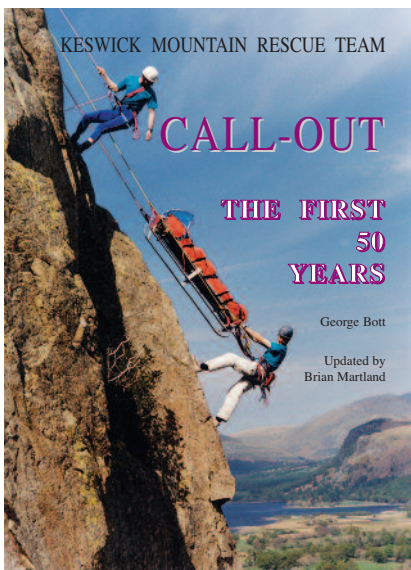
On 24 April 1946, Wilfrid Noyce, later a member of John Hunt's successful Everest team, was badly injured while he was climbing on Great Gable. His rescue – a long and difficult operation – prompted a local climber, Colonel Horace Westmorland, to form a properly organised Mountain Rescue Team.

From its humble beginnings, the Team has grown into a highly efficient, well-equipped group of volunteers, ready to respond to a call-out for help at any time of day or night.

CALL-OUT traces the story of the first 50 years of the Team, a history that records hardship and humour, dedication and drama, courage and commitment.

CALL-OUT has a full colour cover, photographs in colour and black and white, 60 pages. An extra four pages have been added to bring the story up to date.

All proceeds from the sale of **CALL-OUT** go to Team Funds.



CALL-OUT – 60th Anniversary DVD

Launched in August 2007. Running time approximately 71 minutes.

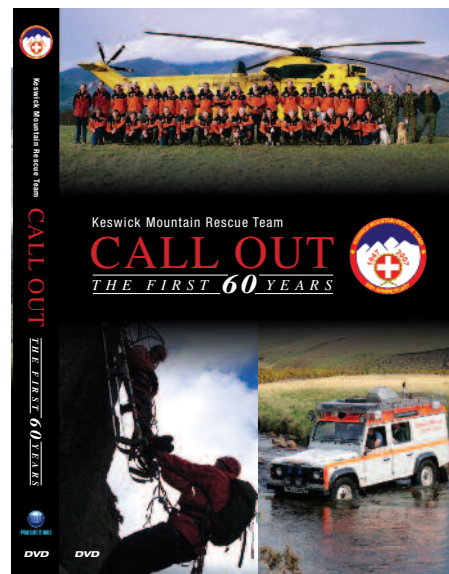
A look at the Team sixty years after the first rescue in 1947, featuring the varied exercises and call-outs attended by the Team.

Foreword by Sir Chris Bonington.

Bonus chapters include: The Rescue Base, Mountain Advice, Photographic Slide Show.

Also includes a section on facts and statistics, with information in the form of PDF files available to PC and Mac users.

All proceeds from the sale of the **DVD** go to Team Funds.



Both obtainable from Mick Guy,
Limhus,
High Hill,
Keswick,
Cumbria CA12 5PB.

Cheques should be made payable to:
Keswick Mountain Rescue Team.

Book £9.00

DVD £10.00

including postage and packaging

Treasurer's Report, Trustees' Annual Report, Financial Statements for the year ended 31st October 2011

TREASURER'S REPORT – Ian Wallace

This year thankfully has been a lot quieter than the previous two but never the less still busy enough.

It is evident that it does not matter how busy or slack the team is, the overheads and maintenance are a constant financial battle.

Training has to be maintained at a significant cost.

Stretchers have to be tested regularly, ropes have to be changed on a rolling basis and crag equipment has to be continually replaced.

Medical equipment and drugs have to be renewed. Keeping a working stock of oxygen and Entonox gas cylinders costs the team nearly five thousand pounds per annum. Vehicle maintenance is something that cannot be ignored.

This year we have decided that for the team to work efficiently we had to purchase a fourth vehicle at a cost of significantly more than forty thousand pounds. We have now (March 2012) taken delivery of the new vehicle.

Our collecting box receipts are significantly down on the last few year's despite Brian Spencer putting in his usual hard work.

Most worrying is the fact that day to day donations have fallen significantly over the last six months and that this is a definite trend. Some supporters who have given on a regular basis by covenant have had to stop because of the economic climate effecting them. May I, on behalf of my fellow Team members, thank them for their past support.

We, as a charity, have no regular reliable source of income and we thank all the kind and generous members of the public who help us over the years with their donations and who enable the Team to keep functioning.

IN MEMORIAM 2011

During the year donations have been received In Memory of the following:

B. Chadwick
D. Pearson
H. Duke
M. Godfrey
C. Hurst
J. Millington
A. Sharples
F. Stoker
J. Wilson

P. Bloor
J. Dobson
J. Fairhurst
C. Green
S. Jemson
M. Minto
J. Showler
C. Wilkinson
G. Allen

M. Bryan
B. Donlon
G. Gray
E. Hewett
M. McAdam
R. Hankin
M. D. M. Smith
G. Williams



Incident 76

Annual Report

for the year ended 31st October 2011

LEGAL AND ADMINISTRATIVE INFORMATION

Name: The name of the charity is Keswick Mountain Rescue Team ("the Charity").

Registered Number: The Charity is registered with the Charity Commission for England and Wales under number 509860.

Legal Entity: The Charity is a charitable un-incorporated association, established by written constitution.

Trustees:

Chairman	Alan Prescott
Secretary	Paul Cheshire
Treasurer	Ian Wallace
Team Leader	Timothy Mark Hodgson
General Team Member 1	Paul Horder
General Team Member 2	Fiona Boyle

Property Holding Trustees: The following are the legal trustees of the lease of the Team Headquarters, and (except where named as a Charity Trustee above) do not exercise a management function within the Charity: Anthony Michael Guy; Peter Barron; Timothy Mark Hodgson; Andrew Francis Jones.

Principal Address: Keswick Mountain Rescue Team Headquarters, Lakeside Car Park, Keswick, Cumbria CA12 5DJ.

Accountants: Gibbons, Chartered Accountants, Carleton House, 136 Gray Street, Workington, Cumbria CA14 2LU.

Bankers: HSBC Bank plc, Market Square, Keswick, Cumbria CA12 5BG.

Investment Advisers: Brewin Dolphin Securities Limited, 34 Lisbon Street, Leeds LS1 4LX.

TRUSTEES' REPORT

FOR THE YEAR ENDED 31st OCTOBER 2011

Trustees Report: The Trustees present their report along with the financial statements of the Charity for the year ended 31st October 2011. The financial statements have been prepared in accordance with the accounting policies set out on page 32 and comply with the Charity's trust deed and applicable law.

Particulars of Written Constitution: The written constitution was approved by the Charity Commission and adopted by the Charity on 20th March 1980 and amended on 10th November 1994 and again on 8th October 1998 and subsequently again on 5th September 2006. This contains the provisions that regulate the purposes and administration of the Charity.

Description of Objects of the Charity: The main object of the Charity (as set out in its constitution): "shall be for the public benefit, to relieve suffering and the distress, among persons and animals endangered by accident or natural hazards within the area of Great Britain and particularly on the mountains of Cumbria in the vicinity of Keswick."

Details of Persons or Bodies Entitled to Appoint Charity Trustees and Details of Method of Appointment: The only body with the power (within the terms of the Constitution) to appoint a Trustee is the membership of the Charity. The Charity Trustees are appointed at each Annual General Meeting, and hold office until the following Annual General Meeting. The Trustees must be members of the Charity and are the Chairperson, Secretary, Treasurer, Team Leader and two others elected from the general membership. There is no bar on a Trustee standing for office for successive terms. Candidates for positions conferring trusteeship must be nominated in writing to the Secretary not less than 21 days prior to the Annual General Meeting, and notified to the membership not less than 14 days prior thereto. Voting is conducted by a secret ballot.

Investment Policy: The Charity provides a vital emergency service that requires certainty of funding. The Charity Trustees have, historically, adopted a risk-averse approach to investment. The preference is to safeguard funds by placing them in Building Society accounts – with medium to longer term funds placed in the highest yielding (but limited access) accounts. In that way, the capital is secure, and interest income is maximised. However, previously the charity received a significant legacy and this enabled the Trustees to invest a sum of money to provide a regular income to offset the need to rely on irregular public donations. The Trustees have agreed to invest in a balanced portfolio managed by a team of Financial Advisers who specialise in investments for charities. This sum has been invested to provide capital growth and income for the charity and will lead to a regular income which will be used to offset any imbalance between income and expenditure, reducing the need to utilise reserve funds for this purpose.

General Reserves: This policy continues to be under review – but is led by the view that the Charity Trustees must have regard to both the short and long term needs of the Charity. The Charity has endeavoured to secure a regular income via collection boxes, covenanted and Gift Aid donations. Collection box income has been sold – a reflection of the hard work of Brian Spencer, our collection box co-ordinator. The Charity Trustees will maintain the general income reserve to ensure that the provision of the Charity's primary objective will not be hampered by any imbalance between income and expenditure over such a relatively short period, and is based on the Charity's experience of fund-raising. The Charity Trustees will continually monitor and adapt this policy (as necessary) in order to ensure that funds that can no longer be justifiably held in reserve are applied in accordance with the Charity's objective.

Designated Reserves: The fixed asset reserve, which was created during the period, shows the amount of reserves tied up in fixed assets and hence helps clarify the true level of General Reserves. The trustees reserves, which was created during the period, is a reserve to be set aside to cover uninsurable contingencies and unforeseen circumstances. The level has been set at £328,485 (2010 – £316,782) which is three times the previous year's adjusted expenditure.

Development, Activities and Achievements: During the year ended 31st October 2011 the Team attended over 90 incidents. Training is vital to the Team and training was given paramount importance during the year and 50 days training was undertaken by the team.

Financial Review: The trustees are satisfied with the financial position of the Charity.

Future Developments: The Team aim to be able to secure the long term future of the Keswick Mountain Rescue Team with the increased level of reserves held. In the shorter term the Team's aim is to meet the current level of call out and maintain the high level of training given to the volunteers.

Safety and Risk Management: The Trustees actively review the major risk which the Charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

Grant Making: During the last financial year, the Charity made no specific grants to any other charitable organisations.

It remains the Charity's policy to make available to other teams training in specialist areas (for example swift water rescue, and advanced rope rescue techniques) that other teams may not otherwise have obtained, and without charge to them. The policy in this regard is threefold – to facilitate the spread of modern or evolving techniques; to encourage closer co-operation between Teams; and to utilise the Charity's funds to the advantage of mountain rescue generally. This policy will continue in the next financial year.

Other than the policy outlined above, the Charity Trustees have not formulated policies for the selection of any other institutions which will receive further grants out of the assets of the Charity. Any such grants will be on a case by case basis.

Volunteers: The Trustees wish to acknowledge the work of the many volunteers who give their spare time to help the Charity and enable it to carry out its activities.

Charity Commission Guidance including Public Benefit: The trustees confirm they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the guidance published by the Charity Commission including public benefit guidance.

Approval: This report was approved by The Trustees on 12th January 2012 and signed on their behalf.

Mr. A. Prescott, Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES ON THE UNAUDITED FINANCIAL STATEMENTS OF KESWICK MOUNTAIN RESCUE TEAM

I report on the financial statements of Keswick Mountain Rescue Team for the year ended 31st October 2011 which comprise the statement of financial activities, the balance sheet and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective Responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosure in the

accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 41 of the Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met, or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

G. Carty, BA FCA DChA, Gibbons, Chartered Accountants,
Carlton House, 136 Gray Street, Workington, Cumbria CA14 2LU.
16th January 2012.



Incident 71

Statement

of financial activities for the year ended 31st October 2011

SUMMARY OF INCOME AND EXPENDITURE ACCOUNT

		Unrestricted Funds		Unrestricted Funds	
	Notes	Designated	General	2011	2010
		£	£	£	£
Incoming Resources					
Incoming Resources from Generated Funds					
Voluntary Income:					
Covenants		–	6,714	6,714	3,710
Donations		–	125,415	125,415	122,521
Collection Boxes		–	25,775	25,775	32,400
Legacy		–	37,757	37,757	33,042
Activities for Generating Funds:					
Investment Income	2	–	21,471	21,471	20,548
Miscellaneous and Book Sales		–	2,941	2,941	1,788
Total Incoming Resources			220,073	220,073	214,009
Resources Expended					
Cost of Generated Funds					
Investment Management Costs		–	3,406	3,406	2,525
Direct Charitable Activities	3	33,519	70,366	103,885	135,580
Governance Costs	4	–	1,453	1,453	1,379
Total Resources Expended		33,519	75,225	108,744	139,484
Net Income/(Expenditure) for the Year		(33,519)	144,848	111,329	74,525
Transfer of Funds					
Trustees Reserves	12, 13	11,703	(11,703)	–	–
Designation of Fixed Assets Purchased	13	34,200	(34,200)	–	–
		12,384	98,945	111,329	74,525
OTHER RECOGNISED GAINS AND LOSSES					
Realised (Loss)/Gain on Investments	8	–	(3,683)	(3,683)	2,423
Unrealised (Loss)/Gain on Investments	8	–	(15,002)	(15,002)	26,495
Net Movement in Funds for the Year		12,384	80,260	92,644	103,443
Total Funds Brought Forward at 1st November 2010		565,998	387,123	953,121	849,678
Total Funds Carried Forward at 31st October 2011		578,382	467,383	1,045,765	953,121

The notes on pages 34, 35 and 36 form part of these accounts.

Balance Sheet

as at 31st October 2011

	Notes	2011 £	2010 £
Fixed Assets			
Tangible Fixed Assets	7	249,897	249,216
Investments	8	425,632	316,863
		<u>675,529</u>	<u>566,079</u>
 Current Assets			
Stock	9	700	540
Debtors and Prepayments	10	27,230	21,520
Building Society Deposits		198,188	267,297
Cash at Bank		145,498	98,898
		<u>371,616</u>	<u>388,255</u>
 Creditors: amounts falling due within one period	11	1,380	1,213
Net Current Assets		<u>370,236</u>	<u>387,042</u>
Total Assets Less Current Liabilities		<u>1,045,765</u>	<u>953,121</u>
 Unrestricted Funds			
General Funds	12	467,383	387,123
Designated Funds	12, 13	578,382	565,998
		<u>1,045,765</u>	<u>953,121</u>

Approved by the Board of Trustees on 12th January 2012 and signed on its behalf by:
Mr. A. Prescott (*Trustee*).

The notes on pages 30, 31 and 32 form part of these accounts.

Notes to the Financial Statements

for the year ended 31 October 2011

1. ACCOUNTING POLICIES

1.1 Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2005) issued in March 2005 and applicable accounting standards.

1.2 Incoming Resources

Voluntary income and donations are included in incoming resources when they are received. The income from fund raising ventures is shown gross, with the associated costs included in fund raising costs.

1.3 Resources Expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

1.4 Tangible Fixed Assets for use by the Charity and Depreciation

Tangible fixed assets for use by the Charity are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Leasehold Land and Buildings - Straight line over 50 years
Equipment - 15% to 20% straight line
Motor Vehicles - 25% reducing balance
Equipment which is over seven years old is deemed to be disposed.

1.5 Stocks

Stocks are stated at cost.

1.6 Expenditure on Governance Costs of the Charity

Administration expenditure includes all expenditure not directly related to the charitable activity or fund raising ventures.

1.7 Investments

Investments are stated at market value at the Balance Sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluations and disposals throughout the period.

	2011 £	2010 £
2. INVESTMENT INCOME		
Income from Listed Investments	10,856	9,457
Interest Receivable on		
Cash Deposits	10,615	11,091
	<u>21,471</u>	<u>20,548</u>

3. DIRECT CHARITABLE ACTIVITIES

Motor Vehicle Expenses		
Insurances	2,551	2,412
Petrol and Oil	1,258	2,572
Maintenance	1,860	5,167
Vehicle Hire	–	2,262
Equipment Rental	4,501	4,381
General, Outdoor and		
Radio Equipment	6,779	27,223
Medical and Other Expenses	10,255	13,130
Courses and Training	17,537	31,196
Rent, Rates and Water	1,538	1,373
Telephone	2,675	2,169
Electricity	3,360	2,991
Premises Repairs and Cleaning	6,998	4,058
Postage, Printing and Stationery	534	322
Computer Costs	1,922	2,326
Insurance	2,208	2,824
Promotional Costs	6,390	3,495
Depreciation on Leasehold,		
Land and Buildings	4,497	4,497
Depreciation of Equipment	19,260	10,167
Depreciation of Motor Vehicles	9,762	13,015
	<u>103,885</u>	<u>135,580</u>

	2011 £	2010 £
4. GOVERNANCE COSTS		
Independent Examiner's and		
Accountancy Fees	1,097	925
Sundry Expenses	305	374
Bank Charges	51	80
	<u>1,453</u>	<u>1,379</u>

5. NET MOVEMENT IN FUNDS FOR THE PERIOD

Net Movement in Funds for the period is stated after charging:

Depreciation of Tangible Fixed Assets for use by the Charity 33,519 27,679

6. STAFF COSTS

No remuneration was paid to the Trustees in the period, nor were any Trustees' expenses reimbursed.

Notes to the Financial Statements

for the year ended 31st October 2011

	Leasehold Land & Buildings £	Equipment £	Motor Vehicles £	Total £
7. TANGIBLE FIXED ASSETS				
Cost				
At 1st November 2010	224,872	75,950	127,396	428,218
Additions	–	34,200	–	34,200
Disposals	–	–	–	–
At 31st October 2011	<u>224,872</u>	<u>110,150</u>	<u>127,396</u>	<u>462,418</u>
Depreciation				
At 1st November 2010	62,148	28,506	88,348	179,002
Charge for Period	4,497	19,260	9,762	33,519
On Disposals	–	–	–	–
At 31st October 2011	<u>66,645</u>	<u>47,766</u>	<u>98,110</u>	<u>212,521</u>
Net Book Value				
At 31st October 2011	158,227	62,384	29,286	249,897
At 31st October 2010	<u>162,724</u>	<u>47,444</u>	<u>39,048</u>	<u>249,216</u>

All fixed assets held are for the furtherance of the Charity's objectives.

	2011 £	2010 £
8. INVESTMENTS		
Listed Investments – United Kingdom - Market Value 1st November 2010	313,123	264,780
Additions	189,786	105,888
Disposals	(65,225)	(86,463)
Net Realised (Losses)Gains/	(3,683)	2,423
Net Unrealised Gains/(Losses)	(15,002)	26,495
Market Value at 31st October 2011	418,999	313,123
Cash Deposits	6,633	3,740
	<u>425,632</u>	<u>316,863</u>

The investments are managed by Brewin Dolphin Securities Limited on behalf of the Charity.

9. STOCK

Consumable Stock	<u>700</u>	<u>540</u>
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10. DEBTORS

Prepayments	<u>27,230</u>	<u>21,520</u>
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Notes to the Financial Statements

for the year ended 31st October 2011

	2011 £	2010 £
11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
Accruals	1,380	1,213

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets £	Investments £	Net Asset/ (Liability) £	Total £
Unrestricted Funds:				
Designated Funds:				
Fixed Asset Reserve	249,897	–	–	249,897
Trustees Reserve	–	328,485	–	328,485
Other Charitable Funds	–	97,147	370,236	467,383
	249,897	425,632	370,236	1,045,765

13. DESIGNATED FUNDS

The funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees.

Trustees' Reserve

The Trustees consider that reserves should be set aside to cover uninsurable contingencies and any unforeseen circumstances.

The Trustees generally set the currently desirable level of reserve as three times the previous year's expenditure adjusted for depreciation and the acquisition of tangible fixed assets. The Reserve is to be set at £328,485 (2010 - £316,782).

The policy is to be reviewed annually by the Trustees.

Fixed Asset Reserve

The Trustees have established this fund to clarify to users of the accounts the amount of reserves, which are tied up in Fixed Assets. This in turn helps to clarify to users of the accounts the level of General Reserves.

	Balance 31.10.10 £	Income £	Transfers £	Expenditure £	Balance 31.10.11 £
Trustees Reserve	316,782	–	11,703	–	328,485
Fixed Asset Reserve	249,216	–	34,200	(33,519)	249,897
	565,998	–	45,903	(33,519)	578,382

Any income derived from the underlying assets of these funds is deemed to be General funds. The levels of the reserves held and the allocation of any income and expenditure is at the discretion of the Trustees.

Collection Box Sponsors

The team as always are grateful for the support they get from local establishments and their customers. For any queries regarding collection boxes, please contact Brian Spencer on 017687 72531.

Abacourt House	Conservative Club	Glencoe Guest House	Lakeland Decor	Norwegian Store	Silverdale Hotel
Acorn House	The Corner Shop	Glendale Guest House	Lakeland Pedlar	Oddfellows Arms	Skiddaw Grove Hotel
Alexandras	The Cornish Pasty	Ginger and Pickles	Lakeland Toys and Hobbies	Outdoor World	The Soap Co.
Alhambra Cinema	Cotswold	Grange Bridge Cottage Café	Lakeland View Guest House	Old Keswickian	Spar Grocers
Allerdale House	Craghills Boot Store	Grange Café	Lake Mere Guest House	Oxleys at Underscar	Spooney Green Cottage
All Seasons	Craglands Guest House	Greystoke House	Lake Road Inn	Packhorse Inn	Squirrel Lodge Guest House
Armathwaite Hall	Cragside Guest House	Greystones Guest House	Lakes Bar and Bistro	The Paddock	Star of Siam
Ashness Farm	Crow Park Hotel	The Hair Shop	The Lakes Fish Restaurant	Parkergate	Strathmore Guest House
Avondale Guest House	Cumberland Pencil Museum	Hawcliffe Campsite	Lakeside campsite	Peathouse Stonethwaite	Stybeck Farm
Bank Tavern	Cumbrian Cottages	Hazel Bank Hotel	Lakeside House	Pheasant Inn	Sun Inn Bessenthwaite
Barclays Bank	Cumbria House	Hazelmere Guest House	Lakeside Ice cream kiosk	Pizza Panorama	Sunnyside Guest House
Barn Gill Guest House	Cyclewise Whinlatter	Hockberry House	Lakeside Tea Gardens	Planet Fear	Swinside Farm Cottage
Thirispot	Dale Bottom camp site	Hedgehog Hill Guest House	Langhead Farm Guest House	Police Station	Swinside Inn
Beaty @ Co. Wigton	Dalegarth Hotel	The Heights Hotel	Langstrath Hotel	Portland House	Swinside Lodge
Beckstones Post House	Dale Head Hall Hotel	High Lodore Farm Cafe	Larry's Lodge	Pretty Things	Swiss Court Hotel
The Beeches Portinscale	Daresfield Guest House	The Hollies	Lattig House	Primrose Cottage Dalston	Tarn Hows Guest House
Birch How Guest House	David and Elaine Burn,	C&CA Holmes	Laura of the Lakes	Primrose Cottage Brigham	Temple Sports
Blacks	Ashtree Avenue	Homethwaite House	Laurel Bank Guest House	Road	Theatre by the Lake
Bookends	Derwent Bank HF	(Elizabeth Lingard)	Leathes Head Hotel	Pumpkin Cafe	Thornleigh Guest House
The Boot Co.	Derwent Club	Honister House	Lynton House	The Puzzling Place	Thornthwaite Gallery
Booths kiosk	Derwent Hill Outdoor Centre	Honister Mine	Little Chestnut Hill	Rainbow	TOG 24
Booths chemist	Derwentwater Caravan Park	Hope Memorial Camp	Little Dodd Garden Centre	Rathbone	Touchwood
Borrowdale Hotel	Derwentwater Marina	Horse and Farrier	Littlefield Guest House	Rathbone Outdoor Wear	Trespass
Borrowdale YHA	Derwentwater YHA	Hot Tram Roll	Lodore Falls Hotel	Ravenstone Hotel	Ravenstone Inn
Bowfell Guest House	Dorchester House	How Keld	Londis BP Garage	Ravenstone Lodge Hotel	Troutbeck Caravan and
Braithwaite Court HPB	Dog and Gun	HSBC	The Lookout Guest House	Ravensworth House	Camping site
Brierholme Guest House	Dollywaggon Guest House	Hunters Way Guest House	Love the lakes	Rickerby Grange	Twa Dogs
Brookfield Guest House	Easedale Hotel	The Inn at Keswick	Low Manesty Caravan Club	Rivendell Guest House	Trivernmouth Lodge Hotel
Brysons	Eden Green	Ivy House	Site	Rohan	Up&running
Caffle House Watendlath	Edwardene Hotel	Java and Chocolate	Luchinis	Rowe Opticians	Village Shop Braithwaite
Camping and Caravan Club	Edz	Karra Cottage Threlkeld	Lynwood Guest House	Rowling End	Village Shop Portinscale
Site	Eel Crag	Keswick Golf Club	Lyzzyck Hall Hotel	Royal Oak Braithwaite	West View Guest House
The Card Collection	The Electric Shop	Keswick Bikes	30 Manor Park	Royal Oak Rothwaite	Whinlatter Siskin Tearoom
Cartwheel Guest House	Ellergill Guest House	Keswick Brew Co.	Mary Mount Hotel	Salutation Inn	White Horse Inn
Casa's	Erinville Guest House	Keswick Collectables	Medical Centre	Sandon Guest House	The Wild Strawberry
Castletell Guest House	Farmers Arms	Keswick Launch Company	Middle Ruddings Hotel	Saw Mill Café Dodd	Winchester Guest House
Castle Inn	Fat Face	Keswick Mountain Bike Hire	Mill Inn Mungrisedale	Scaffell Hotel	Woodside Guest House
Castlerigg Farm Camping	Ferndene Guest House	Keswick Mountain Sports	Moot Hall	Scotgate Camping Site	Yomans Outdoors
Site	Fine Designs	Keswick Park Hotel	Morralls	Seatloller House	Yew Craggs
Castlerigg Hall Caravan and	Flock Inn	Keswick Reminder Office	Mountain Warehouse	Setmabanning Caravan 7	Yew Tree Café
Camping Park	Four in Hand	Keswick Spa	Namaste 21 Manesty View	(Mrs Wood)	Yew Tree Guest House
Chapel House Heskett	Four Seasons Threlkeld	Keswick YHA	National Trust Lakeside	Seven Oaks Guest House	
Newmarket	George Fisher	Kingfisher	Necessary Angel	Scales Farm Cottage	
Cherry Tree Guest House	George Hotel	Kings Head Hotel Thirispot	Near Howe Mungrisedale	Shake it up	
Chilliee Guest House	Golden Lion	Knotts View Stonethwaite	Needlesports	Shemara Guest House	
Clarence House	Goosewell Farm Climbing	Lairbeck Hotel	New House Rothwaite	Shipstone & Co.	
Claremont House	Wall	Lakeland	Newlands Adventure Centre	Siennas	
Coledale Inn Braithwaite	Glamara Outdoor Centre	Lakeland Adventure Centre	Nichol End Marine	Silver City	



Brian Spencer

Please Support Us

Please read the following if you wish to donate to Keswick Mountain Rescue Team.

Gift Aid

Provided you pay Income Tax, the Team can now reclaim the tax you have already paid on the sum donated to the Team, from the Inland Revenue. It simply requires you to fill in the form below or use a photocopy of the form, and return it to the Treasurer.

GIFT AID DECLARATION

Name of Charity

Keswick Mountain Rescue Team

(Registered Charity No 509860)

Full name and address of donor in CAPITALS

Mr/Mrs/Miss

Address.....

.....

Post Code.....

I want Keswick Mountain Rescue Team to treat the following as Gift Aid Donations (delete as appropriate):

- the enclosed donation of £
- the donation(s) of £.....

which I made on...../...../.....

- all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until further notice

SignatureDate...../...../.....

Notes

1. You can cancel this declaration at any time by notifying Keswick Mountain Rescue Team.
2. You must pay an amount of income tax and/or capital gains tax at least equal to the tax that Keswick Mountain Rescue Team reclaims on your donations in the tax year (currently 28p for each £1 you give).
3. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that Keswick Mountain Rescue Team reclaims you can cancel your declaration (see note 1).
4. If you pay tax at the higher rate you can reclaim further tax relief in your Self-Assessment tax return.
5. If you are unsure whether your donations qualify for Gift Aid tax relief, ask Keswick Mountain Rescue Team. Or ask your local tax office for leaflet IR 113 Gift Aid.
6. Please notify Keswick Mountain Rescue Team if you change your name or address.

Please return this completed Gift Aid Declaration to the Team Treasurer:

**Ian Wallace
Spooney Green, Keswick, Cumbria CA12 4PJ**

Thank you for your support !



Through our website:
www.keswickmrt.org.uk

The Charities Aid Foundation





Shirts

Buy a Supporter Shirt,
featuring the logo above

If you would like to purchase a T-Shirt,
or a Polo Shirt, please see details on
our website

www.keswickmrt.org.uk

Bankers Order

If you would like to make a regular donation to Keswick Mountain Rescue Team, please complete the Bankers Order below, or use a photocopy of the form, and return it to the Treasurer.

Provided you pay Income Tax, the Team can now reclaim the tax you have already paid on the sum donated to the Team, from the Inland Revenue.

Full name and address in CAPITALS

Mr/Mrs/Miss

Address

Post Code

The sum of £ Annually/Monthly

Gift Aid

I am a UK tax payer and I would like this and all future
donations I make to be considered as Gift Aid

Signed

Please return this completed form to:

KESWICK MOUNTAIN RESCUE TEAM
Spooney Green, Keswick, Cumbria CA12 4PJ

Thank you for your support !

Gift Aid: please do not detach

ToBank plc

(name and address of your bank)

Name of Account
to be Debited

Account Number

Sort Code

Please pay to Midland Bank plc, Market Square, Keswick,
Cumbria CA12 5BQ (Sort Code 40-26-06) for the Credit of
Keswick Mountain Rescue Team (Account Number 60498173)

The sum of £ (figures)

..... (words)

on the day of 20

and a like sum Annually/Monthly on the

day of

until or further notice

Signed.....

Date 20



999 Text Service for Emergency Calls

Mobile phone reception in the Mountains can often be intermittent or non-existent. If you are involved in an incident on the hill and need to call assistance but cannot make voice calls, you may now contact the 999 emergency services using a short messaging service (SMS) text from your mobile phone.

The service was originally set up in 2009 for people who are hard of hearing or who have a speech impediment. The service has been successful in helping identify crime and enabling emergency calls to be made when otherwise contact would have been difficult or impossible for the people involved.

The service will now assist those needing emergency assistance in the hills when mobile reception is poor and there is not enough signal to make a voice call. The benefit is that a text message can be composed and sent in a single operation. **You should specify 'Police-Mountain Rescue' when sending the text, and include information about your location, nature of the incident and those involved.**

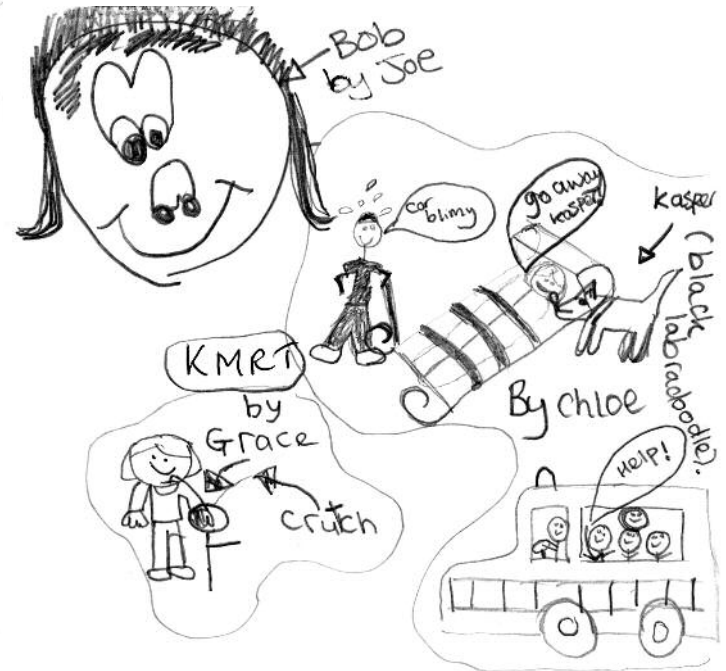
You will only be able to use this service if you have registered with emergency SMS first. Register now: don't wait for an emergency. To register, text the word 'register' to 999. You will get a reply – then follow the instructions you are sent. This will only take approx two minutes of your time and could save your life!



Incident 19

Emergency SMS Website <http://www.emergencysms.org.uk/>

And finally, another thank you . . .





*In an emergency for
Mountain Rescue
call 999 (or 112)*

Be prepared to state:

- Your name, and the number of the telephone from which you are ringing, and its location
 - The nature of the incident, and its accurate location, with a Grid Reference if possible
 - The time of the incident
 - The number of casualties
 - The details of any injuries
-
- **STAY BY THE PHONE** so that the Team can contact you

For information about SMS Text Service for Emergency Calls
see page 36

