



KESWICK Mountain Rescue Team

A Registered Charity Number 509860

Annual Report
2006

Welcome

Keswick Mountain Rescue Team



Welcome to the 2006 Annual Report of
Keswick Mountain Rescue Team.

Keswick MRT is mainly responsible for the area in Cumbria shown on the map, which includes Skiddaw, the Borrowdale approaches to Scafell Pike, and the western aspect of Helvellyn. Thus, the Team responds to incidents on three of the 3000 foot mountains in England. Search operations may lead to Team members working in other areas of the Lake District, or elsewhere.

The Team was founded in 1947.
By the end of 2005 the Team had attended
2311 rescues.

see also
www.keswickmrt.org.uk



Thanks to Venus Griffiths for the acrylic "On the Cat Bells ridge" used on the cover.

Keswick Mountain Rescue Team 2006

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 Chris Higgins
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Training Officers: Jocky Sanderson
 Piers Warburton
Radio Officer: Alan Prescott
Transport Officer: Allan Alcock
Equipment Officers: Richard Gale
 Ben Soffe
Base Officer: Keith Stephenson
Report Editor: Peter Little



CALLOUT LIST: Allan Alcock
 Donald Angus
 Peter Barron
 Jan Beedham
 Martin Bell
 Fiona Boyle
 Paul Carter
 Paul Cheshire
 Neil Dowie
 Mike Fanning
 Donald Ferguson
 Chris Francis
 Cheryl Frost
 Richard Gale
 Chris Gillyon
 Geoff Gilmore
 Mick Guy
 Roy Henderson
 Scott Henderson
 Chris Higgins
 Mark Hodgson
 Simon Hodgson
 Karen Holmes
 Dr Tim Hooper

*Forecourt Attendant
 Retired
 National Park Ranger
 Laboratory Technician
 Paramedic
 Lecturer
 Production Manager
 Chartered Engineer
 Hotelier
 Solicitor
 Retail Assistant
 Research Assistant
 Adventure Travel Consultant
 Systems Engineer
 Outdoor Pursuits Instructor
 Leisure Pool Manager
 Retired
 National Trust Warden
 National Park Ranger
 Outdoor Pursuits Instructor
 Chartered Builder
 Builder
 Outdoor Pursuits Instructor
 GP*

Katharine Horder
 Paul Horder
 Robin Humphreys
 Andy Jones
 Nick Jones
 Nick Liley
 Peter Little
 John Malley
 Malcolm Miller
 Phil Newton
 Mike Nixon MBE
 David Pratt
 Alan Prescott
 David Ridley
 David Robinson
 Jocky Sanderson
 Jill Sharpe
 Ben Soffe
 Brian Spencer
 Keith Stephenson
 Ian Wallace
 Piers Warburton
 Elly Whiteford

*Head Teacher
 ICT Technician
 Retired
 Retired
 Outdoor Pursuits Instructor
 Outdoor Pursuits Instructor
 Pharmacist
 Manager
 Laboratory Technician
 Retired
 Retired
 Teacher
 Senior Manager
 Outdoor Pursuits Instructor
 Shop Manager
 Outdoor Pursuits Instructor
 Nurse
 Retail Assistant
 Retired
 Joiner
 Retired
 Quantity Surveyor
 Environment Officer*

Widened horizons

For Keswick Mountain Rescue Team, 2005 was not only a year that presented 88 callouts but also a year that included many challenges and new ideas, some of which extend in to 2006.

This Report details a wide diversity of incident type. You'll see how the Team attended a record number of callouts, although there was a period of over 7 weeks, between 14th January and 6th March, which was callout-free. The Team had many challenging situations, including helping to deal with the January floods in Keswick.

Another challenge confronting Team operations is the diminishing ambulance resource in the area.

For training, the event horizon was extended by a trip to Chamonix in France for winter skills training, after the earlier weekend near Aviemore, Scotland, for the same purpose. For 2006, it was decided to try another venue in Scotland, Glencoe, and plan for another trip to Chamonix, for winter skills training. Both the 2005 Chamonix trip and the 2006 Glencoe trip included the use of Guides and instructors in order to maximise the opportunities for complete training.

Similarly, the Rigging For Rescue ropework courses in July, based in Keswick, attended by several Team

members, together with participants from other mountain rescue teams, called upon the expertise of Kirk Mauthner from British Columbia, Canada. Last year's Report included an account of a trip by two KMRT members to attend training in Canada.

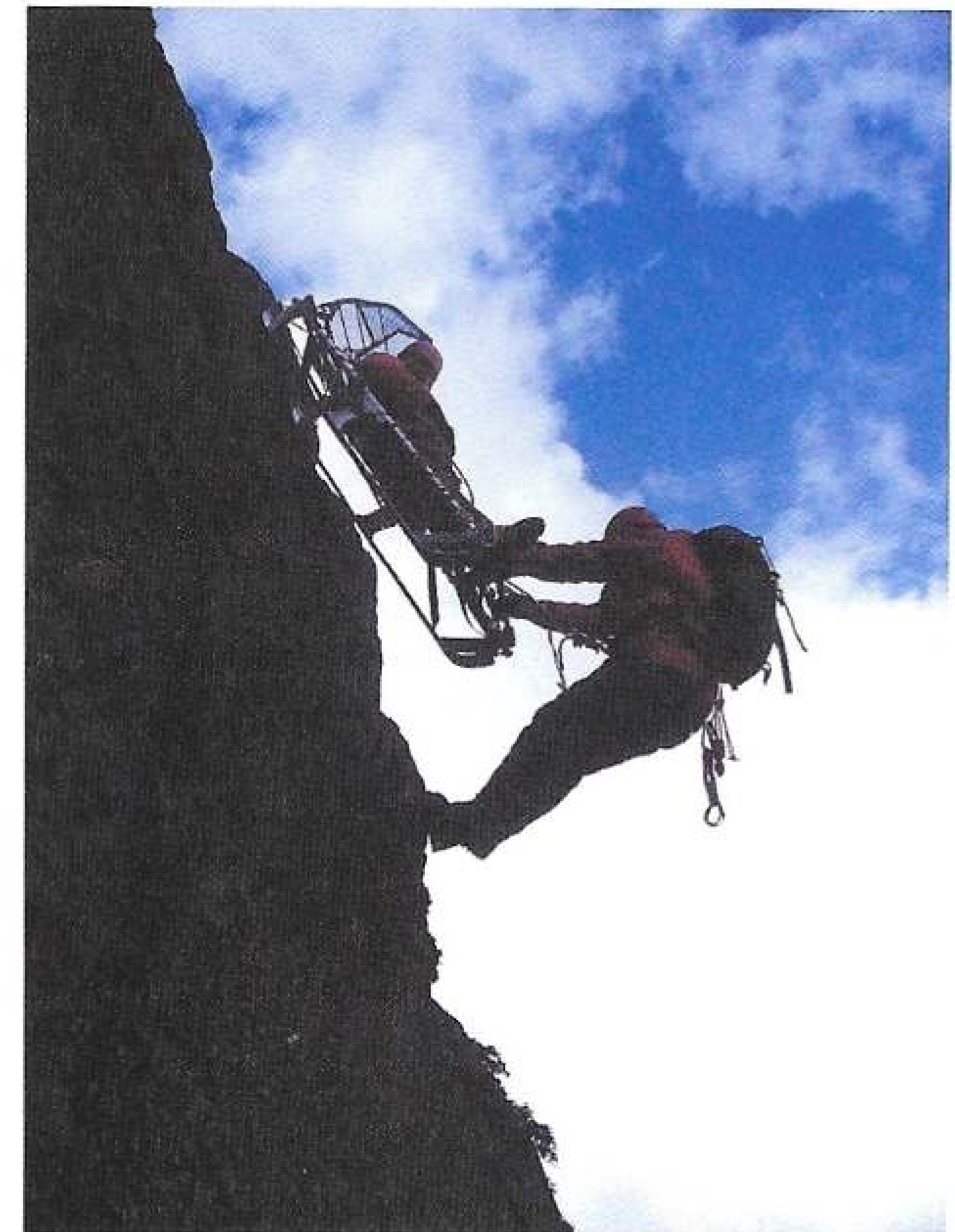
So we've been well "Guided" in training, but not misguided in seeking new approaches to the development of Team members.

Meanwhile, the first aid training has continued towards the MRC Casualty Care Assessment in March 2006.

It seemed appropriate to extend also the horizon of the material in this Report by including coverage of two important events for the Team in early 2006: namely, the visit to Buckingham Palace by Team Leader Mark Hodgson, and Team member Paul Horder, and the Team's participation in protests against plans to close Keswick Hospital.

I hope that you find this Report interesting and informative. You can find out more about the Team and its activities on the website: www.keswickmrt.org.uk

Peter Little



Rigging For Rescue course

Elly Whiteford

Concern about other services

2005 has been the busiest year in the history of the Team since its formation in 1948. We had 88 full team callouts and a further 36 alerts; alerts are classed as the times when we are called by the police or other teams that don't turn into a full team callout. This probably made us the busiest mountain rescue team in the country, certainly in the Lake District.

Out of the 88 callouts we had; 29 leg injuries, 19 searches, 3 arm injuries, 7 medical, 9 head/multiple, 4 cragfast, 2 mountain bikers, 3 rock climbing and 12 'others.' There were 3 fatalities in the year; two of them as a result of falls whilst rock-climbing and both of them within a week of each other. We used military helicopters on 11 occasions and the Air Ambulance on 10. We called on the assistance of our neighbouring team, Cockermouth to assist with 2 rescues. Rescues 74 and 77. RAF Leeming MRT helped us on the night of the floods in January. Rescue 3.

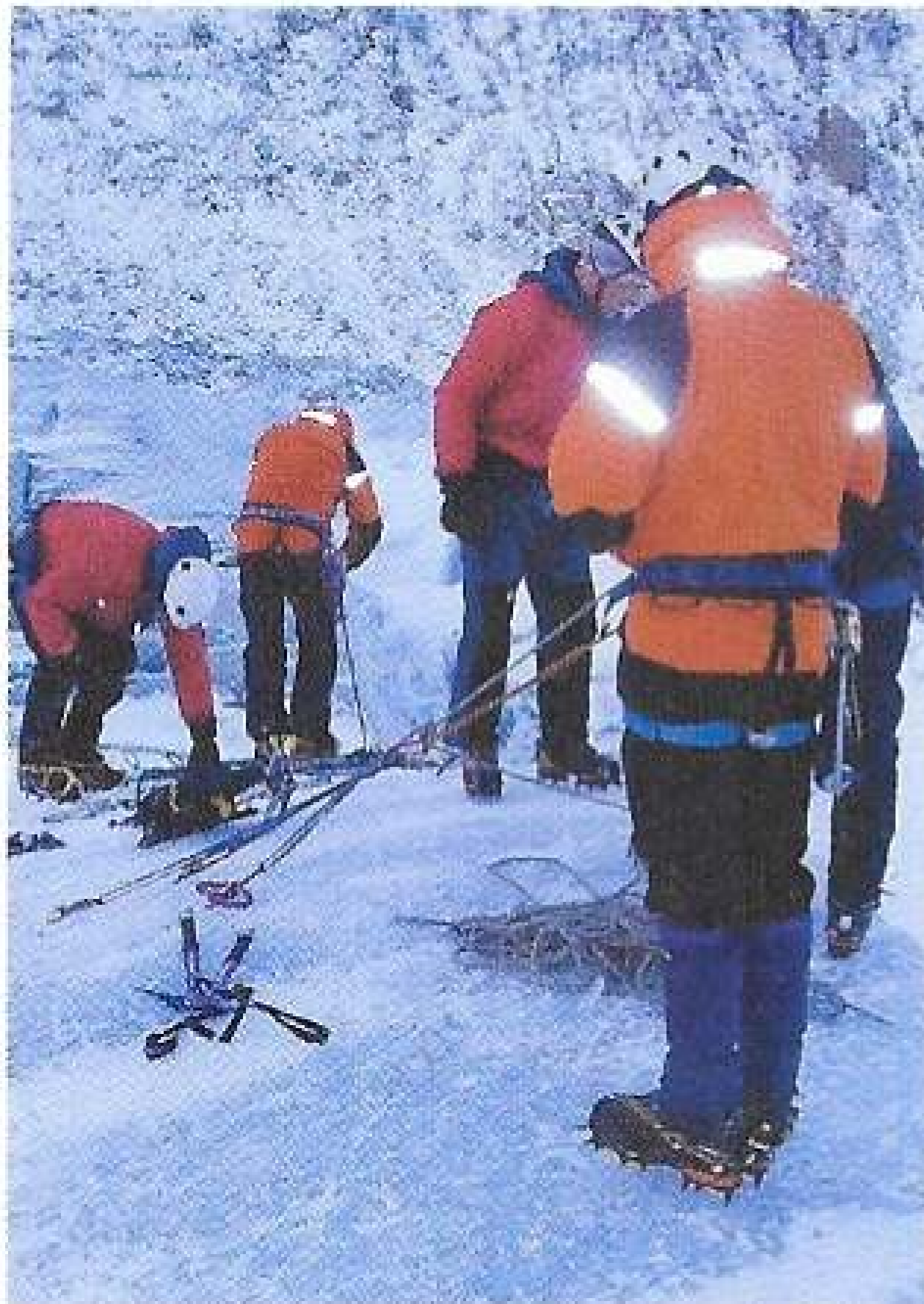
There have been several rescues in the last 12 months which merit a specific mention here:

- The floods in January which again tested the resources of the Team in a new direction and which we passed with flying colours; accolades on our approach and technical skills came from the Police, Fire Service and members of the public. Rescue 3.
- 2 fatal rock climbing incidents within a week of each other. These types of incident are always difficult to deal with and can and do affect all team members in many different ways. Rescues 29 and 31.

- The rescue of three climbers from Raven Crag in Coombe Ghyll in November in very poor weather conditions. They had been on the crag for some 10 hours – their condition could have been much worse. This type of rescue is evidence of the high standards of training that the team undertakes, practises regularly and puts into place almost effortlessly in less than ideal conditions. Rescue 74.
- The walker who fell from Sharp Edge in October, sustaining multiple serious injuries and who was only released from hospital just before Christmas – we weren't sure if she had survived. We had little direct involvement in the rescue but we can all recognise the difficult situation in which the winchman had to work to get her out and to hospital as quick as he did. Rescue 66. This was the second multiple injury fall from Sharp Edge this year, the previous one being back in March. Rescue 8.

There were many other rescues of course, thankfully most of them not as serious (to us) as the ones mentioned, but all dealt with professionally and with a good sense of humour, a factor often commented and complimented upon by our casualties. Reference to letters received from casualties can at times be quite humbling in their gratitude.

The busiest year has inevitably meant that team members have also been busier; more rescues, more training, more equipment checking and replacement, more vehicle servicing and repairs, and more management of a significant business. My thanks go to; the deputies, to all the officers and their bands of helpers,



Chamonix Training

Nick Jones

Team Leader's Report

Keswick Mountain Rescue Team

and to every team member for all the input over the year, as well as my thanks to Team members families and employers for all the disruption to work and family life that inevitably occurs.

We have two new training officers this year, who have brought a refreshing approach in the delivery of a varied training programme. The team has for the first time this year undertaken winter conditions training in Chamonix in November in readiness for what winter conditions we might encounter in the Lakes. Historically we have undergone this training in February in Scotland – not always guaranteed to be successful due to the uncertainties of Scottish weather and often undertaken at the end of the increasingly shortening winter season in the Lake District. The training, and the social side, of the Chamonix trip went very well; it will be well subscribed I'm sure for the next occasion we go.

Another first for the Team this year is the manner in which we have introduced new members. Traditionally we have allowed interested members to come along to training sessions at any time of year and if successfully elected by the Team join as probationers at any of the four team meetings we hold. This had the result that we ran the risk of 'diluting' the training that the rest of the Team was getting. After considerable discussion we introduced one intake this year, which has been an outstanding success with 4 excellent new members just elected to full membership, with a further 2 probationers having just joined.

Operationally our working relationships with the Police, the Military and Air Ambulances continue to improve; there is no substitute for close working relationships, joint training and joint operations on rescues. We have been quoted recently by the RAF as being 'the most professional team in the lakes'.

However, and isn't there always a 'however' in this type of situation, the position with Cumbria Ambulance Service is deteriorating and is likely to get worse when CAS merges with some of the adjacent authorities. I stress here that the ambulance crews themselves do a fantastic job, but there just aren't enough of them. For over 2 years we have been trying to improve things at both team and regional level, with little success. When letters, e-mails and telephone calls go unanswered, it is difficult to build a close working relationship! The type of frustrations encountered include; wrong resources being tasked to an incident by Ambulance Control, ambulances not being available to meet the Team when we get off the hill, ambulances being diverted to other calls without the Team being informed. This type of occurrence is very frustrating for us as a Team when we have carried a casualty, who may well have serious injuries for some considerable distance in often poor weather conditions and there is a delay in the onward transfer to either Cumberland Infirmary at Carlisle or the West Cumberland Hospital in Whitehaven both of which are some 30 miles distant from Keswick. Our casualties, and we the volunteers are being let down by the professionals when this happens. Currently when no ambulance shows, and it is happening on an increasingly regular basis, we use Keswick Cottage Hospital as a 'staging post' where our casualties can receive continuing medical assistance whilst awaiting the arrival of an ambulance. There has been the suggestion from CAS that we should build contingency plans into our operations" to deal with the non-availability of ambulances; if they are suggesting that the Team transfers casualties to either Carlisle or West Cumberland Hospitals, then we really are at a significant 'low' in healthcare



Chamonix Training

Malcolm Miller

Keswick Mountain Rescue Team

Team Leader's Report

provision when volunteers are needed to replace trained ambulance crews and properly equipped ambulances. The recent announcement of a review to determine if Keswick Cottage Hospital will survive is yet another unbelievable decision taken without reference to those that know of the value it provides.

As the Team continues to evolve, we have gained some new members and some members have decided to hang up their boots. This year has been no exception; with Des Oliver and Simon Noble leaving the Team. Special mention must be made of Des who has been in the Team for over 50 years since very early after the formation of the Team, one of the longest serving team members of any team. Simon Noble had not been a member for as many years as either Des but, as with all Team members, has given many years service to the Team. Brian Martland has, however, been called out of retirement. Brian left the Team last year after many years; he has recently agreed to update 'Callout' the history of the first 50 years of the Team that was written by the late George Bott. We have decided to reprint Callout this year following an article printed in the Weekend

section of the Daily Telegraph regarding our rescue of one of their reporters!

So, who knows where we will be in 12 months time? Merged Police, Fire and Ambulance authorities are likely, along with their more remote control centres. We certainly hope that in all their deliberations they seek and take notice of the views and concerns of all Mountain Rescue Teams; it would be really good if this happened before we got to the 'Consultation Periods,' but hey, why listen to us? We're only a bunch of volunteers.

One thing is for sure, Keswick Mountain Rescue Team will continue to go from strength to strength bringing assistance to walkers and climbers whenever we are needed.

Enjoy your time in the hills of the Lake District. Extend your limits when you can; this is what builds experience. If you do need the help of a Mountain Rescue Team when you find yourself in a situation that you are unable to resolve yourself, then dial 999 and ask for the Police, (ask for Cumbria Police if ringing from a mobile) they will contact the relevant Team.

Mark Hodgson



Chamonix Training

Roy Henderson

A new probationers training scheme

As you may have read in Mark Hodgson's Team Leader's report, 2005 has been our busiest year on record, with 88 callouts in total. That, together with 47 practice nights, 4 quarterly meetings, various training courses, and an AGM, roughly translates to a third of the year being taken up with callouts and team training.

The year started with the successful adoption of our new probationers training scheme where all probationers are enrolled at the same time and complete their year's probationary membership together, before being voted onto the team in January 2006. On behalf of the team we would like to welcome Elly Whiteford, John Malley, Nick Jones and Nick Liley who worked extremely well together and within the team throughout the year. All four are great assets to the team.

During the summer 19 members attended a 4 day rigging for rescue course, using crags within

the Borrowdale area, which enabled them to perfect rapid and efficient crag rescue and rigging techniques.

Callouts during winter are potentially the most dangerous for all concerned because you can be dealing with extreme winter conditions, often poor visibility and high winds. So, in addition to the regular training weekend in Scotland, we sent 12 members to Chamonix in November, before the predicted "bad" winter season started in earnest. There, the guaranteed conditions and expert local guides maximised the training days and greatly improved the skill, teamwork and techniques of the group in a very hostile environment. For the 2005/6 winters season a total of 29 team members went through winter training which greatly increases the safety and performance of the team.

Jocky Sanderson & Piers Warburton



Glencoe Training 2006

Peter Little



Incident No 9.

Jill Sharpe

- 1 1 January 13:42**
Castle Crag - Allerdale Ramble
A woman (65 yrs) slipped on wet ground and broke her ankle.
- 2 2 January 13:36**
Blencathra
We received a call reporting a sighting of someone injured on the mountain. After searching for more than 3 hours - the location was unknown - the 'casualty' eventually turned up at one of our parked vehicles. A false alarm with good intent.
- 3 8 January 00:23**
Keswick Town Centre
Keswick experienced its worst floods and strongest winds for decades. Over 24 hours, we were involved in assisting with mass evacuations of properties and submerged vehicles to a makeshift Refuge Centre in the local school. Using our boat and 3 diesel 4x4 vehicles, we assisted over 40 people including a baby, 5 cats, 3 dogs and 2 criminals. During the evacuations, Keswick experienced gusts of wind of 86 mph and all roads to and from Keswick were closed for many hours due to fallen trees and floods. Postscript: 10 members were themselves, victims of the floods yet many continued to work with the Team in helping others in the town.
- 4 8 January 14:47**
Sty Head
We received an incomplete and confused call - location and injuries very unclear - which we eventually discovered to be a woman (44 yrs) who had slipped on wet rock and injured her ankle near the summit of Seathwaite Fell at 1 pm. She had been carried on the Sty Head Box stretcher by other members of her party for some way and she had tried to walk - before being met by members of the Team who were making their way to Sty Head to investigate. We carried her down from the 1000' Boulder and took her through the floods to hospital.

- 5 14 January 15:43**
Greenup Edge
A couple (49 yrs) became lost and disoriented while walking from Grasmere to Borrowdale. They were located at around 7 pm at the head of Mere Beck in Deep Slack on High Raise and escorted down via Wythburn. Langdale/Ambleside MRT were also involved in the search.
- 6 6 March 13:47**
Bannerdale Crags
2 men became stuck at the top of the East Ridge when they encountered snow and ice. 5 members of the team were taken to the summit by a helicopter which was training in the area, in readiness for top-roping the 2 men to the summit. However, the helicopter managed to winch them to safety. They were deposited on the summit from whence they made their own way down.
- 7 12 March 12:09**
Stoneycroft Gill
A man (60 yrs) was found by passing walkers in a distressed condition with chest pains and breathing difficulties. After being treated by the Team Doctor at the scene, he was airlifted to West Cumberland Hospital by the North West Air Ambulance.
- 8 18 March 12:28**
Blencathra - Sharp Edge
A man (62 yrs) who slipped while traversing under the Edge fell 40', sustaining a broken arm, broken ribs, head injuries and a punctured lung. After treatment from the Team on scene, he was airlifted by a Sea King helicopter to Carlisle.

see also
www.keswickmrt.org.uk

- 9 **20 March 12:45**
Ashness - Walla Crag path
The Team had assembled for a training exercise with the RAF Boulmer Sea King helicopter. The first warm weather weekend of the year had arrived and visitors had turned out in droves. Just as the Team was about to become airborne, the first of several callouts came in. There were calls in the Grasmere, Patterdale and Cockermouth areas, as well as a call in our own patch to a man (62 yrs) who had slipped on wet grass and broken his ankle. Needless to say, with the helicopter preoccupied with rescues, our training was curtailed!
- 10 **23 March 21:45**
Helvellyn - Whiteside area
A student and his girlfriend went to ground when their tent was damaged by high winds. In a joint search by Patterdale MRT and ourselves, they were located and taken back down to Patterdale.
- 11 **27 March 14:21**
Glaramara - Allen Crag area
A couple became lost and disoriented in the cloud. They used their mobile phone to seek help. As it was not clear exactly where they were, a few team members went out to find them. They were found at the top of Raven Crag and were escorted back down!
- 12 **27 March 21:15**
Castle Crag area
There were (reliable) reports of parachute flares being seen. A search was made but nothing was found.
- 13 **29 March 13:00**
Shepherd's Crag area
A woman (59 yrs) fell from the stile and broke her ankle. The first person on scene was a passing ex-team member!

- 14 **29 March 21:23**
Millican Dalton's Cave
An Outward Bound party requested assistance with a girl (15 yrs) who experienced a recurrence of a known back problem.
- 15 **1 April 14:40**
Langstrath - Fairy Glen
A woman (65 yrs) slipped on wet rocks and injured her ankle.
- 16 **4 April 16:34**
Glaramara
A woman (46 yrs) slipped and broke her ankle.
- 17 **4 April 22:35**
Harrison Stickle area
We assisted in a search for a mother (49 yrs) who had failed to return having gone to look for her 2 sons who had left the family group to scramble up the Stickle. The sons returned without meeting their mother. Her body, having taken a fall, was located the following morning by RAF rescue helicopter.
- 18 **23 April 13:07**
Dock Tarn
A woman (49 yrs) fell on her knees on to some rock. She was then unable to walk with one knee which had become quite swollen and painful. She was carried to Watendlath and taken to hospital in Keswick.
- 19 **23 April 13:40**
Latrigg - Keswick bridleway
We had to divert our second Land Rover to deal with a mountain biker, a local man (51 yrs), who had gone over his handlebars after failing to jump a rut. He sustained a broken humerus, broken jaw and cheek bone and lost a few teeth. He ended up in hospital in Carlisle. Fortunately he was wearing a helmet!



Incident No. 9

Jill Sharpe

Keswick Mountain Rescue Team

Incident Report 2005 *continued . . .*



Incident No. 9

Jill Sharpe

20 2 May 10:45
Old Coach Road near Mariel Bridge
A woman (29 yrs) lost control while traversing this
bridleway on her mountain bike. She sustained painful
shoulder injuries when she fell. She was transported to a
waiting ambulance.

21 4 May 04:30
Dodds
2 men (18 yrs) became separated from a party of 5 and
tried a descent directly to St Johns in the Vale. We were
requested by Patterdale MRT to assist in a search to find
them. They used their phone to send SMS messages.
From this we learned that they were in a steep gully and
unable to move. After an all-night search, a helicopter was
deployed at first light and it found the 2 men (unharmed
but with mild hypothermia) in steep ground in Brown Crag,
some way from where they thought they were!

22 8 May 12:10
Grains Gill
A man and a woman, both with twisted, painful knees
were given assistance. A helicopter on exercise in the area
was called in to provide transport.

23 12 May 20:46
Hawse End area
There was a report of a paraglider seen spiralling down
towards the ground. A search was made but nothing
found. A false alarm with good intent.

24 21 May 13:07
Surprise View
A trail hound managed to run over the edge and fall some
way down the crag. It was recovered and taken to a local
vet.

25 28 May 15:13
Hindscarth - Grey Stones
3 walkers (including a young woman of 26 yrs) became
cragfast and very frightened when trying to climb up the
steep side of the mountain. They made a mobile phone
call for assistance. After some initial difficulty in locating
them, they were then roped up to the top and escorted
back down to the valley.

26 29 May 02:39
Surprise View area
After several people, including a local hotel night porter,
reported seeing and hearing shouts and flares, a search
was made. However, nothing was found. A false alarm
with good intent.

27 29 May 17:16
Grains Gill
A man (28 yrs) slipped and fell 25' from the bad step in the
narrow section of the gill. Suffering from concussion, head,
back and arm injuries, he was airlifted to hospital where he
was reported to have sustained 3 broken ribs.

28 2 June 11:20
Manesty area, Borrowdale
We were requested to assist the paramedics in the
recovery of a man (in his 50s) who had suffered from an
epileptic fit.

29 17 June 15:55
Gowder Crag - Fool's Paradise
2 climbers became cragfast after being involved in a
substantial rock fall. One climber (26 yrs) escaped but the
other (24 yrs) died from his injuries despite medical help on
scene and a waiting helicopter.

30 18 June 11:40
Shepherd's Crag - Chamonix
A woman (36 yrs) fell about 5' from the first pitch on to
both feet, breaking one ankle. She was stretchered from
the crag and taken to hospital.

- 31 **24 June 12:27**
Shepherd's Crag - Eve
A man (25 yrs) was leading the climb when he fell 60' to the boulders below. Some of his protection failed to hold him. He died from severe head injuries.
- 32 **24 June 12:30**
Latrigg
A woman (25 yrs) slipped on some fresh 'partle' (sheep droppings) and broke her ankle. The Great North Air Ambulance diverted from the previous incident and flew her to hospital in Carlisle.
- 33 **25 June 12:32**
Willygrass Gill path to Dock Tarn
A girl (14 yrs) on an exchange visit from Slovenia was suffering from severe stomach cramps. She was carried down and taken to Keswick Cottage Hospital for examination.
- 34 **1 July 15:23**
King's How descent into Troutdale
A sporting 85 yr old woman tripped while returning to the valley and unfortunately caught her foot and tripped, breaking her ankle.
- 35 **6 July 21:48**
High Pike area
A fell runner (40s) was unofficially following a race-goer when he lost sight of him in the mist. He tried to retrace his route in order to find a manned checkpoint but the 'man' had left. He went to another previous checkpoint with the same outcome. He eventually got down to the valley where he found a Swedish campervan which offered him warmth and transport!
- 36 **7 July 23:12**
Blencathra - Blease Fell
Shouts for help, whistles and flashing lights were reported from a campsite across the valley. On investigation, a school group was found. They had gone off route while descending from a night walk.

- 37 **10 July 15:31**
Walla Crag
A woman (33 yrs) landed badly when taking the descent path northwards from the summit, sustaining an ankle injury. She was carried down to a waiting ambulance.
- 38 **10 July 17:59**
Dale Head
We were requested by the ambulance service to assist in the recovery of a woman (30 yrs) who had broken her ankle.
- 39 **14 July 21:39**
Friar's Crag
We were requested by the ambulance service to assist in the recovery of a youth (17 yrs) who had tumbled down the crags at the lake shore and was suffering from cuts and bruises.
- 40 **15 July 17:28**
Great Gable - Windy Gap
A man (53 yrs) was having trouble with muscle cramps, exacerbated by a small fall. He managed to walk down with the assistance of the Team.
- 41 **16 July 15:10**
Ullock Pike above Ravenstone Hotel
A local girl (8 yrs) managed to fall out of a tree! She sustained cuts to her head. After being stretchered down, she was taken to hospital by ambulance.
- 42 **23 July 02:00**
Sty Head
A male participant (42 yrs) suffered from a blackout while taking part in the 3 Peaks Event. We met Wasdale MRT at Sty Head and walked the casualty back down to Seathwaite.
- 43 **26 July 17:35**
Bull Crag, Langstrath
A woman (38 yrs) slipped and broke her leg.



Incident No. 54.

KMRT



Incident No. 60

KMRT

- 44 3 August 12:00**
Blencathra - Mousethwaite Comb
A woman (52 yrs) was blown to the edge of the path where she lost her balance and tumbled 100 metres down the fellside. She suffered various multiple injuries. She was airlifted by the Great North Air Ambulance to hospital.
- 45 3 August 14:45**
Barf
A woman (39 yrs) slipped but chose not to fall back as she was carrying an infant in a papoose. She broke her leg and was taken to hospital by the Great North Air Ambulance.
- 46 7 August 16:40**
Clough Head - White Pike
A paraglider (female 27 yrs) landed only to be picked up by the wind again and dumped roughly on the ground. She suffered from a fractured tibia and fibula, neck and back pains. She was taken by the Great North Air Ambulance to hospital.
- 47 8 August 14:25**
Cat Bells traverse
A walker slipped and fell into a gully. We were requested to assist the ambulance crew with the evacuation of the casualty.
- 48 8 August 14:52**
Sourmilk Ghyll, Seathwaite
A man (26 yrs) slipped and fell 60' while gill scrambling. He sustained injuries to his lower back and wrist.
- 49 10 August 22:15**
Great Stanger Gill, Stonethwaite
We investigated a report of some stationary flashing lights which were responding to signals in the valley. A group of campers was found. A false alarm with good intent.
- 50 20 August 14:40**
Cat Bells
A woman (76 yrs) slipped and fell. She broke her shoulder/arm and sustained a cut forehead. She was taken by a RAF Sea King helicopter to hospital.
- 51 20 August 16:10**
Theatre by the Lake
We assisted the First Responders in attending to a woman (35 yrs) who was suffering from a panic attack which was thought to be related to her heart condition.
- 52 22 August 15:48**
Cat Bells
A man (44 yrs) slipped on the steep descent from the top of the ridge. He managed to dislocate 2 fingers in a spectacular way and to lacerate his leg
- 53 22 August 00:43**
Greenup area
A man (59 yrs) was reported overdue. Having become lost while trying to retrace his route, he spent the night on a rather exposed hillside outside the search area. He walked out at first light and rang his family at 08:45 to say that he was safe and well.
- 54 27 August 17:38**
Lonscale Fell - Lonscale Crag
A boy (12 yrs) managed to fall from the track while on his mountain bike, tumbling 100' down the fell. He sustained multiple bruises and grazes as well as a broken leg.
- 55 4 September 13:43**
Springs Wood
A woman (47 yrs) slipped on a gravelly path and broke her ankle.
- 56 5 September 13.37**
Shepherd's Crag - Brown Slabs Crack
A woman (33 yrs) fell 10' and suffered cuts and bruises to her leg.
- 57 14 September 16:11**
Newlands - head of valley
A man (48 yrs) caught his foot in a hole and fell badly sustaining a fracture/dislocation of his ankle.

- 58 24 September 10:43**
Cat Bells
A man (43 yrs) succumbed to a diabetic collapse. He was cared for by a nurse on scene before being carried down by the team.
- 59 25 September 15:43**
High Spy - Cockley How
A man (58 yrs) stumbled and fell sustaining multiple abrasions mainly to his face, also possibly fracturing his nose and skull. He had managed to walk a little way further but then needed the assistance of the Team.
- 60 2 October 13:42**
Langstrath - Woof Gill
A woman (35 yrs) caught her foot in a hole and badly twisted her ankle resulting in a fracture. Her husband walked 2 miles to the nearest telephone to call for help. She was taken by the Great North Air Ambulance to hospital in Carlisle.
- 61 2 October 15:23**
Fleetwith Pike - Fleetwith Edge
A man in a party of 15 slipped and tumbled 15-20' down the Honister side of the ridge sustaining minor head injuries. As we were working with the Great North Air Ambulance on the previous rescue, we flew to the scene and were able to effect a very quick rescue. Fortunately the injuries were light but the casualty was flown to Carlisle with the previous casualty.
- 62 7 October 15:53**
Whinlatter Forest - Revelin Moss area
A man (72 yrs) slipped and injured his leg. We assisted the Great North Air Ambulance, which had been tasked to this incident, by carrying the casualty down from his predicament to the helicopter which had landed on a forestry road.
- 63 9 October 16:45**
Newlands - beyond Castlenook
A woman (57 yrs) injured her leg in high winds. We carried her down to the Great North Air Ambulance which was waiting lower down the valley.

- 64 11 October 22:49**
Seatoller - Rosthwaite
2 men (54 yrs & 27 yrs) were reported overdue. Their car was eventually located at Seathwaite and a search was mounted involving several teams. The weather was atrocious with high winds, heavy rain and flooding. The 2 men turned up at Wasdale Head at 10 am the next day having spent the night out.
- 65 13 October 18:10**
High Spy - Grange
A woman (64 yrs) slipped on wet grass and injured her ankle. Her location was not precisely known. However, she was quickly located and carried down.
- 66 15 October 13:15**
Blencathra - Sharp Edge
A woman (54 yrs) lost her footing while trying to regain the crest of the ridge. She fell 50 metres and sustained serious multiple injuries. She was airlifted to Carlisle Hospital by a RAF rescue helicopter.
- 67 22 October 19:50**
Esk Hause area
3 walkers (male 22 yrs, male 23 yrs, female 23 yrs) had become lost while descending from Scafell Pike. With the use of their mobile phone, they had been 'talked out' of Upper Esk by Wasdale MRT. However, they could not find their way to Borrowdale from Esk Hause. That's where we became involved!
- 68 23 October 11:30**
Carrock Mine
A foxhound managed to get itself stuck down an old disused mineshaft. However, by the time the Team had arrived, some followers had managed to get into the mine and get the dog out!



Incident No. 60

KMRT

Keswick Mountain Rescue Team

- 69 **26 October 15:37**
Watendlath area
A woman (61 yrs) had slipped and injured her ankle. The ambulance crew which had been tasked to this incident required our services in carrying the woman down. However, others had managed to assist the woman to the village by the time the Team had arrived.
- 70 **27 October 12:55**
Castlehead
A woman (48 yrs) slipped on wet rock and injured her ankle close to the viewpoint at the summit. Once again we were asked to assist the ambulance crew with her extrication.
- 71 **29 October 21:45**
Central Fells
A woman (48 yrs) and the son (16 yrs) were reported overdue. They were fortunately quickly located unharmed by Wasdale MRT at Hollow Stones at 23:15 hrs.
- 72 **3 November 11:41**
Latrigg
A man (68 yrs) slipped on wet, muddy grass. He broke his ankle in 2 places and also his tibia and fibula! It was a wet, miserable day!
- 73 **6 November 12:49**
Dunmail Raise
A man (55 yrs) was reported by his wife to be in a suicidal state. His car was located by the police. After another phone call to his wife, the search was called off and the team stood down.
- 74 **6 November 21:39**
Raven Crag, Borrowdale – Corvus
5 climbers (2F 19 yrs & 1M 20 yrs) set off on the route at midday. 2 of them managed to get past the hand traverse section but the other 3 failed. They managed to traverse to a larger ledge before sending a SMS message to their companions. This message only got through a couple of hours later. After more than 10 hours on the crag they were lowered to safety. One was stretchered down due to mild hypothermia and exhaustion.

- 75 **19 November 12:00**
Carrock
A cragfast sheep was rescued.
- 76 **19 November 17:35**
Force Crag Mine area
A man was hit on the head by a falling stone. He was taken to hospital by a RAF rescue helicopter which was training in the area and Team members assisted the rest of the group down to the valley.
- 77 **23 November 02:30**
Caldbeck area
The taxi which was taking a man home after a visit to a pub got stuck in some mud at the end of a lane. The man, who was a local farm worker, decided to cross some fields to reach his home. As he did not arrive back a search was mounted. There was concern for his safety in the freezing fog. Nothing was found but he reported into a local police station at midday the following day.
- 78 **23 November 14:07**
King's How
An American woman and her friend became lost and disoriented in the mist. She used her mobile phone to seek help. We managed to talk her down from her position and she was met by team members on her descent to make sure of no further misadventures!
- 79 **27 November 22:15**
Great End area
2 walkers ran out of daylight and because of their unpreparedness were caught out with no torches and no survival equipment. They called for help on their mobile phone but the battery ran out. A search involving 3 teams in sub-zero conditions and snow located them at 01.30 am. They were escorted down but were fortunate not to have suffered a worse fate. A torch may have been better than a failing mobile phone!



Incident No. 61

KMRT

80 4 December 00:29

Central Fells

A couple (M28 & F25) were reported overdue at their hotel in Windermere. Their car was located at Seathwaite from where they had planned to do Scafell Pike. Wasdale MRT, Langdale/Ambleside MRT, ourselves, SARDA (Lakes) and SARDA (England) were all involved in a search which located the missing people safe but cold in Eskdale at Great Moss. They were escorted down. They then faced the prospect of a £90 taxi bill and a hotel reservation which was never taken up!

81 13 December 14:43

Styhead Gill near 1000' Boulder

A man apparently slipped from the footpath on the Taylorgill side of the beck and tumbled about 30'. He sustained head injuries from which he died, despite a quick response from the Team, an air ambulance and an RAF Sea King.

82 16 December 12:27

Cat Bells - Allerdale Ramble

A student (21 yrs) was in double trouble by taking time off college and by bending the Christmas present from his parents (a mountain bike) when he hit a groove and went over the handlebars. He managed to break his collar bone - and hurt his pride!

83 22 December 20:50

Esk Hause

A man (51 yrs) called for help when he was uncertain of his descent route in poor weather. 6 team members went out to escort him down.

84 25 December 13:40

Helvellyn - above the Swirls

A woman (50 yrs) slipped on steep grass and broke her ankle - a dubious honour for this poor woman as our records show that this is the only Christmas Day rescue other than one in 1952.

85 27 December 16:48

Castle Crag, Borrowdale

A dog called Lucky chased a robin whilst on the summit. He ended up falling down a 60' cliff becoming stuck on a ledge. We eventually located the animal and were able to bring him to safety!

86 28 December 14:33

Latrigg - Spooney Green track

A man (59 yrs) slipped on the frosty surface and managed to fracture and dislocate his arm.

87 29 December 12:33

Blencathra - Sharp Edge

A young couple became cragfast and very cold when the snowy and icy conditions overwhelmed them. 2 members from Cleveland MRT managed to shelter them until we arrived with ropes to lower them from their predicament.

88 30 December 15:16

Old Coach Road - Mariel Bridge

A man (33 yrs) slipped on the icy path and broke his ankle.

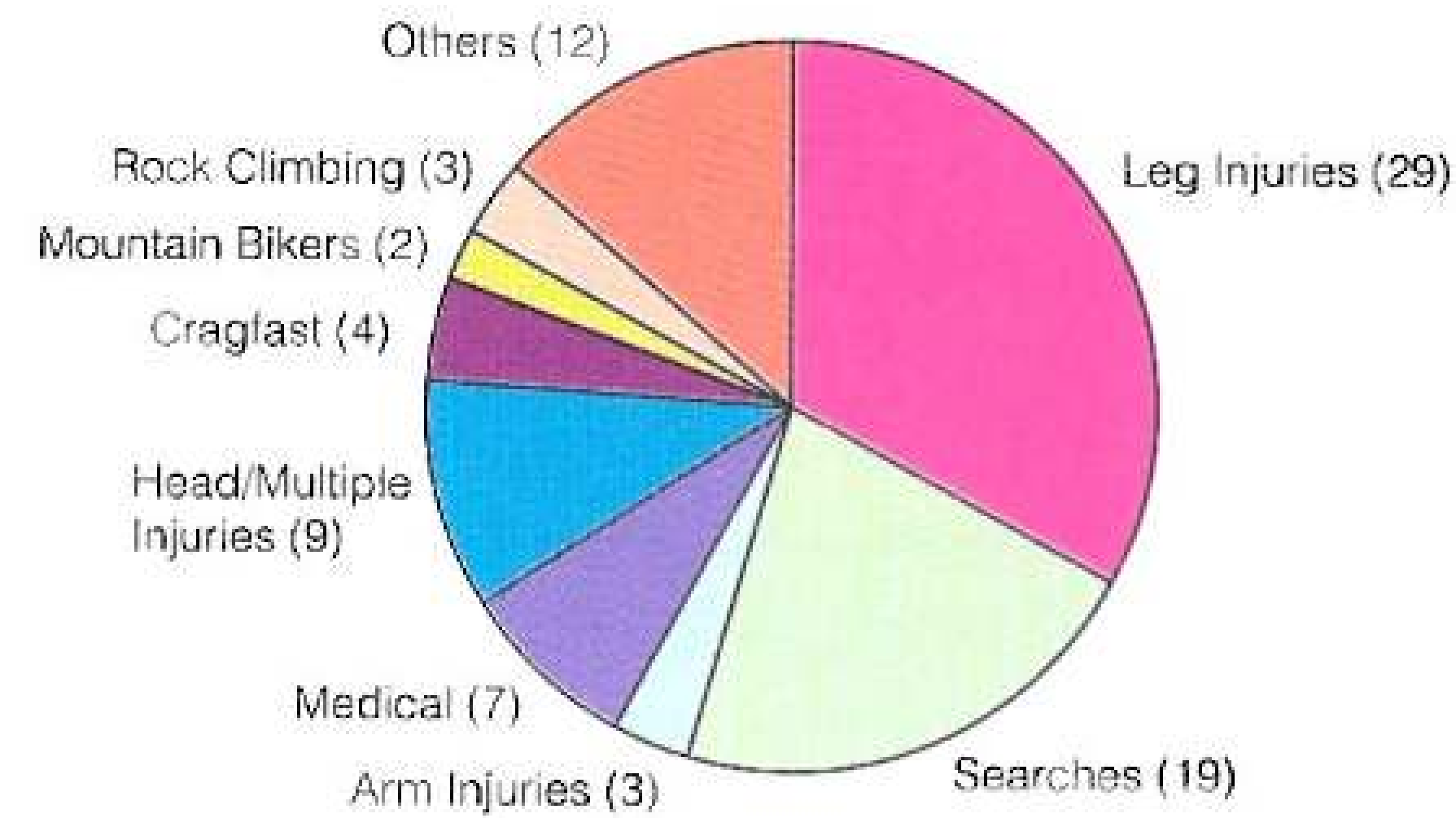


Incident No. 87

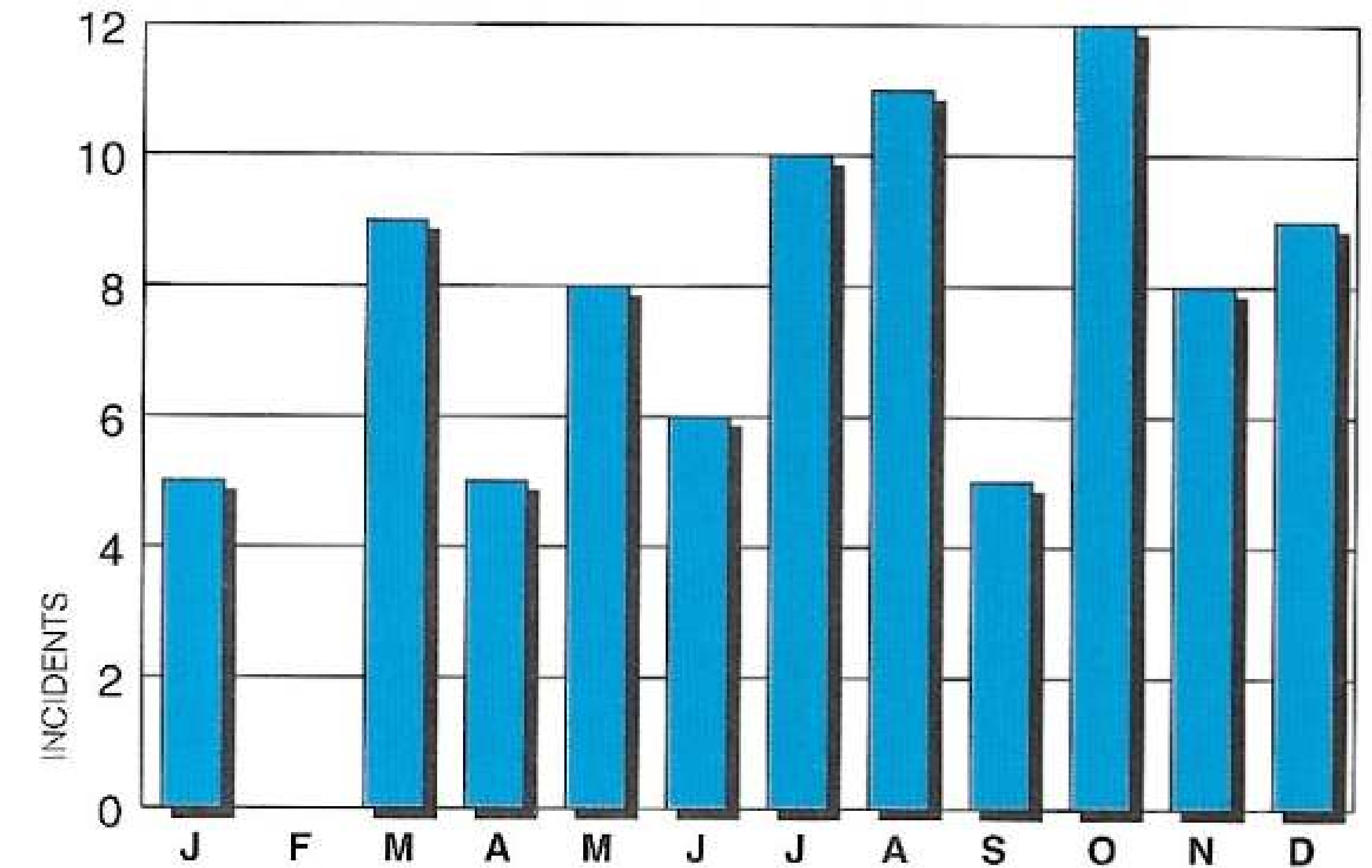
Chris Francis

INCIDENT TYPES 2005

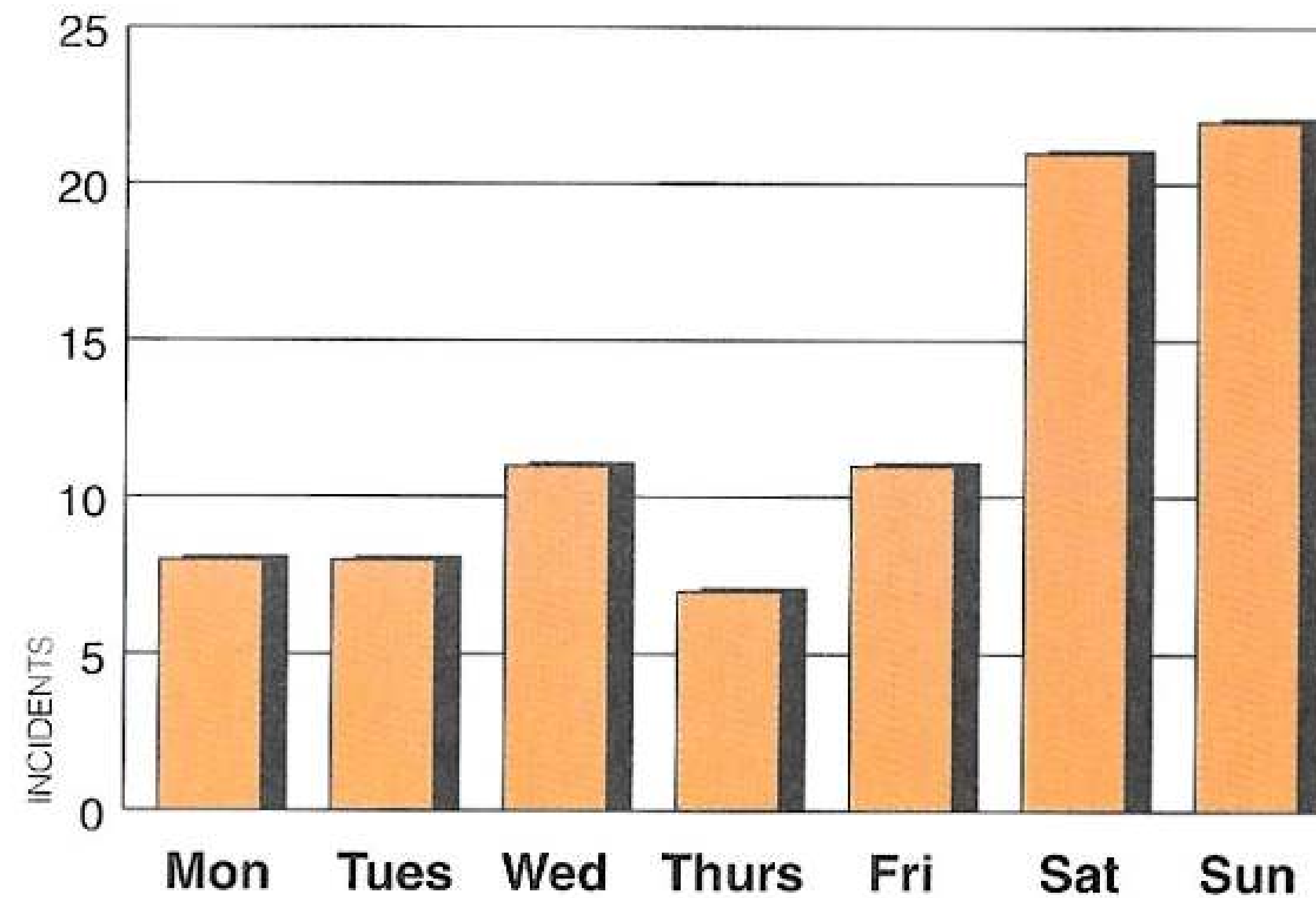
Figures in brackets refer to number of incidents, not percentage of incident types



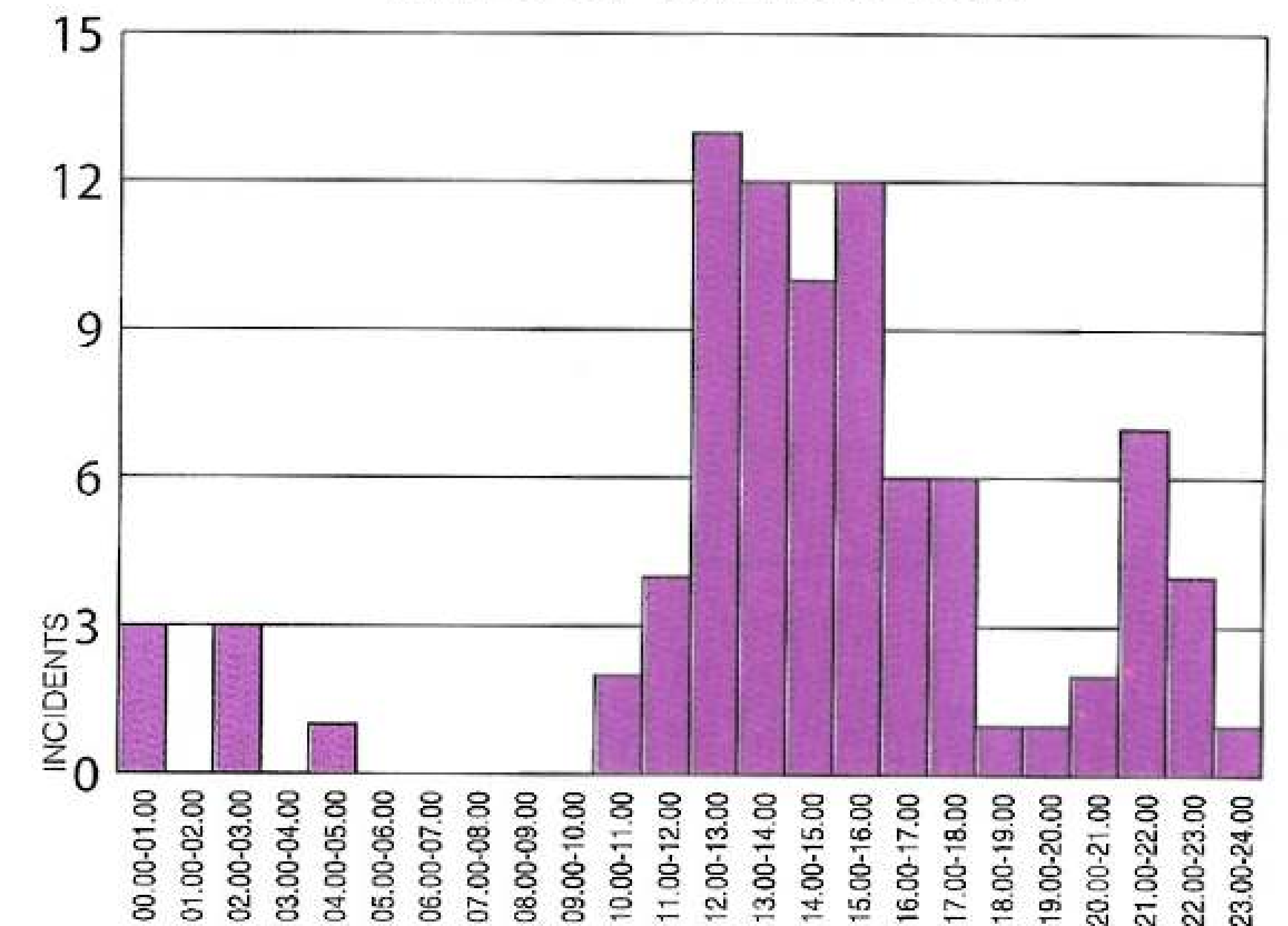
MONTHS OF THE YEAR 2005



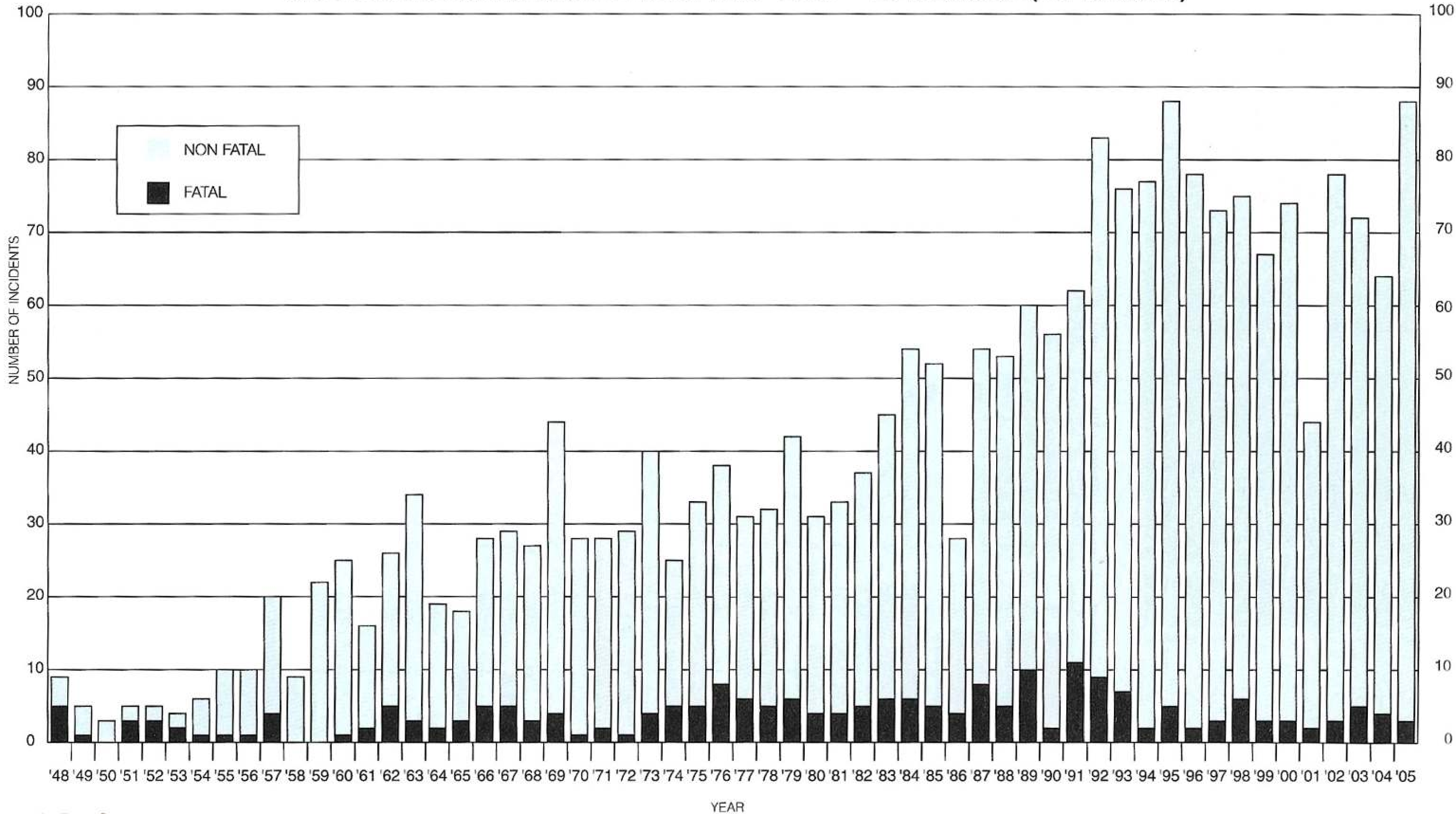
DAYS OF THE WEEK 2005



TIMES OF THE DAY 2005



KESWICK MOUNTAIN RESCUE TEAM 1948 - 2005 2311 callouts (227 fatalities)



Keswick Mountain Rescue Team



Mac

Two new dogs

The Team has continued with one Search Dog, Mist, a Border Collie/Terrier cross during this year. Mist and her handler, Mick Guy, attended 17 searches during the year. They helped to locate a missing family in the Patterdale Team area in August, near to Great Dodd in thick mist and heavy rain. Other searches were undertaken in Langdale, Wasdale, Duddon and Kendal areas in conjunction with other Lakes MRTs.

Mist's new partner, Ginny has made good progress in training, and at the time of writing, is half way through her final assessments. With luck, she will be a graded search dog by May.



Ginny

Mac, a trainee search dog being brought on by Elly Whiteford, is also making good progress, and is now at Stage 2 out of the 3 SARDA training stages. Mac is a real character – a smooth coated dog, he "grumbles" constantly, but has learnt the game quickly. We have every hope he will also be on the callout list by the autumn.

It would be fair to comment that while the number of Keswick dogs has been low for a number of years, the Team has been well served by search dogs and handlers from other Lakes teams coming in to help in searches from as far away as Kendal, Kirkby Stephen and Ennerdale, and the adjoining teams at Langdale and Wasdale also have dogs that have been deployed on searches in the central fells.

Mick Guy

Detailed Examination

On a rainy winter's night a young man lies motionless on the ground. A rescuer approaches and finding no response to his shouts and shake, opens the unconscious person's airway. He performs a well practised drill of stabilising the neck, assessing breathing and checking for chest injuries, administering oxygen and then moving on to assess the pulse and possible causes of blood loss. He is interrupted by a voice from behind him:

"The casualty has gone blue." Beads of sweat appear on the forehead – this time of the rescuer. He turns back to re-assess the airway and uses a plastic Guedel device to maintain a patent airway. Once again he checks the breathing. He notes a racing pulse and examines the abdomen, pelvis and femurs for injuries which might account for this finding. Again the voice from behind interrupts him:

"OK, time's up, thankyou." The casualty removes his oxygen mask and neck collar, stands up and stretches, now looking considerably healthier. The scene is the Mountain Rescue Council First Aid Exam. The rescuer, an experienced team member, has completed the first section of the exam. Ahead of him he faces a further scenario involving a patient with a medical

complication such as angina, diabetes or epilepsy. He must then demonstrate proficiency in cardio-pulmonary resuscitation on a manikin. Finally, there is a 200 question multiple choice exam on all aspects of mountain rescue casualty care. This challenge is repeated every three years to take account of developments in Medicine. Team members have spent much of last year preparing for this exam and are quietly confident of success.

The Keswick Team has the services of a paramedic, a nurse, a pharmacist and a doctor all of whom contribute to updating procedures and assisting with the first aid training. 2005 saw the publication of new European guidelines on resuscitation. There are considerable changes to the previous protocols and the Keswick team has adopted these. We have been able to re-program our defibrillators to follow the new guidance. We are waiting for the manufacturers to update the software in the training model.

Team members have needed to apply their skills on more occasions than ever in 2005. Injuries range from the common lower leg injury to casualties with multiple severe injuries. The team is well placed to face the challenges of 2006.

Dr. Tim Hooper



Incident No. 61

KMRT

Keswick Mountain Rescue Team

The Bed-sit in the Market Square

Dr Maurice Hamilton contacted the Team with the great idea of a 24 hour bed-sit in the Market Square in protest against the proposed closure of Keswick Hospital. The idea was simple: from 10 am on February the 18th until 10 am the next day, someone was to sleep in a hospital bed placed in the centre of the Market Square. As the night shift was likely to be the most "lively" with people coming out of clubs and pubs, we were given that "graveyard" shift. The Team started at 6 pm, in pairs doing watches until 8 am, when Dr Hamilton started the final stint.

The Training Officers of the Team, Piers Warburton and I, decided to do the lively watch, from 12 to 4 am. I must say that my initial apprehension of lying in bed, feeling a bit daft, at midnight, while merry revellers staggered past on their way



Late night revellers join the protest

Ben Soffe

quickly dissolved away, because everyone, without exception, was fantastic and supportive about what we were doing. Passers by came over and gave generous donations to the fighting fund, and chat about the importance of keeping the hospital open. Local pubs were also very supportive, and sent out teas and coffees to warm us up.

All of us who did the bed-sit had a great time and agree that it was a very rewarding and amusing way of demonstrating about a very serious issue. The importance of having a community hospital in Keswick is certainly not lost on us. As a Team, we frequently use the hospital, and if it were to be closed it would be a great loss for visitors and locals alike.

"Keswick needs its precious hospital."

Jocky Sanderson

Buckingham Palace

Keswick Mountain Rescue Team

Emergency services honoured

It is exactly 301 miles from the front door of our headquarters building in Keswick to the front door of Buckingham Palace. Our Landrover first response vehicle 'Keswick Echo' is exempt from the £7 M6 toll-road charge as it is an emergency vehicle; it is also exempt from the Congestion Charge now in operation in central London for the same reason.

How do we know these facts.....?

I was very proud to be invited to attend an evening reception held by the Queen and The Duke of Edinburgh, The Princess Royal, The Duchess of Gloucester, The Duke of Kent, Prince Michael of Kent and Princess Alexandra at Buckingham Palace on the 15th February 2006. The reception was held to honour the work of the Emergency Services and Disaster Relief personnel. Paul Horder from the Keswick Team was also invited, in his capacity as the MRC E&W representative on IKAR, the International Kommission for Alpine Rescue. Other representatives from the Lake District were David Allan, chair of MRC E&W and Dr John Ellerton of the Patterdale Team, and chair of the MRC E&W medical sub-committee. In all there were 10 representatives from Mountain Rescue in England, Wales and Scotland in attendance. Mountain Rescue were requested to provide a vehicle for display at the reception; we were specifically asked by the Palace to bring one of the Keswick Team's vehicles for display in the courtyard of the Palace for the duration of the event. 40% of the mountain rescue attendees at the reception were from the Lake District; in all there were some 450 to 500 guests at the reception.

We drove from Keswick on the morning of the reception arriving at the front gates of the Palace (!) at around 2 pm, where we spent the next hour or so setting up the vehicle in its proud position as one of only eight vehicles in the inner courtyard. We were certainly in privileged company, with vehicles from; The Fire Service, Ambulance Service, Police, Bomb Squad, Doctors fast response service and the mini-submarine that had rescued trapped Russian submariners in late 2005. With the aid of household staff the vehicles were set up under floodlighting to be displayed to all the attending guests.

The reception was held in the evening, and commenced with several members of the emergency services, including David Allan, being presented to the Queen. Our close friends the RAF were also in attendance, having landed their Sea-King in the gardens of the Palace; the helicopter crew were also presented to the Queen. After the presentations The Queen spent several minutes speaking with myself, Paul Horder and Andy Simpson, Press Officer for MRC E&W. A separate conversation took place later in the evening with the Duke of Kent.

Following the formal presentations the members of the Royal Family spent the remainder of the reception, meeting and talking to the guests on a less formal basis. The reception concluded at around 8-30 pm after what can only be described as a very surreal experience.

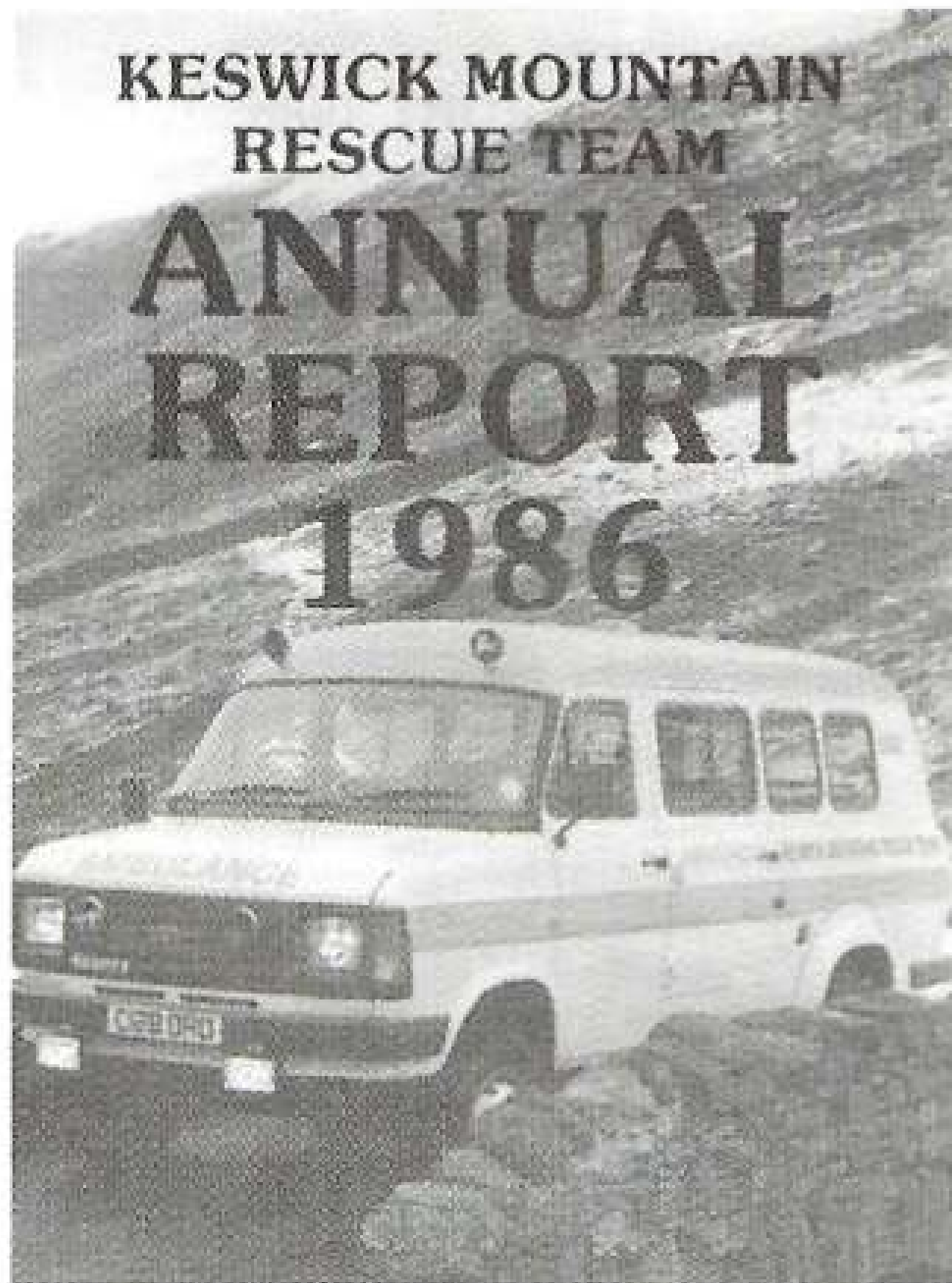
Our Landrover remained at the Palace overnight, looked after by the Household Cavalry, from whom we reclaimed it for the drive back North the following morning, following an impromptu photo session parked outside the Palace!

Mark Hodgson



Mark Hodgson

Keswick Mountain Rescue Team



1986

Twenty Years Ago

Annual Report for 1986

Edited by David Brown.

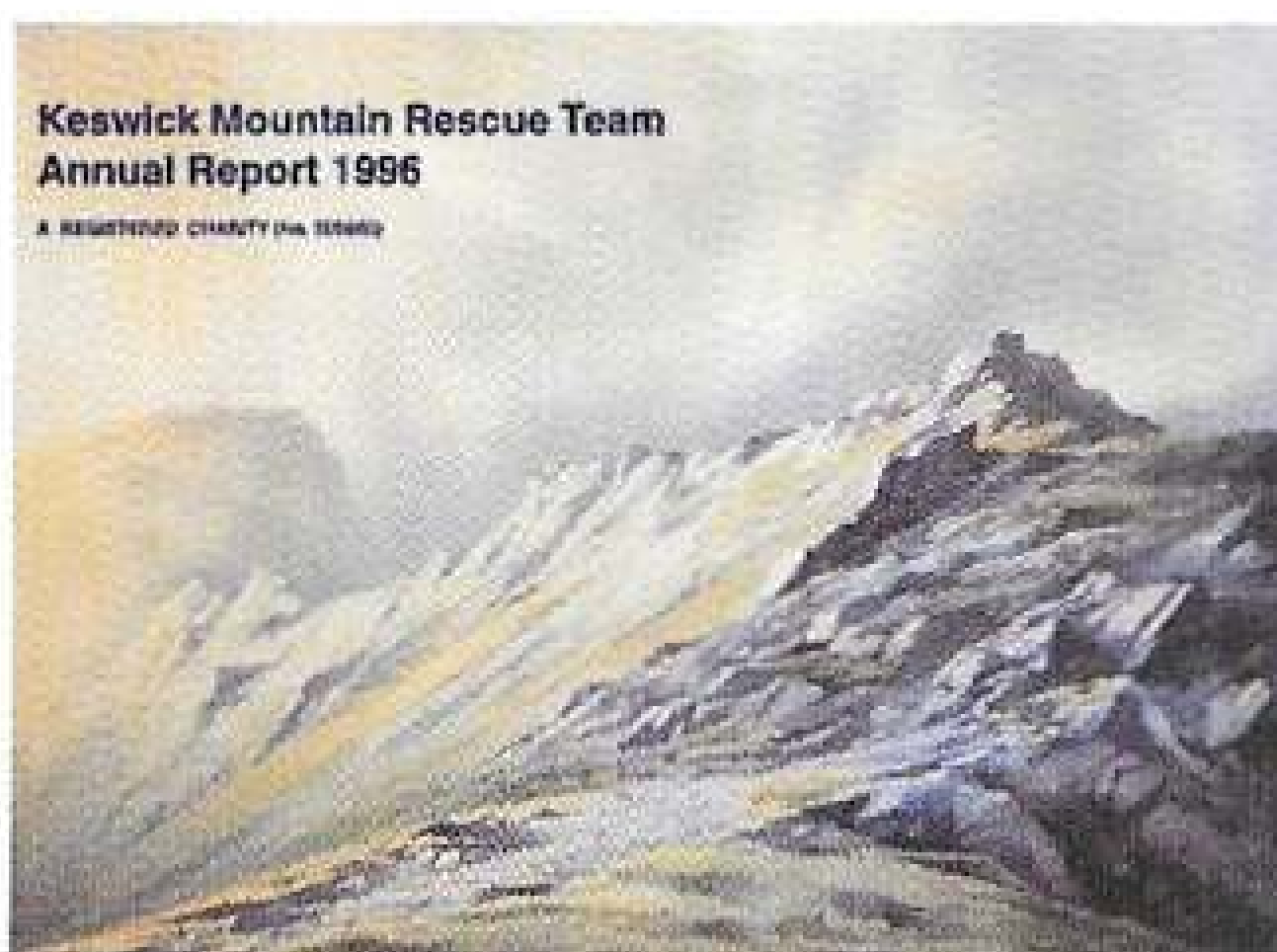
Cover: Photo of KMRT Transit vehicle at Ashness Bridge, (unknown credit)

62 rescues in 1985

Team Leader Mike Nixon reported how, twelve months after launching an appeal, the Team had acquired a replacement four wheel drive Ford Transit, equipped as an ambulance and ready for the road, (see cover photograph). "... a great tribute to the generosity of the people and the organisations of Keswick." He remarked that the number of callouts will continue to increase annually "inevitably as our fells get more and more visitors." He was sure, however, that "the Team will continue to cope with anything that is asked of them in their usual prompt and efficient manner."

In the 62 callouts there is a wide range of incident type, including ten responses to calls for assistance in other areas, (mainly involving Search Dog handlers). In the Grains Gill valley, Borrowdale, there were four callouts, including three separate incidents, involving ankle injuries, at the "White Bridge".

In July an unfortunate man sustained a broken ankle because a "dog fled in terror into the river (Derwent at Portinscale), pulling its owner with it, whilst escaping a chasing cow!"



1996

Ten Years Ago

Annual Report for 1996

Edited by Rachel Slattery.

Cover: painting by John Campbell: "Sharp Edge, Blencathra".
87 rescues in 1995

Chairman Mick Guy reported the progress of the "big Fund Raise towards our new Headquarters", including how the Team was "stunned by the refusal of the National Lottery to even consider the project, having initially given the application the go ahead." "But once again, dear Ada Hillard, our wonderful patron, stepped in to assist and encourage us."

New HQ Appeal Secretary Neil Dowie detailed the progress of the fund raising effort, with the efforts of the Supporters' Group described by the group's secretary, Elaine Pratt.

Team Leader Mark Hodgson remarked that the Team was looking forward "with great excitement" to being operational in the new Headquarters in autumn 1996. He commented that the 87 rescues, a record, and the regular training sessions, together with major efforts in fund raising, clearly demonstrated "the enthusiastic commitment of all Team members."

Equipment Officers, Chris Francis and Simon Hodgson, and Training Officer Andrew Slattery, gave prominence in their reports to the Team's acquisition of a Propaq monitoring device – a significant addition to the Team's resources in casualty care.

The incident report includes the story of the same two persons being rescued twice in successive days, in January. In contrast, another winter callout involved Team members wearing crampons to walk the Honister Pass road to help motorists down the road after several cars had become stuck.

There were many days with more than one callout, including one October day with three callouts, two of which occurred in the same location near Dock Tarn !

Peter Little

Collection Box Sponsors

Keswick Mountain Rescue Team

Once again we are most grateful to all our loyal supporters who have housed KMRT collection boxes to raise another £20,000 in 2005. This is our only regular income, so it is very important to us. Thanks to all who have contributed. Below is a list of establishments who have helped us. Anyone wishing to house a box, please ring Brian Spencer on 017687 72531.

Abacourt House
Acorn House
Allerdale House
All Seasons
Armathwaite Hall
Bank Tavern
Barclays Bank
Barn Gill Guest House
Thirlspot
Beaty & Co Wigton
Beckstones Guest House
The Beeches Guest House
Birch How Guest House
Bookends
Borrowdale Hotel
Borrowdale YHA
Bowfell Guest House
Braithwaite Court HPB
Brierholme Guest House
Britannia Building Society
Brookfield Guest House
Brysons
Caffle House Watendlath
Camping and Caravan Club
Site
Cars of the Stars
Cartwheel Guest House
Casas
Castlefell Guest House
Castle Inn
Castlerigg Farm Camping Site
Castlerigg Hall Caravan and
Camping Park
Charnwood Guest House
Cherry Tree Guest House
Chilltee Guest House
Clarence House
Claremont House
The Climbing Wall
Coledale Inn Braithwaite
The Corner Shop
The Cornish Pasty

Cotswold Camping
Craglands Guest House
Cragside Guest House
Crosthwaite Garage
Crow Park Hotel
Cumbria Clothing Company
Cumbrian Properties
Cumbria House
Dalegarth Hotel
Dale Head Hall Hotel
Daresfield Guest House
David and Elaine Burn,
Ashtree Avenue
Derwent Bank HF
Derwent Club
Derwent Filling Station
Derwent Hill Outdoor Centre
Derwent Jewellers
Derwentwater Caravan Park
Derwentwater Marina
Derwentwater YHA
Dorchester House
Dog and Gun
Dollywaggon Guest House
Easedale Hotel
Edwardene Hotel
Eel Craggs
The Electric Shop
Elliotts
Erinville Guest House
Fat Face
Ferdene Guest House
Fieldside Grange
Fine Designs
Flock Inn
Four in Hand
George Fisher
George Hotel
Golden Lion Inn
Good Taste
Glamara Outdoor Centre
Glencoe Guest House

Glendale Guest House
Ginger and Pickles
Grange Bridge Cottage Café
Grange Café
Greystoke House
Greystones Guest House
Hawcliffe Guest House
Hazel Bank Hotel
Hazelmere Guest House
Hazelwood Guest House
Hedgehog Hill Guest House
The Heights Hotel
Helens Chocolates
High Lodore Farm Café
C & C A Holmes
Honister House
Honister Mine
Hope Memorial Camp
Horse and Farrier
How Keld
HSBC
Hunters Way Guest House
Hutton Moor End Caravan
and Camping Site
Ivy House
F & J Jarman Aspatria
Kalgurli Guest House
Karra Cottage Threlkeld
Keswick Lodge
Keswick Golf Club
Keswick Bikes (2 shops)
Keswick Mountain Sports
Keswick Park Hotel
Keswick Spa
Keswick YHA
Kings Arms
Kingfisher
Kings Head Hotel Thirlspot
Knotts View Stonethwaite
Lairbeck Hotel
Lakeland
Lakeland Decor

Lakeland Pedlar
Lakeland Photo Prints
Lakeland Toys and Hobbies
Lake Mere
Lake Road Inn
The Lakes Fish Restaurant
Lakeside Holiday Park
Lakeside House
Lakeside Tea Gardens
Langdale Guest House
Langstrath Hotel
Larrys Lodge
Latrigg House
Laurel Bank Guest House
Leathes Head Hotel
Little Chestnut Hill
Little Dodd Nursery
Littlefield Guest House
Lodore Falls Hotel
Low Manesty Caravan Club
Site
Luchinis
Lynwood Guest House
Lyzick Hall Hotel
Mary Mount Hotel
Medical Centre
Middle Ruddings Hotel
Mill Inn Mungrisedale
Mimosa
Mines Museum
Moot Hall
Morrells
Namaste 21 Manesty View
National Trust Lakeside
Needle Sports
New House Rosthwaite
Newlands Adventure Centre
Nichol End Marine
North Lakes Caravan Park
Norwegian Store
Oddfellows Arms
Outdoor World

Old Keswickian
Packhorse Inn
The Paddock
Parkergate
Peathouse Stonethwaite
Pizza Panorama
Police Station
Portland House
Powe House Guest House
Pretty Things
The Puzzling Place
Rainbow
Rathbones
Rathbones Outdoor Wear
Ravenstone Hotel
Ravenstone Lodge Hotel
Ravensworth Hotel
Rembrandt Restaurant
Rickerby Grange
Rivendell Guest House
Rock Shop
Rohan
Rosthwaite General Store
Rowe Opticians
Rowling End
Royal Oak Braithwaite
Royal Oak Rosthwaite
Rush
Salutation Inn
Sandon Guest House
Saw Mill Café Dodd
Scawdel Guest House
Scafell Hotel
Scotgate Camping Site
Seathwaite Farm Café
Seatoller House
Setmabanning Caravans
(Mrs Wood)
Scales Farm Cottage
Shemara Guest House
The Sick & The Wrong
Silver City

Silverdale Hotel
Skiddaw Grove Hotel
Spar Grocers
Spooney Green Cottage
Stephanies
Strathmore Guest House
Stybeck Farm
Sun Inn Bassenthwaite
Sunnyside Guest House
Sweeneys Cellar Bar
Swinside Farm Cottage
Swinside Inn
Swiss Court Hotel
Tarn Hows Guest House
Temple Sports
The Theatre by the Lake
Thornleigh Guest House
Thornthwaite Gallery
TOG 24
Touchwood
Trekks Cave
Troutbeck Inn
Tynemouth Lodge Hotel
Ultimate Outdoors
Underscar Hotel
Underscar Timeshare
Village Shop Braithwaite
Village Shop Portinscale
West View Guest House
Whinlatter Siskin Tearoom
White Horse Inn
The Wild Strawberry
Winchester Guest House
Wine Rack
Woodside Guest House
Yeomans Outdoors
Yew Tree Café
Yew Tree Guest House
Zenith



Brian Spencer

Treasurer's Report, Trustees' Annual Report, Financial Statements for the year ended 30th November 2005

TREASURER'S REPORT

Another year has flown by, and quite an exciting year as far as the Treasurer is concerned !

The Team has been lucky enough to be the beneficiary of a substantial legacy from a lady in the east of Yorkshire who used to live in Threlkeld.

We now have liquid assets which are in excess of three times the annual expenditure that the Charity Commissioners recommend.

This means that we are in the happy situation of being able to invest a portion of that money for capital growth and, subsequently, income towards the Team's expenses.

For the first time in our history we will have a reliable part source of income.

Because I am a lay person, and with the agreement of the Team as a whole, we have decided to employ the expertise of a firm of financial advisors who specialise in investments for charitable organisations.

We must never forget the wonderful financial support that we receive from individuals.

Without their kindness and generosity to the Team we would be struggling to meet our annual running costs.

Once again Brian Spencer has done a magnificent job with the 200 plus collecting boxes spread out through our area. Again he has been responsible for raising over twenty thousand pounds in the year.

I can say without a shadow of doubt that the expenditure of the monies that we have been entrusted with is much discussed and therefore wisely used.

The Team Headquarters building has moved in to the "era of repairs" and we have had to spend money on unexciting things such as repairs to garage doors, surveillance equipment, new lockers and first aid storage and fire protection.

The interesting aspects of our expenditure such as the ten thousand pounds spent on training courses will be covered in other parts of the Annual Report.

Ian Wallace

Annual Report

for the year ended 30th November 2005

Keswick Mountain Rescue Team

TRUSTEES ANNUAL REPORT

The following information is published in accordance with the requirements of The Charities (Accounts & Reports) Regulations 2000 and SORP 2005

Name: The name of the charity is Keswick Mountain Rescue Team ("the Charity").

Registered Number: The Charity is registered with the Charity Commission for England and Wales under number 509860.

Legal Entity: The Charity is a charitable un-incorporated association, established by written constitution.

Current Charity Trustees: The Charity Trustees as at the date of this Report (25th January 2006) are:

Chairman	David Pratt
Secretary	Anthony Michael Guy
Treasurer	Ian Wallace
Team Leader	Timothy Mark Hodgson
General Team Member 1	Paul Horder
General Team Member 2	Peter Barron

Property Holding Trustees: The following are the legal trustees of the lease of the Team Headquarters, and (except where named as a Charity Trustee above) do not exercise a management function within the Charity: Anthony Michael Guy; Peter Barron; Timothy Mark Hodgson; Andrew John Jones

Principal Address: Keswick Mountain Rescue Team Headquarters, Lakeside Car Park, Keswick, Cumbria CA12 5DJ.

Accountants: Gibbons and Company, Chartered Accountants, 43 Station Road, Keswick, Cumbria CA12 4NB.

Bankers: HSBC Bank plc, Market Square, Keswick, Cumbria CA12 5BG.

Trustees Report: The trustees present their report along with the financial statements of the charity for the year ended 30 November 2005. The financial statements have been prepared in accordance with the accounting policies set out on page 28 and comply with the charity's trust deed and applicable law.

Particulars of Written Constitution: The current version was approved by the Charity Commission and adopted by the Charity on the 5th of September 2005, and contains the provisions that regulate the purposes and administration of the Charity.

Description of Objects of the Charity: The main object of the Charity (as set out in its constitution):

"... shall be for the public benefit, to relieve suffering and the distress arising therefrom, among persons and animals endangered by accident or natural hazards within the area of Great Britain and particularly on the mountains of Cumbria in the vicinity of Keswick."

Details of Persons or Bodies Entitled to Appoint Charity Trustees and

Details of Method of Appointment: The only body with the power (within the terms of the Constitution) to appoint a trustee is the membership of the Charity. The Charity Trustees are appointed at each Annual General Meeting, and hold office until the following AGM. The Trustees must be members of the Charity and are the Chairperson, Secretary, Treasurer, Team Leader and two others elected from the general membership. There is no bar on a trustee standing for office for successive terms. Candidates for positions conferring trusteeship must be nominated in writing to the secretary not less than 21 days prior to the AGM, and notified to the membership not less than 14 days prior thereto. Voting is conducted by a secret ballot.

Income Reserves Policy: This policy continues to be under review – but is led by the view that the Charity Trustees must have regard to both the short and long term needs of the Charity. The Charity has endeavoured to secure a regular income via collection boxes, covenanted and Gift Aid donations. Collection box income has been solid – a reflection of the hard work of Brian Spencer, our collection box co-ordinator. However, these sources of income alone are insufficient to ensure that annual running costs are met. Historically, the Charity has benefited from legacies which when annualised have ensured that annual income exceeds annual running costs. This financial year (2005) has seen a significant legacy which has led to a change in the Charity's investment policy. Interest earned on reserve funds has, in previous years, helped balance the books. This year, interest on the reserves (in addition to general income) has not been sufficient to balance expenditure against income. Expenditure has, therefore, been met by utilising reserve funds. Obviously, if this trend continues, then the reserves will, in time, be exhausted. The Charity Trustees will maintain the general income reserve policy of three times annual expenditure. That is to ensure that the provision of the Charity's primary objective will not be hampered by any imbalance between income and expenditure over such a relatively short period, and is based on the Charity's experience of fund-raising. The Charity Trustees will continually monitor and adapt this policy (as necessary) in order to ensure that funds that can no longer be justifiably held in reserve are applied in accordance with the Charity's objective.

Investment Policy: The Charity provides a vital emergency service that requires certainty of funding. The Charity Trustees have, historically, adopted a risk-averse approach to investment. The preference is to safeguard funds by placing them in building society accounts – with medium to longer term funds placed in the highest yielding (but limited access) accounts. In that way, the capital is secure, and interest income is maximised. This year the charity has received a significant legacy. This has enabled the Trustees to consider investing a sum of money to provide a regular income to offset the need to rely on irregular public donations. After seeking professional advice and with the full support of Team members, the Trustees have agreed to invest in a balanced portfolio managed by a team of Financial Advisors who specialise in investments for charities. This sum has been invested to provide capital growth and income for the charity and will lead to a regular income which will be used to offset any imbalance between income and expenditure, reducing the need to utilise reserve funds for this purpose.

Grant Making Policy: During the last financial year, the Charity made no specific grants to any other charitable organisations.

It remains the Charity's policy to make available to other teams training in specialist areas (for example swift water rescue, and advanced rope rescue techniques) that other teams may not otherwise have obtained, and without charge to them. The policy in this regard is threefold – to facilitate the spread of modern or evolving techniques; to encourage closer co-operation between teams; and to utilise the Charity's funds to the advantage of mountain rescue generally. This policy will continue in the next financial year.

Other than the policy outlined above, the Charity Trustees have not formulated policies for the selection of any other institutions which will receive further grants out of the assets of the Charity. Any such grants will be on a case by case basis.

Statement of Trustees' Responsibilities: Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- a) select suitable accounting procedures and apply them consistently
- b) make judgements and estimates that are reasonable and prudent
- c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements
- d) prepare the financial statements on a going concern basis unless it is appropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval: This report was approved by the trustees on 25th January 2006 and signed on their behalf.

Chairman, David Pratt; Treasurer, Ian Wallace
25th January 2006

Independent Examiner's Report to the Trustees of Keswick Mountain Rescue Team

We report on the accounts of the Team for the year ended 30th November 2005 which are set out on pages 26 to 29.

Respective Responsibilities of Trustees and Independent Examiner

As the Charity's Trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 1993 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7) (b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

- (1) Which gives us reasonable cause to believe that in any material respect the requirements - to keep accounting records in accordance with section 41 of the Act; and - to prepare accounts which accord with the accounting requirements of the Act have not been met; or
- (2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gibbons & Company Chartered Accountants

Statement

of financial activities for the year ended 30th November 2005

Keswick Mountain Rescue Team

	Notes	2005 £	2004 £
Incoming Resources			
Covenants		978	920
Donations		29,887	27,278
Collection Boxes		21,430	20,066
Legacy		192,510	10
Income Tax Recovered		2,579	2,088
Bank and Building Society Interest		14,134	9,385
Miscellaneous and Book Sales		-	22
TOTAL INCOMING RESOURCES		£261,518	£59,769
Resources Expended			
Direct Charitable Expenses	2	52,846	55,004
Other Expenses	3	19,773	19,443
TOTAL RESOURCES EXPENDED		£72,619	£74,447
Net incoming Resources Before Transfers			
NET (EXPENDED) INCOMING RESOURCES FOR THE YEAR		188,899	(14,678)
BALANCE BROUGHT FORWARD AT 1st DECEMBER 2004		597,197	611,875
BALANCE CARRIED FORWARD AT 30th NOVEMBER 2005		£786,096	£597,197

The Notes on pages 28 and 29 form part of these accounts

Keswick Mountain Rescue Team

Balance Sheet

at 30th November 2005

	Notes	2005 £	2004 £
Fixed Assets			
Tangible Fixed Assets	5	271,057	284,149
Current Fixed Assets			
Debtors and Prepayments	6	6,648	3,203
Stock	7	100	100
Building Society Deposits		506,465	301,900
Cash at Bank		2,237	9,006
		515,450	314,209
Liabilities, Amounts falling due within one year	8	411	1,161
NET CURRENT ASSETS		515,039	313,048
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£786,096</u>	<u>£597,197</u>
Funds			
Unrestricted		£786,096	£597,197

Approved by the Board of Trustees on 10/01/06 and signed on its behalf by:
D. Pratt (*Chairman*) and I Wallace (*Treasurer*). (*Trustees*).

The notes on pages 28 and 29 form part of these accounts

Notes to the Financial Statements

for the year ended 30th November 2005

Keswick Mountain Rescue Team

1. ACCOUNTING POLICIES

Accounting Convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Standard for Smaller Entities (effective June 2002). In preparing the financial statements the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2000) issued in October 2000 and SORP Update Bulletin 1 issued December 2002.

Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The rates used are as follows:

Property	-	Straight line over 50 years
Equipment	-	15% reducing balance
Motor Vehicles	-	25% reducing balance

Stocks

Stocks are stated at the lower of cost and net realisable value.

Income

Voluntary income and donations are accounted for as received by the charity.

	<i>Total funds</i> 2005	<i>Total funds</i> 2004
	£	£
2. DIRECT CHARITABLE EXPENSES		
Motor Vehicle Expenses		
Insurances	2,917	2,917
Petrol and Oil	938	628
Maintenance	1,534	1,561
Equipment Rental	2,956	3,457
General, Outdoor and Radio Equipment	11,370	13,431
Courses, Medical and Other Expenses	13,993	10,473
Depreciation of Motor Vehicles and Equipment	19,138	22,537
	<u>£52,846</u>	<u>£55,004</u>

3. OTHER EXPENSES

Garage, Team and HQ Expenses

Rent, Rates and Water	994	685
Telephone and Electricity	3,817	3,649
Repairs and Cleaning	2,429	1,213
Postage, Printing and Stationery	3,381	5,174
Insurance	2,565	2,531
Bank Charges	-	15
Independent Examiners Fees	352	517
Sundry Expenses	1,739	1,214
Depreciation on Leasehold Property	4,508	4,445
	<u>£19,773</u>	<u>£19,443</u>

4. STAFF COSTS

No remuneration was paid to the trustees in the year, nor were any trustee' expenses reimbursed.

	<i>Leasehold Land & Buildings</i> £	<i>Equipment</i> £	<i>Motor Vehicles</i> £	<i>Total</i> £
5. TANGIBLE FIXED ASSETS				
Cost				
At 1st December 2004	222,262	184,002	109,889	516,153
Additions During Year	3,116	7,438	-	10,554
Disposals	-	-	-	-
At 30th November 2005	<u>225,378</u>	<u>191,440</u>	<u>109,889</u>	<u>526,707</u>
Depreciation				
At 1st December 2004	35,560	120,602	75,842	232,004
Charge for the Year	4,508	10,626	8,512	23,646
On Disposals	-	-	-	-
At 30th November 2005	<u>40,068</u>	<u>131,228</u>	<u>84,354</u>	<u>255,650</u>
Net Book Value				
At 30th November 2005	185,310	60,212	25,535	271,057
At 30th November 2004	<u>186,702</u>	<u>63,400</u>	<u>34,047</u>	<u>284,149</u>

All fixed assets held are for the furtherance of the Charity's objectives.

		<i>2005</i>	<i>2004</i>
		£	£
6. DEBTORS			
Prepayments		<u>£6,648</u>	<u>£3,203</u>
		<i>2005</i>	<i>2004</i>
		£	£
7. STOCK			
Consumable Stock		<u>£100</u>	<u>£100</u>
		<i>2005</i>	<i>2004</i>
		£	£
8. LIABILITIES - AMOUNTS FALLING DUE WITHIN ONE YEAR			
Accruals		£411	£1,161

Please read the following if you wish to donate to Keswick Mountain Rescue Team.

Provided you pay Income Tax, the Team can now reclaim the tax you have already paid on the sum donated to the Team, from the Inland Revenue. It simply requires you to fill in the form below, and return it to the Treasurer. It does not involve you in any further payment.

GIFT AID DECLARATION

Name of Charity

Keswick Mountain Rescue Team

(Registered Charity No 509860)

Full name and address of donor in CAPITALS

Mr/Mrs/Miss

Address

.....

Post Code.....

I want Keswick Mountain Rescue Team to treat the following as Gift Aid Donations (delete as appropriate):

- the enclosed donation of £
- the donation(s) of £.....
which I made on...../...../.....
- all donations I have made since 6 April 2000, and all donations I make from the date of this declaration until further notice

Signature Date...../...../.....

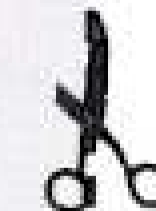
Notes

1. You can cancel this declaration at any time by notifying Keswick Mountain Rescue Team.
2. You must pay an amount of income tax and/or capital gains tax at least equal to the tax that Keswick Mountain Rescue Team reclaims on your donations in the tax year (currently 28p for each £1 you give).
3. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that Keswick Mountain Rescue Team reclaims you can cancel your declaration (see note 1).
4. If you pay tax at the higher rate you can reclaim further tax relief in your Self-Assessment tax return.
5. If you are unsure whether your donations qualify for Gift Aid tax relief, ask Keswick Mountain Rescue Team. Or ask your local tax office for leaflet IR 113 Gift Aid.
6. Please notify Keswick Mountain Rescue Team if you change your name or address.

Please return this completed Gift Aid Declaration to the Team Treasurer:

**Ian Wallace
Spooney Green, Keswick, Cumbria CA12 4PJ**

Thank you for your support !



Keswick Mountain Rescue Team

If you would like to make a regular donation to Keswick Mountain Rescue Team, please complete the Bankers Order below.
Provided you pay Income Tax, the Team can now reclaim the tax you have already paid on the sum donated to the Team, from the Inland Revenue.

Full name and address in CAPITALS	Gift Aid: please do not detach
Mr/Mrs/Miss	To Bank plc
Address
.....
.....	(name and address of your bank)
Post Code	Name of Account to be Debited
The sum of £ Annually/Monthly	Account Number
Gift Aid	Sort Code
I am a UK tax payer and I would like this and all future donations I make to be considered as Gift Aid	Please pay to Midland Bank plc, Market Square, Keswick, Cumbria CA12 5BQ (Sort Code 40-26-06) for the Credit of Keswick Mountain Rescue Team (Account Number 60498173)
Signed	The sum of £ (figures)
 (words)
	on the day of 20
	and a like sum Annually/Monthly on the
	day of
	until or further notice
	Signed.....
	Date 20

Please return this completed form to:
KESWICK MOUNTAIN RESCUE TEAM
Spooney Green, Keswick, Cumbria CA12 4PJ
Thank you for your support !



Keswick Mountain Rescue Team

Donations

Many people and organisations have made donations to Keswick Mountain Rescue Team during the course of the year. In common with all other Mountain Rescue Teams, we receive no funding from official sources. We are, therefore, extremely grateful to all those who support us in so many different and individual ways, allowing us to concentrate on assisting those in distress on the Fells. It is not possible to acknowledge all donors in the space of the report, however, a full list is available on request.

During the year donations have been received IN MEMORY of the following:

S Ackerman	R Grieve	J Storey
D Clarke	D Hewlett	D Whelan
J Dinsley	P Huddleston	M Wilkes
G Gray	K Killelay	F Winwood
C Green	M Moore	



Shirts

If you would like to show your support for the Team, we have a range of T-shirts, sweat shirts, and polo shirts for sale, featuring an embroidered "Team Supporter" badge.

The available colours are blue, green, burgundy, red, white, grey, and black.

The sizes are: XS (36"), S (38"), M (40"), L (42"), XL (44"), XXL (46"), XXXL (48").

There are also children's sizes.

Prices are:

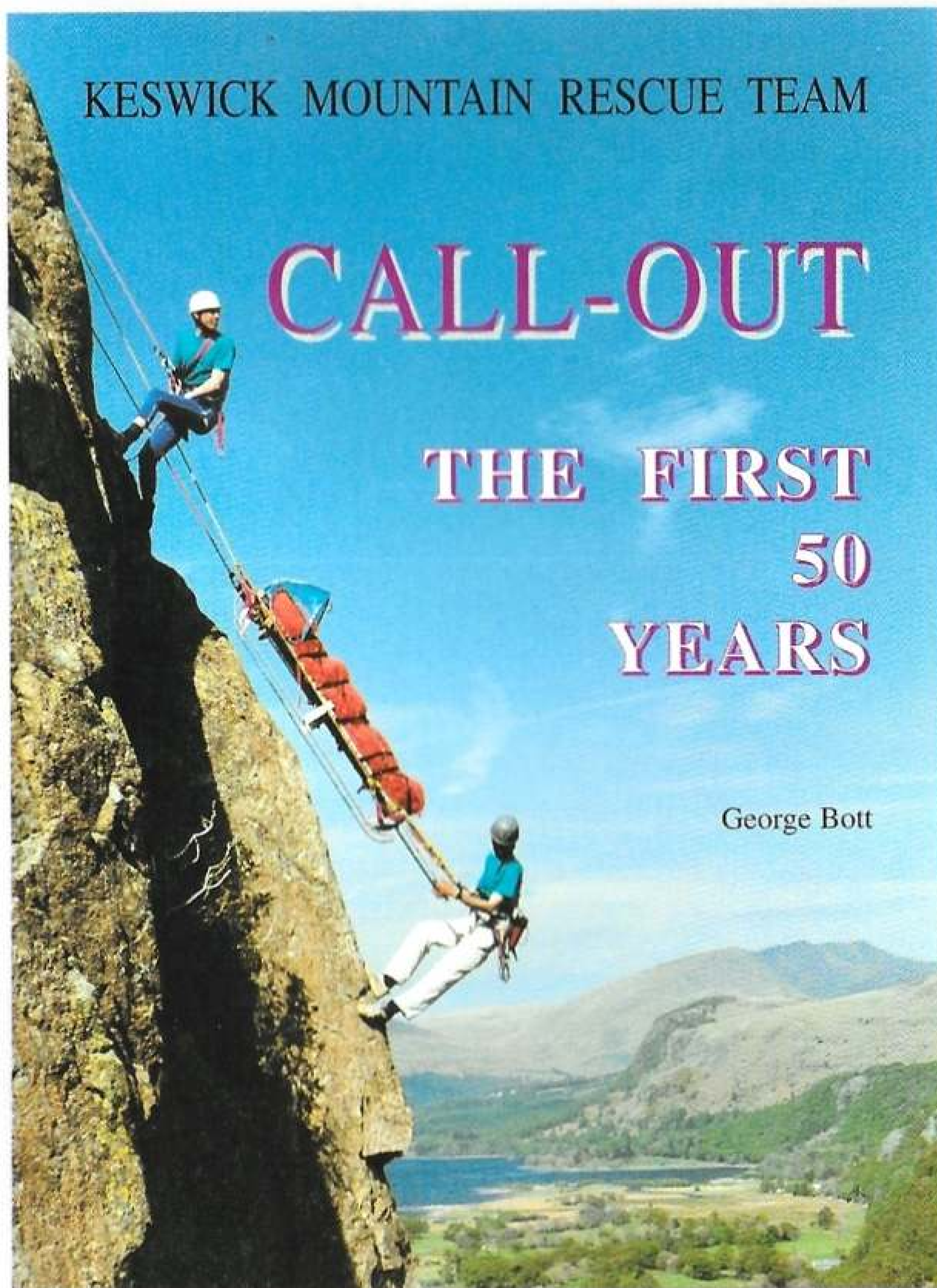
Polo adult	£17.50	Sweat shirt adult	£20.00
T-shirt adult	£13.00	Polo child	£12.50
Sweat shirt child	£15.00	T-shirt child	£10.00

Place orders through the Team Treasurer.

Thanks

The painting has been donated by the artist Venus Griffiths, and the frame donated by Derwent Frames.

The framed original of the cover painting is for sale to the highest bidder, all proceeds to Keswick Mountain Rescue Team, and may be viewed at Derwent Frames, High Hill, Keswick.



ISBN 0 9531098 0 1

CALL-OUT

THE FIRST 50 YEARS

Second Edition available from end of May 2006

by George Bott updated by Brian Martland

On 24 April 1946, Wilfrid Noyce, later a member of John Hunt's successful Everest team, was badly injured while he was climbing on Great Gable. His rescue - a long and difficult operation - prompted a local climber, Colonel Horace Westmorland, to form a properly organised Mountain Rescue Team.

From its humble beginnings, the Team has grown into a highly efficient, well-equipped group of volunteers, ready to respond to a call-out for help at any time of day or night.

CALL-OUT traces the story of the first 50 years of the Team, a history that records hardship and humour, dedication and drama, courage and commitment.

CALL-OUT has a full colour cover, photographs in colour and black and white, 60 pages. An extra four pages have been added to bring the story up to date.

Price £7.50 in bookshops, or by post (£8 including postage and packing) from Mick Guy, Limhus, High Hill Keswick, Cumbria CA12 5PB. Cheques should be made payable to: Keswick Mountain Rescue Team.

All proceeds from the sale of **CALL-OUT** go to Team Funds.

For Mountain Rescue Call **999** or **112** and ask for **Police**

Then be prepared to state:

- Your name, and the number of the telephone from which you are ringing, and its location.
- The nature of the incident, and its (accurate) location.
- The time of the incident.
- The number of casualties.
- The details of any injuries.

Then:

- **STAY BY THE PHONE** so that the Team can contact you.

